# ASSOCIATION FINAL RESULTS KNOX - SATURDAY 12 FEBRUARY 2011

## **BOX HILL WOMEN WIN THE PREMIERSHIP!**

For the first time since 2001, Box Hill have won the Athletics Victoria track and field women's team premiership.

With a great team effort, Box Hill lead from the start of the day to clearly win the Division 1 premiership from Glenhuntly and the Geelong Region team.

Congratulations to our finals team: Simone Carre, Bridget Aughton, Talitha Crawford, Sarah Hewitt, Kate McCowan, Abbie Freestone, Hannah Deal, Hayley Tomlinson, Laura Constable, Amy Carrig, Katherine Houston, Angela Phillips, Julie Norney, Charmaine McNally and Emily De Luca and to all the women who competed throughout the season to get our team to the finals.

#### Results:

1. Box Hill	625.5
2. Glenhuntly	505
3. Geelong	487
4. Melb Uni	479.5
5. Keilor St B.	464
6. Ballarat	365
7. Diamond Valley	318
8. Knox	227

#### 100m:

Angela Phillips 13.43 Hannah Deal 13.54 Abbie Freestone 14.07 Kat Houston 15.18

# 400m:

Hannah Deal 61.35 Laura Constable 61.40 Talitha Crawford 62.19 Emily De Luca 64.87

## 1500m:

Hayley Tomlinson 4:45.3 Talitha Crawford 4:54.6 Laura Constable 4:54.9 Amy Carrig 5:04.5

## 4x100m Relay

Angela Phillips Simone Carre Abbie Freestone Hannah Deal 52.08

## 100m Hurdles:

Bridget Aughton 16.79 Simone Carre 18.35

# 3000m Steeple:

Julie Norney 12:07.1 Charmaine McNally 14:32.4

## 2000m Walk:

Simone Carre 14:35.9

#### Javelin

Simone Carre 33.70m Sarah Hewitt 21.04m

#### **Discus**

Kate McCowan 35.88m Sarah Hewitt 34.83m

#### **Pole Vault**

Simone Carre 3.40m Abbie Freestone NH

#### **Triple Jump**

Simone Carre 10.61m Hannah Deal 9.40m

#### **BOX HILL MEN FINISH 3RD**

Struggling with the unavailability of a number of our best athletes through injury our men's Division 1 team put in a good performance to challenge for the premiership, only to fall behind at the end of the day. The windy conditions prevented fast times but James Filshie's win in the pole vault and Daniel Clark's win in the 1500m were 2 of a number of very good results.

#### **Results:**

1. St Kevins 1,431.5 2. Glenhuntly 1,358.5 3. Box Hill 1,300.5 4. Essendon 1.282 5. Melb Uni 1,019.5 6. Knox 882.5 7. Bendigo 819.5 8. Geelong 480.5 9. Ballarat 230.5

#### 100m:

Will Lucas 11.96 James Filshie 11.98 Andrew Haddow 12.05 Marcus Johnson 12.49 David Mitchell 12.65

# Cameron Baker 12.81

#### 400m:

Will Lucas 52.06

Dave Featherston 53.54

Cameron Baker 53.67

Marcus Johnson 53.83

Andrew Haddow 54.12

Nick Baggott 55.43

#### 1500m:

Daniel Clark 3:50.7

Steve Kelly 4:01.5

Will Potter 4:06.8

Nick Baggott 4:07.7

Sam Dipnall 4:09.1

Michael Dowel 4:15.7

### 4x100m Relay

James Filshie

**Braeden Cross** 

Will Lucas

Andrew Haddow 43.70

## 110m Hurdles:

Chris Brock 19.48

Cameron Baker 19.53

#### 3000m Steeple:

Will Potter 9:51.5

Michael Dowel 10:05.1

## 2000m Walk:

Simon Evans 9:58.3

#### Javelin

John Peavey 40.92m

Chris Davies 38.99m

Russell Clowes 36.44m

#### **Discus**

Chris Davies 35.76m

Russell Clowes 32.78m

Cameron Baker 24.22m

#### **Pole Vault**

James Filshie 5.00m

Tim Papas 3.80m

Chris Davies 3.80m

#### **Triple Jump**

Will Potter 11.14m

Marcus Johnson 11.02m

Will Lucas 10.69m

#### **UNDER 16 BOYS FINISH 4TH**

The Box Hill Under 16 boys team finished 4th the Shield finals at Knox on the weekend. Some bad luck on the day meant that the team narrowly missed 3rd place. All the boys put in a great effort with most of them doing multiple events on the day. Next year we hope to have strong U18 team as well as the U16s and can hopefully place even better in the finals.

## **Results:**

- 1. Knox 697
- 2. Essendon 640
- 3. Casey Cardinia 449.5
- 4. Box Hill 446
- 5. Ballarat 442.5
- 6. Preston 405
- 7. Bendigo 374
- 8. Collingwood 320
- 9. Geelong 223

#### 100m:

Alex Di Medio 12.04

Daniel Bancroft 12.82

Geoffrey Wu 13.39

#### 400m:

Alex Di Medio 53.74

Mitchell Wilson 54.72

Laughlin Norney 56.63

Daniel Bancroft 57.37

#### 1500m:

Mitchell Wilson 4:34.3

James Norney 4:46.4

Laughlin Norney4:48.2

Daniel Bancroft 4:56.0

# 4x100m Relay

Alex Di Medio Liam Harris Geoffrey Wu

Daniel Bancroft

## 100m Hurdles:

Alex Di Medio 15.21 Geoffrey Wu 19.24 2000m Walk

Nathan Brill 8:10.4

# Javelin

James Norney 27.60m Nathan Spaull 24.45m

Discus

James Norney 27.06m

# **Triple Jump**

Nathan Spaull 11.58m Geoffrey Wu 11.25m