

SHIELD COMPETITION ROUND 8 RESULTS

DONCASTER SATURDAY 11 DECEMBER 2010

RESULTS FROM ROUND 8 OF SHIELD COMPETITION

Men Division 1

William	Lucas	200	23.85
Marcus	Johnson	200	24.54
Andrew	Haddow	200	24.69
Cameron	Baker	200	24.73
David	Mitchell	200	24.74
Russell	Clowes	200	27.60
William	Potter	800	1:57.26
Nicholas	Baggott	800	2:00.0
Andrew	Nagle	800	2:08.82
David	Featherston	800	2:10.35
Russell	Clowes	800	2:20.13
Steven	Griffin	5000	16:47.05
David	Jimenez	5000	16:35.86
Dale	Bickham	5000	17:00.01
John	Morris	5000	17:50.3
James	Spry	High Jump	1.90m
Tim	Papas	High Jump	1.70m
Russell	Clowes	High Jump	1.60m
Cameron	Baker	High Jump	1.50m
Russell	Clowes	Long Jump	5.24m
William	Lucas	Long Jump	4.90m
Marcus	Johnson	Long Jump	4.35m
Tim	Papas	Pole Vault	3.80m
Russell	Clowes	Pole Vault	2.60m
Cameron	Baker	Pole Vault	2.45m
James	Spry	Shot Put	10.82m
Russell	Clowes	Shot Put	9.56m
David	Featherston	Shot Put	8.08m
Cameron	Baker	Shot Put	7.63m
William	Lucas	Shot Put	7.60m

Women Division 1

Hannah	Deal	200	27.01
Angela	Phillips	200	27.43
Bridget	Aughton	200	27.63
Anna	Carrig	200	28.35
Kristine	Hopkins	200	30.02
Erryn	Barlow	200	30.24
Vivienne	Lee	200	30.84
Hayley	Tomlinson	800	2:22.05
Amy	Carrig	800	2:24.4
Emily	De Luca	800	2:26.7
Anna	Carrig	800	2:33.24
Julie	Norney	800	2:33.78
Kristine	Hopkins	800	2:41.86
June	Petrie	800	2:47.5
Amy	Carrig	5000	18:54.33
Julie	Norney	5000	19:52.47
Amanda	Harper	5000	20:30.03
June	Petrie	5000	20:56.75

Sarah	Hewitt	Hammer	31.42m
Nicole	Clowes	Long Jump	4.63m
Nicole	Clowes	Pole Vault	2.75m
Hui Nee	Chin	Pole Vault	2.90m
Abbie	Freestone	Pole Vault	3.05m
Nicole	Clowes	Shot Put	6.92m
Sarah	Hewitt	Shot Put	9.02m
Angela	Phillips	Shot Put	11.48m

Men Over 40

Andrew	Wilcox	200	24.70
Bert	Pelgrim	200	28.15
Colin	Pocklington	200	29.93
William	Dyer	200	33.09
David	Ayers	800	2:09.48
Bert	Pelgrim	800	2:19.02
John	Vaitkunas	800	2:25.25
William	Dyer	800	2:42.8
William	Dyer	3000W	16:19.0
Bert	Pelgrim	5000	18:24.03
John	Vaitkunas	5000	18:50.13
Peter	Stefanos	5000	19:23.55
Andrew	Tunne	5000	20:53.81
David	Stevens	5000	21:20.28
Andrew	Wilcox	Long Jump	4.52m
David	Cross	Shot Put	9.09m
Cameron	Morris	Shot Put	8.61m
William	Dyer	Shot Put	8.20m
Rob	Barclay	Pole Vault	2.75m
David	Cross	Pole Vault	2.45m
Cameron	Morris	Hammer	25.77m
David	Cross	Hammer	24.74m
David	Cross	High Jump	1.35m
Colin	Pocklington	High Jump	1.20m

Men Under 18

Max	Van De Garde	200	24.46
Andrew	Coughlin	200	24.53
Brodie	Cross	200	25.00
Hanson	Wong	800	2:04.67
Peter	Green	800	2:13.55
Brodie	Cross	Pole Vault	4.10m
David	Grant	Shot Put	13.80m

Women Under 18

Natalie	Ambrose	200	27.41
Katherine	Foley	200	30.04
Liselle	Atkin	800	2:35.55
Katherine	Foley	800	3:11.36
Rebecca	Marchant	Pole Vault	3.65m
Tessa	Budden	High Jump	1.60m
Tessa	Budden	Long Jump	4.59m

Men Under 16

Alexander	Di Medio	400mH	61.57
Nicolas	Paidoussis	800	2:08.37
Daniel	Bancroft	800	2:11.46

Laughlin	Norney	800	2:20.09
Tom	Snibson	800	2:34.09
Cameron	Powell	3000	11:56.46
Laughlin	Norney	3000	11:12.5
Alexander	Di Medio	Long Jump	5.43m
Geoffrey	Wu	Long Jump	4.76m
Nathan	Spaull	High Jump	1.80m
Liam	Harris	High Jump	1.70m

Women Under 16

Helen	Tower	200	27.89
Emily	Holding	200	29.88
Lauren	Vienet	200	31.15
Helen	Tower	400H	67.79
Emily	Goessler	800	2:27.4
Amelia	Savige	800	2:34.35
Ellissa	Garrod	800	2:34.41
Paris	McCathrion	Pole Vault	3.80m
Miya	Ben-Natan	Pole Vault	2.75m
Emily	Holding	Long Jump	3.65m
Lauren	Vienet	Long Jump	3.96m