

# SHIELD COMPETITION ROUND 1 RESULTS

## BOX HILL – SATURDAY 9 OCTOBER 2010

Box Hill had some great results in round 1, winning the men's and women's division 1 competitions as well as the men's 40+ and finishing 2nd in the men's under 16. We hope to do even better in the future, when all of our athletes are registered and available to compete and we can fill all of our events. There are no region finals this season, so the team on top of the ladder after all 13 rounds will be declared the region premier. The Premier team and the runners up in each division will proceed to the State Association finals at the end of the season.

Special mention this week to Russell Clowes, David Featherston, Bill Dyer and Bert Pelgrim who all competed in at least 4 events each and to Nathan Brill (2000m walk) and Kyle Martin-Alciade (1500m), two of our junior athletes who defeated all the senior athletes in their respective events.

### RESULTS

#### Female Open Division 1

##### Discus

Angela Phillips 33.46m

##### 100m Hurdles

Bridget Aughton 16.3

##### Pole Vault

Abbie Freestone 2.70m

Hui Nee Chin 2.70m

##### 400m Relay

Box Hill 54.10

##### 100m

Bridget Aughton 13.6

Abbie Freestone 13.8

Kristine Hopkins 14.7

Nicole Clowes Boh 14.7

##### 400m

Hannah Deal 61.2

Bridget Aughton 61.9

Talitha Crawford 62.2

Emily De Luca 62.5

Katherine Houston 65.6

Kris Hopkins 68.1

Harriet Hodgkinson 73.0

##### 1,500m

Hayley Tomlinson 5:06.2

Talitha Crawford 5:14.7

Hannah Deal 5:15.6

Harriet Hodgkinson 5:45.2

##### 5,000m

June Petrie 20:26.2

Charmaine McNally 21:55.8

#### Female Under 18

##### Discus

Chelsea Dyer 35.14m  
**Pole Vault**  
Rebecca Marchant 3.30m

**400m Run**

Liselle Atkin 67.5

**1,500m**

Natalie Ambrose 4:55.0

Liselle Atkin 5:15.0

**Female Under 16**

**90m Hurdles**

Paris Mccathrion 14.0

**100m**

Helen Tower 13.8

**400m**

Helen Tower 63.8

**1,500m**

Emily Goessler 5:11.1

Amelia Savige 5:26.5

Elissa Garrod 5:37.5

**Men Open Division 1**

**Discus**

Russell Clowes Boh 32.07 31.00

David Featherston Boh 23.32 20.00

**Javelin**

Russell Clowes Boh 34.95 24.00

David Featherston Boh 23.77 14.00

**Pole Vault**

Blake Lucas Boh 4.20 31.00

James Filshie Boh 3.90 28.00

Cameron Baker 3.45m

**400m Relay**

Boh 44.40 62.00

**100m**

Blake Lucas 11.0

James Filshie 11.2

Braeden Cross 11.2

Scott Mace 11.6

Marcus Johnson 12.0

August Apelis 12.2

**400m**

August Apelis 53.8

Patrick Oughtred 54.1

Marcus Johnson 55.4

David Featherston 55.6

Cameron Baker 56.6

Christopher Brock 56.7

Nicholas Baggott 58.1

Sam Dipnall 60.7

**1,500m**

Nicholas Baggott 4:12.5

Sam Dipnall 4:19.2

Sam Mackie 4:25.3  
Andrew Nagle 4:33.6  
David Featherston 4:34.4  
Patrick Oughtred 4:38.8  
Russell Clowes 5:29.9

### **5,000m Run**

Sam Dipnall 16:17.3  
Steven Griffin 16:44.3  
Daniel Balassone 17:43.0  
Andrew Nagle 17:43.4  
Mitchell Lefevre 17:49.0  
Russell Clowes 20:47.6

## **Men 40+**

### **Discus**

William Dyer 21.28m  
Cameron Morris 20.94m

### **Javelin**

Cameron Morris 36.84m  
Todd Lucas 22.57m  
Bill Dyer 17.37m

### **Pole Vault**

Mark Stewart 2.85m  
Rob Barclay 2.40m

### **400m Relay**

Box Hill 50.90

### **100m**

Andrew Wilcox 12.1  
Colin Pocklington 12.8  
Todd Lucas 13.6

### **400m**

Andrew Wilcox 53.2  
David Ayers 60.2  
Bert Pelgrim 62.8

### **1,500m**

David Ayers 4:35.8  
Bert Pelgrim 4:53.5  
John Vaitkunas 5:12.5  
James Tennant 5:44.6

### **5,000m**

Bert Pelgrim 17:32.8  
Graeme Olden 18:45.6  
John Vaitkunas 19:02.1  
Peter Stefanos 19:40.0  
Bill Dyer 20:04.8  
Andrew Tunne 20:34.2  
David Stevens 21:12.5

### **2,000m Walk**

William Dyer 10:55.1  
Harry Summers 13:00.3

## **Men Under 18**

**Discus**

David Grant 46.45m

**Javelin**

David Grant 45.95m

**Pole Vault**

Brodie Cross 4.05m

**100m**

Brodie Cross 12.4

**1,500m**

Kyle Martin-Alcaide 3:59.1

Andrew Coughlin 4:22.2

Hanson Wong 4:46.7

**Men Under 16****Discus**

Mitchell Dyer 20.38m

**100m Hurdles**

Alexander Di Medio 14.7

Geoffrey Wu 17.3

**Javelin**

Mitchell Dyer 20.78m

**400m Relay**

Box Hill 50.9

**100m**

Alexander Di Medio 12.2

Geoffrey Wu 13.2

**400m**

Daniel Bancroft 59.7

**1,500m**

Nicolas Paidoussis 4:42.5

Daniel Bancroft 4:45.1

Tom Snibson 5:12.3

**3,000m**

Mitchell Dyer 9:58.6

Laughlin Norney 11:54.6

**2,000m Walk**

Nathan Brill Boh 8:44.5

**TEAM RESULTS****FOP Division 1**

Box Hill 268.00

Diamond Valley 255.50

Collingwood 188.50

St Stephens 171.50

Ringwood 117.50

**FU16**

Croydon 505.50

Collingwood 473.00  
Doncaster 352.50  
Diamond Valley 209.50  
Box Hill 170.50  
Collingwood 2 170.00  
Ruyton 122.50  
Nunawading 99.00  
Ringwood 94.50  
Diamond Valley 2 16.00

**FU18**

Doncaster 444.50  
Diamond Valley 264.50  
Collingwood 190.50  
St Stephens 174.50  
Box Hill 137.00  
Richmond 60.00

**M40+**

Box Hill 360.50  
Collingwood 335.00  
Diamond Valley 238.50  
Croydon 159.00  
Richmond 145.00  
Collingwood 2 68.00  
Diamond Valley 2 48.00

**MOP Division 1**

Box Hill 748.50  
Collingwood 626.00  
St Kevins 626.00  
St Stephens 380.00  
Diamond Valley 240.50

**MU16**

Collingwood 643.50  
Box Hill 539.50  
Diamond Valley 495.50  
Croydon 486.00  
Doncaster 319.00  
Ringwood 315.50  
Nunawading 198.00  
Richmond 125.00  
Collingwood 2 80.00

**MU18**

Diamond Valley 731.50  
Nunawading 471.00  
Richmond 454.00  
Collingwood 384.50  
Box Hill 266.50  
Doncaster 143.00  
Diamond Valley 2 84.50  
St Stephens 70.00  
Ivanhoe 38.00