

A good day for Box Hill, with a Men's Division 1 Silver Medal.

In remarkably good sunny conditions, particularly in relation to last year's atrocious weather, the Coliban relay races commenced at 12.30 for Men's Division 2 and Women's Division 3 and 4 races, with the remainder of the teams commencing ten minutes later. Box Hill was represented with four men's teams and two women's teams. Our Division 1 team performed very well and secured the silver medal. Two of our teams (Men's Division 5 and Division 7) finished third. Our Men's Division 2 and Women's Division 1 teams both finished fourth. The Women's Division 2 team placed ninth.

The Division 1 Men's team was placed 6th after the opening leg, with Michael Dowel running a serviceable race finished at the end of a very challenging incline. Will Potter ran an extremely good leg bringing the team up to fourth place, and recording the third fastest Division 1 time for this leg. This put the team in with a chance of claiming a medal. Our third runner, Steve Kelly, brought the team into third place and ran the second fastest time on the day for this leg. Steve Dinneen ran a very strong fourth leg, running the fastest time for the fourth leg of the day, moving Box Hill into the silver medal position and putting a big gap between Box Hill and Knox and Essendon. He pegged back the leaders, Geelong, by 11 seconds, and the team was 77 seconds down on first place at the conclusion of this leg. Daniel Clark was next off and ran the fifth leg. He maintained the silver medal position, but was unable to reduce the gap behind second. Importantly however, when he passed the sash to Daniel Balassone or sixth runner, we had a big enough gap, we believed to hold off the form runner in Australia, Liam Adams (Ess.), and Cameron Page (Knox) who were pursuing. Daniel ran really solidly and was able to hold off Liam Adams by nine seconds to maintain our silver medal position, a fine effort. Liam Adams ran a magnificent last lap and propelled Essendon to the bronze medal position. His time was over a minute faster than any other athlete recorded on the last leg, a phenomenal effort. Daniel ran the equal third fastest leg for the day in leg 6 so he performed meritoriously as well. Unfortunately, our team result moved us from first to second on the season's premiership ladder, one point behind Geelong. With two events remaining, the half Marathon Championship next week and the Tan Relays on September 17th, we are still capable of winning the Men's Division 1 premiership. We will need every athlete competing and supporting our teams in these two concluding events.

Our Division 1 women's team performed as well as they have for the 2011 Winter season in placing fourth. Glenhuntly have been very strong all season, and they won the race by eight minutes and major gap. Box Hill were 6th after the first lap with a game run from Liselle Atkins, finishing up a very tough grinding long steep hill. Amanda Harper maintained the position but kept us within striking distance of other clubs just in front of us. Then Julie Norney improved the team position to fifth and Grace Brown, picked up another place, moving into fourth place and Talitha Crawford picked up Knox, after being passed by the Melbourne University runner, so we completed the course in fourth position.

Other team results can be found below.

Division 1

| Place | Club | Runner 1 | Total | Leg time | Runner 2 | Total | Leg time |
|-------|--------------------|--------------------|-------|----------|-------------------|---------|----------|
| 1 | Geelong | Julian Spence | 18:16 | 18:16 | Nicholas Wightman | 0:38:21 | 0:20:05 |
| 2 | Box Hill | Michael Dowel | 19:23 | 19:23 | William Potter | 0:39:52 | 0:20:29 |
| 3 | Essendon | Michael Beeck | 20:12 | 20:12 | Ryan Geard | 0:40:05 | 0:19:53 |
| 4 | Knox | Jordan Williamsz | 18:09 | 18:09 | Luke Percy | 0:38:54 | 0:20:45 |
| 5 | Ballarat Ycw | Richard Gleisner | 18:57 | 18:57 | Ben Huggett | 0:40:27 | 0:21:30 |
| 6 | Glenhuntly | David Eadie | 19:00 | 19:00 | Greg Nichols | 0:40:12 | 0:21:12 |
| 7 | Collingwood | Jai Edmonds | 19:48 | 19:48 | Justin Murphy | 0:41:03 | 0:21:15 |
| 8 | Frankston | Nathan Barry | 19:37 | 19:37 | Cameron Smith | 0:40:09 | 0:20:32 |
| 9 | Aps | Robert Schwerkolt | 19:26 | 19:26 | Justin Wilson | 0:42:15 | 0:22:49 |
| 10 | Waverley | Nicholas Thomas | 22:08 | 22:08 | Patrick Ziguras | 0:45:02 | 0:22:54 |
| 11 | Eureka | Stewart Mcsweyn | 19:20 | 19:20 | Laiton Sullivan | 0:41:34 | 0:22:14 |
| 12 | Keilor St Bernards | Brendan O'loughlin | 21:16 | 21:16 | Paul Hayes | 0:43:57 | 0:22:41 |

| Runner 3 | Total | Leg time | Runner 4 | Total | Leg time |
|------------------------|---------|----------|--------------------|---------|----------|
| Jason Antonelli | 1:05:00 | 0:26:39 | Rowan Walker | 1:37:00 | 0:32:00 |
| Stephen Kelly | 1:06:28 | 0:26:36 | Stephen Dinneen | 1:38:17 | 0:31:49 |
| Ryan Jackson | 1:07:45 | 0:27:40 | Walid A-Kurtu | 1:40:30 | 0:32:45 |
| Jordan Nelson | 1:05:48 | 0:26:54 | Jay Phillpotts | 1:39:42 | 0:33:54 |
| Nicholas Van Raaphorst | 1:08:03 | 0:27:36 | Stephen Moneghetti | 1:40:22 | 0:32:19 |
| Daniel Hornery | 1:06:45 | 0:26:33 | Rhydian Cowley | 1:42:03 | 0:35:18 |
| Liam Delany | 1:09:50 | 0:28:47 | Patrick O'keefe | 1:42:39 | 0:32:49 |
| Scott Vance | 1:09:41 | 0:29:32 | John Dutton | 1:42:59 | 0:33:18 |
| Gerard Robb | 1:10:43 | 0:28:28 | Andrew Scott | 1:46:29 | 0:35:46 |
| Andrew Coles | 1:12:59 | 0:27:57 | Stephen Paine | 1:46:03 | 0:33:04 |
| Matthew Griffin | 1:12:11 | 0:30:37 | Tyson Popplestone | 1:46:38 | 0:34:27 |
| Andrew Comley | 1:14:30 | 0:30:33 | David Ireland | 1:49:37 | 0:35:07 |

| Runner 5 | Total | Leg time | Runner 6 | Total | Leg time |
|-----------------|---------|----------|-------------------|---------|----------|
| Brady Threlfall | 1:59:08 | 0:22:08 | Brett Coleman | 2:17:33 | 0:18:25 |
| Daniel Clark | 2:00:50 | 0:22:33 | Daniel Balassone | 2:19:10 | 0:18:20 |
| Mitchel Brown | 2:02:54 | 0:22:24 | Liam Adams | 2:19:19 | 0:16:25 |
| Sam Crowther | 2:02:12 | 0:22:30 | Cameron Page | 2:19:45 | 0:17:33 |
| Shane Nankervis | 2:02:36 | 0:22:14 | David Grigg | 2:22:00 | 0:19:24 |
| Adam Byles | 2:03:16 | 0:21:13 | Darren Henstridge | 2:23:44 | 0:20:28 |
| Andrew Pattem | 2:06:07 | 0:23:28 | Paul Munro | 2:24:42 | 0:18:35 |
| Dane Verwey | 2:05:53 | 0:22:54 | Nathan Buschkuehl | 2:25:14 | 0:19:21 |
| Chris Macdonald | 2:09:51 | 0:23:22 | Andrew Edwards | 2:30:31 | 0:20:40 |
| James Atkinson | 2:08:01 | 0:21:58 | Nicholas Paine | 2:30:43 | 0:22:42 |
| Joel Birmingham | 2:12:47 | 0:26:09 | Jesse Fullerton | 2:32:31 | 0:19:44 |
| Robert Trott | 2:14:41 | 0:25:04 | Michael Butler | 2:36:23 | 0:21:42 |

Division 2

| 1 | Melbourne University | 2:24:52 | |
|-------|----------------------|---------|-------------------|
| 2 | Collingwood | 2:33:08 | |
| 3 | Bendigo | 2:33:49 | |
| 4 | Box Hill | 2:33:55 | |
| | | | Team Place |
| Leg 1 | Steve Griffin | 20:52 | 7 |
| Leg 2 | Nick Baggott | 22:29 | 4 |
| Leg 3 | David Jimenez | 30:06 | 4 |
| Leg 4 | Sam Dipnall | 39:30 | 7 |
| Leg 5 | Sam Mackie | 21:14 | 4 |
| Leg 6 | Hanson Wong | 19:44 | 4 |
| | | | |

Division 5

| 1 2 3 4 | Melbourne University Eureka Box Hill Diamond Valley | 2:06:37 2:08:09 2:10:31 2:20:22 | Team Place |
|-------------------------|---|---|------------|
| Leg 1 | Kieren Shah | 24:50 | 3 |
| Leg 2 | David Ayers | 25:24 | 3 |
| Leg 3 | Andrew Hester | 31:00 | 3 |
| Leg 4 | Chris O'Connor | 27:53 | 3 |
| Leg 5 | Graeme Olden | 21:24 | 3 |

Division 7

| 1 | Bendigo |
|---|-------------------|
| 2 | Ballarat Harriers |
| 3 | Box Hill |

| Leg 1 | Ian Schaeffer | 22:54 | 3 |
|-------|----------------|-------|---|
| Leg 2 | Randall Owen | 25:40 | 3 |
| Leg 3 | Peter Stefanos | 35:14 | 3 |
| Leg 4 | Andrew Tunne | 31:59 | 3 |
| Leg 5 | Ian Schaeffer | 22:16 | 3 |

Team Place

Women

Division 1

| 2 | Essendon Malhauma Hairranita |
|---------------|--------------------------------------|
| 3 4 | Melbourne University Box Hill |
| 4 | рох пш |

| 5 | Knox |
|---|------|
| | |

| | | | Team Place |
|-------|------------------|-------|-------------------|
| Leg 1 | Liselle Atkin | 24:22 | 6 |
| Leg 2 | Amanda Harper | 25:41 | 6 |
| Leg 3 | Julie Norney | 33:01 | 5 |
| Leg 4 | Grace Brown | 28:07 | 4 |
| Leg 5 | Talitha Crawford | 24:10 | 4 |

Division 2

Box Hill 9th

| | | | Team Place |
|-------|-------------------|-------|------------|
| Leg 1 | Charmaine McNally | 30:56 | 10 |
| Leg 2 | Kate Ackland | 29:01 | 9 |
| Leg 3 | Rebecca Law | 36:60 | 9 |
| Leg 4 | Megan Sloane | NTT | 9 |
| Leg 5 | Hannah Deal | NTT | 9 |