

SHIELD COMPETITION ROUND 10 RESULTS

RINGWOOD – SATURDAY 8 JANUARY 2011

Women Division 1

Angela	Phillips	200	27.2
Laura	Constable	200	28.0
Erryn	Barlow	200	30.1
Vivienne	Lee	200	30.2
Catherine	McCowan	200	36.4
Sarah	Hewitt	200	38.3
Talitha	Crawford	800	2:18.4
Hayley	Tomlinson	800	2:24.41
Julie	Norney	800	2:29.26
Hannah	Deal	800	2:29.91
Emily	De Luca	800	2:34.11
June	Petrie	800	2:42.1
Suzanne	Andrews	800	2:46.57
Julie	Norney	3000	11:14.1
Amy	Carrig	3000	11:15.9
June	Petrie	3000	12:04.3
Catherine	McCowan	Hammer	40.40m
Sarah	Hewitt	Hammer	33.92m
Molly	Grau	High Jump	1.65m
Sarah	Hewitt	High Jump	1.35m
Sarah	Hewitt	Long Jump	3.51m
Catherine	McCowan	Long Jump	3.47m
Angela	Phillips	Shot Put	10.98m
Catherine	McCowan	Shot Put	9.47m
Sarah	Hewitt	Shot Put	9.13m

Women Under 18

Rebecca	Marchant	200	26.6
Tessa	Budden	200	28.9
Alexandra	Pocklington	200	29.6
Katherine	Foley	800	2:52.2
Tessa	Budden	High Jump	1.55m
Rebecca	Marchant	Long Jump	5.17m

Women Under 16

Amelia	Savige	800	2:36.1
Helen	Tower	400 hurdles	69.7

Men Division 1

Andrew	Haddow	200	22.1
Braeden	Cross	200	22.6
William	Lucas	200	22.9
Marcus	Johnson	200	23.8
Russell	Clowes	200	24.1
David	Mitchell	200	24.5

Daniel	Clark	800	1:53.2
Daniel	Balassone	800	1:56.4
Nicholas	Baggott	800	2:01.9
David	Featherston	800	2:06.3
Russell	Clowes	800	2:35.1
Stephen	Kelly	3000	8:22.9
Michael	Dowel	3000	9:05.7
David	Jimenez	3000	9:34.2
Dale	Bickham	3000	9:45.9
Andrew	Nagle	3000	9:50.7
Steven	Griffin	3000	9:56.3
Simon	Evans	3000 Walk	15:50.0
James	Spry	High Jump	1.85m
Russell	Clowes	High Jump	1.80m
Russell	Clowes	Long Jump	6.68m
Chris	Davies	Long Jump	5.75m
William	Lucas	Long Jump	4.75m
Marcus	Johnson	Long Jump	4.62m
Chris	Davies	Shot Put	15.00m
James	Spry	Shot Put	10.37m
Russell	Clowes	Shot Put	9.47m
William	Lucas	Shot Put	8.00m

Men Over 40

Andrew	Wilcox	200	24.8
Colin	Pocklington	200	26.3
William	Dyer	200	32.3
David	Ayers	800	2:16.2
Bert	Pelgrim	800	2:18.7
John	Vaitkunas	800	2:24.5
William	Dyer	800	2:47.7
Bert	Pelgrim	3000	10:27.5
David	Ayers	3000	10:31.7
John	Vaitkunas	3000	10:42.4
Peter	Stefanos	3000	11:14.5
Andrew	Tunne	3000	11:58.3
David	Stevens	3000	12:08.1
William	Dyer	3000 Walk	16:45.1
Harry	Summers	3000 Walk	21:08.1
David	Cross	400 Hurdles	75.3
Cameron	Morris	Hammer	26.34m
David	Cross	Hammer	26.00m
David	Cross	High Jump	1.40m
Andrew	Wilcox	Long Jump	4.41m
Colin	Pocklington	Long Jump	4.38m
Cameron	Morris	Shot Put	9.58m
William	Dyer	Shot Put	8.63m

David	Cross	Shot Put	8.52m
Men Under 18			
Brodie	Cross	200	23.9
Benjamin	Scholl	200	26.9
Hanson	Wong	800	2:05.7
Peter	Green	800	2:15.8
Tom	Nathan-Sears	800	2:27.7
Richard	Jackson-Grose	3000	10:00.6
Brodie	Cross	Long Jump	5.02m
Men Under 16			
James	Davy	200	24.4
Laughlin	Norney	200	25.8
Daniel	Bancroft	800	2:09.8
James	Norney	800	2:25.5
Cameron	Powell	800	2:31.5
Tom	Snibson	800	2:32.6
James	Norney	3000	10:47.9
Laughlin	Norney	3000	12:38.9
Nathan	Brill	1500 Walk	5:59.1
Alexander	Di Medio	400 Hurdles	61.1
Nathan	Spaull	High Jump	1.75m
Alexander	Di Medio	Long Jump	5.19m