



## **Sandown Road Racing Championship 29 May 2010**

The Victorian 10 K road Championship was held at Sandown race course on Saturday 29 May. In benign conditions, with only moderate wind and temperate conditions, which is about as good as it gets. Box Hill fielded two men's and two women's teams, although it appeared that we would start an extra team in each competition before the race commenced.

The men's and women's races are run over three laps of the 3.1 k. circuit plus the length of the straight

Both men's and women's races started simultaneously from separate starts and combined about 500 metres up the tarmac. A large group of runners started at a tremendous pace, and quickly coalesced at the head of the field. This group included Mark Tucker (Geel), Liam Adams (Ess), a South Australian invitee (Chris Hartley), Steve Moneghetti (Ballarat YCW) Andrew White, Steve Kelly, Daniel Clark and Matt Coloe.

At the end of the second lap, this group was fragmented and there were five runners contending for the victory: Adams, Kelly, Hartley, Hennessy and Tucker. With a kilometre to go Adams surged and there was contact between Tucker and him. Tucker broke clear and Steve Kelly and the SA invitee fought out second place, with the South Australian prevailing for second place by a very narrow margin and both athletes were credited with the same time. Willie (Knox), Rayner (GH) and Moneghetti (BYCW) finished in quick succession and then Barry Lynch ran across the line in 9<sup>th</sup> place, surely his best ever Winter effort. Andrew White was next over the line in 10<sup>th</sup> place and Matt Coloe, recovered from a recent injury finished 12<sup>th</sup>, also an impressive effort. Daniel Clark was in 19<sup>th</sup> position, having faded slightly in the final lap. John Meagher placed 28<sup>th</sup>, also a mighty performance. John was the runner up in his age division to Steve Moneghetti.

Our Division 1 team appears to have won the Teams' race, a big improvement on the 8 K team result at Lardner Park where we placed fifth.

In the Under 20 race, Will Potter and Daniel Balassone both ran exceptionally well to place 7<sup>th</sup> and 8<sup>th</sup> respectively. Michael Dowel got a stitch when in a medal position and pulled out.

The women's race did not seem to have the depth of the previous year, but Cassie Fien (Wellington) smashed the field winning by 2 minutes 23 seconds in the respectable time of 32 m. 37. Brooke Condon ran extremely well to place 5<sup>th</sup> with Rachel Johnson also running particularly well to gain a top ten placing. Julie Norney ran a big PB and the Division team was completed by Jess Eels who crossed the line in 34<sup>th</sup> position. This appears to have placed the Division 1 team in 2<sup>nd</sup> position.

Our under 20 women's team also performed very creditably Amy Carrig 4<sup>th</sup> (also winning the AV Bronze medallion, officially 3<sup>rd</sup>), Grace Brown 5<sup>th</sup> and Emily De Luca 11<sup>th</sup>, combining to win the Gold medal, defeating Glenhuntly which placed second, with SSH unofficially third.

Thanks to the club members and supporters who acted as officials.

## Race Placings.

Place	Name	Club	Lap 1	Lap 2	Final Time
1	Mark Tucker	Geelong	11:35	21:03	30:13
2	Chris Hartley	SA (Inv)	11:35		30:18
3	<b>Steve Kelly</b>	<b>BH</b>	<b>11:35</b>	<b>21:03</b>	<b>30:18</b>
4	Luke Hennessy	GH	11:35		30:19
5	Liam Adams	Essendon	11:35		30:22
6	Kane Willie	Knox	11:35		30:27
7	Toby Rayner	GH	11:35		30:33
8	Steve Moneghetti	BYCW	11:35		30:36
9	<b>Barry Lynch</b>	<b>Box Hill</b>	<b>11:35</b>	<b>21:04</b>	<b>30:39</b>
10	<b>Andrew White</b>	<b>Box Hill</b>	<b>11:35</b>	<b>21:06</b>	<b>31:09</b>
12	<b>Matt Coloe</b>	<b>BH</b>	<b>11:43</b>	<b>21:33</b>	<b>31:14</b>
19	<b>Daniel Clark</b>	<b>BH</b>	<b>11:35</b>	<b>21:31</b>	<b>31:37</b>
38	<b>John Meagher</b>	<b>BH</b>	<b>11:56</b>	<b>22:00</b>	<b>32:13</b>
	<b>Michael Dowel (u/20)</b>	<b>BH</b>	<b>12:08</b>		<b>DNF</b>
	<b>Will Potter (u/20)</b>	<b>BH</b>	<b>12:16</b>	<b>23:05</b>	<b>33:49</b>
	<b>Daniel Balassone (u/20)</b>	<b>BH</b>	<b>?</b>	<b>23:16</b>	<b>34:06</b>
85	Steve Griffin	BH	12:59	23:39	34:17
86	Chris Bradford	BH	12:32	23:23	34:22
107	Adrian Vincent (inv)	BH	12:56	24:10?	35:01
122	Chris Kiddle	BH	12:46	24:08	35:24
124	Bert Pelgrim	BH	13:10	24:17	35:25
200	Chris O'Connor	BH	13:54	25:40	37:16
243	John Vaitkunas	BH	14:40	26:27	38:14
259	Graeme Olden	BH	14:34	26:41	38:39
	<b>Jonathon Tree (u/18)</b>	<b>BH</b>	<b>14:47</b>	<b>27:11</b>	<b>39:18</b>
283	Dave Ayers	BH	14:54	27:19	39:31
295	Andrew Nagle	BH	13:47	27:18	39:55
339	Peter Stefanos	BH	15:28	28:25	41:21
399	Andrew Tunne	BH	16:25	?	43:58
5	Brooke Condon	BH	13:19	24:28?	35:32
10	Rachel Johnson	BH	?	25:22	36:41
18	Julie Norney	BH	14:01	26:03	37:45
34	Jess Eels	BH	15:37	26:03	39:48
67	June Petrie	BH	?	28:47	42:09
85	Hannah Deal	BH	15:41	29:51	43:30
89	Rebecca Law	BH	16:27	?	43:39
108	Megan Sloane	BH	16:59	?	45:02
109	Harriet Hodgkinson	BH	17:00	?	45:17
114	Charmaine McNally	BH	17:01	?	45:26

## Team results (unofficial)

### Division 1

1.	<b>Box Hill</b>	<b>91</b>
2.	Geelong	117
3.	Glenhuntly	119
4.	Essendon	238
5.	Knox	259

**Under 20 10,000 m**

7 William Potter 33:49

8 Daniel Balassone 34:06

**Under 18 10,000 m**

18 Jonathon Tree 39:19

**Under 16 3000 m**

15 Jack Harris 10:05

**40 – 44 10,000 m**

24 John Vaitkunas

**45 – 49 10,000 m**

2 John Meagher

18 Chris O'Connor

29 Graeme Olden

36 David Ayers

46 Peter Stefanos

**50 – 54 10,000 m**

3 Bert Pelgrim

31 Andrew Tunne

**Women's Placings**

5 Brooke Condon 35:32

10 Rachel Johnson 36:41

18 Julie Norney 37:45

34 Jess Eels 39:48

67 June Petrie 42:09

85 Hannah Deal 43:30

89 Rebecca Law 43:39

108 Megan Sloane 45:02

109 Harriet Hodgkinson 45:17

114 Charmaine McNally 45:26

## Division 1

1.	Glenhuntly	35
2.	<b>Box Hill</b>	67
3.	APS	144
4.	Melbourne Uni	195

## Age Divisions

### U/16 3,000 m

28	Amelia Savige	12:08
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### U/18 3,000 m

11	Brigitte Wolhuter	11:35
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### U/20 3,000 m

1	Jaimie Vernon (Ess)	10:32
2	Michelle Matthews (Inv)	10:52
3	Lauren Grant (Knox)	11:03
4	<b>Amy Carrig (BH)</b>	<b>11:08</b>
5	<b>Grace Brown (BH)</b>	<b>11:09</b>
11	<b>Emily De Luca BH</b>	<b>12:18</b>

## U/20 Teams

1	<b>Box Hill</b>	<b>22</b>
2	Glenhuntly	28
3	SSH	28

### 40 – 44

3	Julie Norney	37:45
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### 45 – 49

4	June Petrie	42:09
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### 50+

3	Megan Sloane	45:02
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