

# SHIELD COMPETITION ROUND 9 RESULTS

## DONCASTER – SATURDAY 12 DECEMBER 2009

### Women's results

#### 200 Meters

Sudholz, Bronwyn	26.01
Phillips, Angela	27.45
Turnbull, Olivia	27.75
Baxter, Holly	28.16
Freestone, Abbie	28.55
Budden, Tessa	29.25
Carre, Simone	29.90
Ambrose, Natalie	30.27
Adams, Melanie	30.90
Barlow, Erryn	30.94
Matheson, Julia	32.40

#### 800 Meters

Ackland, Kate	2:16.4
Savige, Amelia	2:32.7
Roden, Alicia	2:41.4
DE Luca, Emily	2:31.3
Barrington, Priscilla	2:41.0

#### 3000 Meters

O'Brien, Eloise	11:07.4
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#### 5000 Meters

Johnson, Rachel	17:19.92
Norney, Julie	18:21.2
Harper, Amanda	19:38.0
Petrie, June	20:05.1
Law, Rebecca	20:09.2
Condon, Brooke	18:22.3 (INV)

#### High Jump

Marchant, Rebecca	1.60m
Budden, Tessa	1.45m

#### Pole Vault

Adams, Melanie	3.75m
Marchant, Rebecca	3.75m
McCathrion, Paris	3.60m
Pocklington, Alex	3.45m

#### Long Jump

Budden, Tessa	4.42m
Carabourniotis, Yiota	4.52m
Adams, Melanie	4.44m

#### Shot Put

Phillips, Angela	11.46m
McCowan, Catherine	9.75m
Hewitt, Sarah	9.29m

#### Hammer

Hewitt, Sarah	30.33m
McCowan, Catherine	21.85m

#### 3000m Walk

Mason, Ella	16:59.9
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**Mens Results****200 Meters**

Cornelius, Tom	22.85
Sherry, Cameron	23.04
Cross, Braeden	23.29
Wilcox, Andrew	23.77
Robertson, Thomas	23.94
Van DE Garde, Max	24.22
Baker, Cameron	24.38
Johnson, Marcus	24.96
Nagle, Andrew	25.02
Oughtred, Patrick	25.30
Cross, Brodie	25.33
Pocklington, Colin	25.41
Norney, Laughlin	29.27
Gardner, Neville	35.48

**800 Meters**

Balassone, Daniel	1:56.6
Potter, William	1:58.8
Martin-Alcaide, Kyle	2:04.2
Ayers, David	2:05.0
Featherston, David	2:05.2
Coughlin, Andrew	2:06.5
Apelis, August	2:13.3
Hardy, Joe	2:21.1
Green, Peter	2:22.2
Hill, Jack	2:32.4
Norney, James	2:36.7
Norney, Laughlin	2:41.0
Gardner, Neville	3:08.2

**3000 Meters**

Williams, Max	9:32.1
Clements, James	10:08.7
Meehan, James	10:56.1

**5000 Meters**

Yeatman, Luke	15:19.6
Morris, John	16:40.2
Downs, Stewart	17:32.5
Olden, Graeme	18:25.9
O'Connor, Chris	19:37.7
Stefanos, Peter	19:40.4
Taylor, Steve	20:03.3
Tunne, Andrew	21:32.9

**High Jump**

Peavey, John	1.65m
Norney, Laughlin	1.35m
Norney, James	1.35m

**Pole Vault**

Pocklington, Joel	4.95m
Lucas, Blake	4.80m
Cross, Brodie	4.50m
Barrett, Glen	4.35m
Spry, Jesse	3.90m
Clowes, Russell	3.75m
Baker, Cameron	3.30m
McLardie, Angus	3.00m
Barclay, Rob	2.55m
Norney, Laughlin	2.10m

**Long Jump**

Cornelius, Tom	6.40m
Clowes, Russell	6.56m
Spry, Jesse	6.31m
Sherry, Cameron	5.87m
Van DE Garde, Max	4.79m
Johnson, Marcus	4.42m
Norney, James	4.34m
Norney, Laughlin	4.10m
Gardner, Neville	2.83m

**Shot Put**

Grant, David	12.95m
Spry, Jesse	12.05m
Clowes, Russell	10.39m
Cross, David	7.02m
Norney, James	7.92m
Norney, Laughlin	6.77m
Gardner, Neville	5.64m

**Hammer**

Cross, David	24.23m
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**3000m Walk**

Summers, Harry	19:23.5
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