

## **Victorian 15 K Road Championship**

**Lake Wendouree**

**Ballarat**

**Saturday 20 June**

### **Highlights**

**Anthony Aloisio wins Under 18 5 k Road Championship**

**Michael Dowel 5<sup>th</sup> in U/18 Race**

**Steve Kelly runs a brilliant 5<sup>th</sup>**

**Men's Division 1 Team wins in a great performance**

**Women's Division 1 Team 3<sup>rd</sup>**

Ballarat is noted for severe winter conditions and runners travelling there on Saturday 20 June were left in no doubt that this is a cold place, with the wind whistling across the grassy and dry Lake Wendouree dropping the effective temperature to about 2°C after taking into account the wind chill factor. The course consisted of an out and back loop of three kilometres with two laps of the lake completing the rest of the distance, on very flat terrain.

Steve Moneghetti, Ballarat YCW, led the Ballarat YCW team. Other leading clubs, Geelong, Glenhuntly, Knox and Doncaster were all represented, but were not at their strongest. Box Hill was missing Daniel Clark, John Meagher, Barry Lynch and others. However, we had enough of our regular Division 1 runners there, plus Stewart Watson and Adrian Vincent who are on the improve again, to be confident that we would be competitive.

There was a large field. The race commenced just after 2.00 p.m., with the men's and women's race combined making around 515 starters on the line and a large group of more than 20 runners immediately forged their way to the front. Three Box Hill runners were in this pack, in very prominent positions, Steve Kelly, Matt Coloe and Andrew White were near the lead at this stage. Duer Yoa, Ben Ashkettle, Ben Toomey, Nathan Hartigan, Steve Moneghetti, Paul Fenn and Toby Rayner were also in the leading pack. Chris Hamer, not fully recovered from illness, started very conservatively. Adrian Vincent was doing well after the first three k. loop and Stewart Watson, who also started out conservatively was looked to be well-placed as well.

Luke Yeatman was near David Jimenez, with Bert Pelgrim and Steve Griffin there as well. Chris O'Connor was slightly further back, ahead of Antony Van Eeten further behind him. In the women's race, Tara Palm (Invitation) had cleared out by a large margin from the other female competitors. Our leading female athlete was Rachel Johnson who was clearly in the top ten. Julie Norney, June Petrie and Kate Ackland passed the first short loop in that order, with Margie Conley and Megan Sloane a little further back.

The field was spread out when the leaders came through at the 9 K mark, with Steve Moneghetti having surged at the 7 k mark, which broke up the leading pack. Only Ben Ashkettle (Don. But running by invitation) and Duer Yoa (Eur) had been able to respond to this surge and all other athletes had fallen off the pace. Three Box Hill athletes were highly placed with Andrew White and Steve Kelly running together in equal eighth position. Matt Coloe held 12<sup>th</sup> position 37 seconds behind them and Chris Hamer was benefiting from his conservative start and was running through the field improving his position. Our remaining Division 1 team members were Adrian Vincent, who was just under a minute behind Chris Hamer, followed another 14 seconds later by Stuart Watson. These two athletes were in around 40<sup>th</sup> position. Luke Yeatman ran through shortly after 53 seconds after Stewart Watson. Followed by David Jimenez, Steve Griffin and Bert Pelgrim all quite close to each other. Chris Bradford was next with Chris O'Connor very near as well.

Rachel Johnson then strode into sight running strongly. Our next female competitor was Julie Norney, a little over two and a half minutes behind Rachel. June Petrie, 18 seconds down on Julie, and our fourth

Women's Division 1 team member was Kate Ackland a little over two minutes behind June. Megan Sloane and Margie Conley crossed the line a little later, to commence their third lap.

Ben Ashkettle eventually clawed his way clear of Steve Moneghetti in the concluding stages and Duer Yoa hung on gamely for third place, just clear of Nathan Hartigan who is approaching his best form. Steve Kelly put in a remarkable third lap and finished fifth, an exceptionally fine effort. His finishing burst propelled him past Ben Toomey Knox, and Andrew White, our second placed athlete, in seventh position. Matt Coloe held it together well in the last lap to place 13<sup>th</sup>, another fine effort, whilst Chris Hamer picked up a number of places in the concluding stages of the race to place 18<sup>th</sup>. Stuart Watson and Adrian Vincent traded places in the final lap finishing 39<sup>th</sup> and 40<sup>th</sup> respectively. We had five other athletes in the top 100 as a scan of the results will show.

The Men's Division 1 team performed extremely well to outclass all other Division 1 teams. Our Division 3 team placed third, and our Division 5 team placed third as well. Our Division 1 Women's team performed competitively with a third placing, with three of our best runners not competing.

Rachel Johnson has been running really well this year and this performance was probably her best ever. She looked in good form, running with an even cadence and is now one of the leading women's performers. Her placing of seventh (sixth in the results, given the winner ran by invitation) is probably her most impressive winter race performance. Julie Norney and June Petrie also ran impressively and Kate Ackland's effort ensured that Box Hill placed third in the women's Division 1 race.

Even better was Anthony Aloisio's win in the Under 18 race. Anthony ran a sensational leg in the Cross Country Relays and went even better in the 5 k road race. This augurs extremely well for the future, and was backed up by Michael Dowel who finished fifth in the same race. It was a pity that we didn't have a team in this race because they would have been very competitive with two such fine results.

Eloise O'Brien, seventh, and Amy Carrig, eighth, both competed in the women's Under 18 race and performed creditably.

Box Hill retains the lead in the Men's Winter Division 1 Championship.

<b>Open Men's Results</b>	<b>Club</b>	<b>First lap</b>	<b>Second lap</b>	<b>Final time</b>
1. Ben Ashkettle	Inv. (Don.)	8:40	27:30	46:20
2. Steve Moneghetti	Ball. YCW	8:40	27:30	46:32
3. Duer Yoa	Eureka	8:40		46:41
4. Nathan Hartigan	Ball. Harriers	8:40		46:44
<b>5. Steve Kelly</b>	<b>Box Hill</b>	8:40	<b>27:47</b>	<b>47:08</b>
6. Ben Toomey	Knox	8:40		47:11
<b>7. Andrew White</b>	<b>Box Hill</b>	8:40	<b>27:47</b>	<b>47:15</b>
8. Paul Fenn	BYCW	8:40		47:29
9. Toby Rayner	GH	8:40		47:44
10. Sean Stevens	K St B	8:40		48:06
<b>13. Matt Coloe</b>	<b>Box Hill</b>	<b>8:40</b>	<b>28:22</b>	<b>48:32</b>
<b>18. Chris Hamer</b>	<b>Box Hill</b>	<b>9:08</b>	<b>29:07</b>	<b>49:11</b>
<b>39 Stuart Watson</b>	<b>Box Hill</b>	<b>9:30</b>	<b>30:16</b>	<b>50:43</b>
<b>40 Adrian Vincent</b>	<b>Box Hill</b>	<b>9:20</b>	<b>30:02</b>	<b>50:59</b>
<b>65 Luke Yeatman</b>	<b>Box Hill</b>		<b>31:09</b>	<b>52:29</b>
<b>84 Steve Griffin</b>	<b>Box Hill</b>		<b>31:53</b>	<b>53:40</b>
<b>97 David Jimenez</b>	<b>Box Hill</b>		<b>31:52</b>	<b>54:14</b>
<b>98 Chris O'Connor</b>	<b>Box Hill</b>		<b>32:17</b>	<b>54:17</b>
<b>101 Chris Bradford</b>	<b>Box Hill</b>		<b>32:10</b>	<b>54:26</b>
<b>120 Bert Pelgrim</b>	<b>Box Hill</b>		<b>32:09</b>	<b>55:15</b>
<b>154 Stewart Downs</b>	<b>Box Hill</b>		<b>33:41</b>	<b>56:52</b>
<b>235 Bill Dyer</b>	<b>Box Hill</b>	<b>11:14</b>	<b>35:24</b>	<b>61:22</b>
<b>255 Antony Van Eeten</b>	<b>Box Hill</b>		<b>34:49</b>	<b>62:25</b>
<b>259 Chaai Kathirasan</b>	<b>Box Hill</b>		<b>35:48</b>	<b>62:44</b>
<b>321 David Stevens</b>	<b>Box Hill</b>		<b>40:55</b>	<b>68:06</b>
<b>357 Andrew Tunne</b>	<b>Box Hill</b>		<b>42:34</b>	<b>73:20</b>

#### **Under 18 Men 5 K. Road**

<b>1</b>	<b>Anthony Aloisio</b>	<b>Box Hill</b>	<b>16:15</b>
<b>5</b>	<b>Michael Dowel</b>	<b>Box Hill</b>	<b>16:37</b>

#### **Team Results**

##### **Division 1**

1.	Box Hill	124
2.	Geelong	164
3.	Ballarat YCW	247
4.	Glenhuntly	272
5.	Collingwood	303

##### **Division 2**

1.	Eureka	245
2	Keilor St Bernards	557
3	Box Hill	565

##### **Division 5**

1	Eureka	668
2	South Coast Athletics	865
3	Box Hill	903

<b>Open Women's Results</b>		<b>Club</b>	<b>First Lap</b>	<b>Second Lap</b>	<b>Final time</b>
1.	Tara Palm	Inv			51:42
2.	Kathryn Ewels	Trar			55:00
3.	Kristy McCarthy	Knox			55:17
4.	Tarli Bird	GH			55:21
5.	Michelle Bleakley	APS			55:33
6.	Kate Seibold Crosbie	Knox			55:50
7	<b>Rachel Johnson</b>	<b>Box Hill</b>		<b>33:01</b>	<b>55:55</b>
23	<b>Julie Norney</b>	<b>Box Hill</b>		<b>35:52</b>	<b>60:17</b>
31	<b>June Petrie</b>	<b>Box Hill</b>	<b>10:55</b>	<b>36:06</b>	<b>61:59</b>
47	<b>Kate Ackland</b>	<b>Box Hill</b>	<b>11:55</b>	<b>38:29</b>	<b>65:26</b>
57	<b>Megan Sloane</b>	<b>Box Hill</b>	<b>12:30</b>	<b>39:29</b>	<b>66:26</b>
71	<b>Margie Conley</b>	<b>Box Hill</b>	<b>12:22</b>	<b>40:06</b>	<b>68:07</b>

## **Women's Team Results**

### **Division 1**

1.	Knox	38
2.	Melbourne Uni	82
3.	<b>Box Hill</b>	109

### **Women Under 18**

7.	Eloise O'Brien	19:34
8.	Amy Carrig	18:46

### **Age Categories**

#### **40 – 49 F**

4	Julie Norney
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#### **45-49 F**

2	June Petrie (Winner was by invitation, so June won the title)
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#### **50+ F**

1	Megan Sloane
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#### **45-50 M**

3	Chris O'Connor
23	Bill Dyer
44	Dave Stevens

#### **50-54 M**

4	Bert Pelgrim
28	Andrew Tunne