BOX HILL ATHLETIC CLUB INCORPORATED



ANNUAL REPORT

2004 / 2005

ACKNOWLEDGEMENTS

The Committee wishes to acknowledge the support and assistance given to the Box Hill Athletic Club, both on and off the field, during 2004/2005

Thanks to our sponsors Stadium Sports and Ethertech, and also to Banksia Sports Clinic and The City of Whitehorse for sponsoring events at the Whitehorse Gift.

Thank you to all the coaches and team managers for their ongoing support and to all whom made donations to the Barlow Fund.

We would like to express our sincere appreciation to all of the above and the many others who have assisted in a variety of ways.

BOX HILL ATHLETIC CLUB INCORPORATED 2004 -2005 ANNUAL REPORT

OFFICE BEARERS

PRESIDENT : Graeme Olden
VICE PRESIDENT : Adam Pepper
SECRETARY : Julie Milner
TREASURER : Angela Robbie
COMMITTEE MEMBERS : Joan Hines
: Colin Organ
: Simon Bromley
Fiona Buchanan
: Leana Tilley
: Cameron Joyce

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COORDINATOR OF LIFE MEMBERS : Allan Barlow OAM

AUDITOR : Jan Collyer
REGISTRAR : Angela Robbie
VENUE DELEGATE : Joan Hines
AV DELEGATES : Graeme Olden
: Julie Milner

Joan Hines Simon Bromley

CLUB NEWS EDITOR : Cameron Baker

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TRACK CAPTAINS : Cameron Baker : Leana Tilley

TEAM MANAGERS : Cathy Tilley

Beverley Power Chris O'Connor Rob Falkenberg Colin Goodwin

: Elissa Ward

Presented at the Annual General Meeting of the Box Hill Athletic Club Incorporated, conducted at Hagenauer's Reserve, Barwon Street Box Hill on 12 July, 2005

LIFE MEMBERS

1960	:	M Fraser +	1983	:	P Mann +
1963	:	G B Stringer +		:	A O Gusbeth
1964	:	R Barlow +		:	A B Stewart
	:	H Logan +	1984	:	H J Summers
	:	B Thorpe		:	S F Tutchener
1965	:	A E Barlow		:	D Mann
	:	J D Leach +		:	l Mann
1966	:	R P Lees	1987	:	J Hamilton +
	:	W M Leach +		:	D Filling
	:	J Grigg	1988	:	K Armstrong
	:	P Monahan		:	V Armstrong
1967	:	M Carroll		:	F T Cron +
1968	:	T C Kelly		:	G Crouch
	:	R J Hansen		:	S Livingston
	:	N R Twitt		:	M Wall
	:	G Dell	1989	:	I Jones
1969	:	J Pekin	1990	:	M Fielding
1971	:	W Collins		:	J Towers
	:	A J Fraser	1991	:	L Armstrong
1972	:	R E Beal		:	T Collie
	:	R W Ramadge +		:	B Lewry
1973	:	D A Barlow		:	C O'Connor
	:	G J Duthie		:	I Sloane
	:	R W Haywood	1992	:	R Harrison
	:	J D Ramadge		:	T Lucas
	:	K T Routley		:	S Miller
1975	:	N H Gardner		:	M Stewart
1977	:	A G Chambers	1993	:	D Cross
	:	S J Fraser +		:	R Falkenberg
	:	B J Layh		:	G Ford
	:	W J Leach	1994	:	J Collyer
1979	:	J Hines		:	A Cross
	:	D Cook		:	R Fraser
1982	:	M A Blundy	1997	:	G Olden
	:	D J Bourne	2003	:	J Milner
	:	F E Fell			
	:	V J Fox			

⁺ Deceased

: P T Grant

PRESIDENT'S REPORT

The Box Hill Athletic Club has once again enjoyed a most successful year both on and off the track. The men's State League team were again undefeated to finish on top of the ladder and win the State League premiership for the fourth year in a row. Both the men's and women's teams won the inaugural Victorian Club Championships, with the men continuing on to win the Australian Club Championships for the first time, while the women's team improved on last year to finish in third place. Steven Hooker became our first Olympian for 16 years, competing in the pole vault in Athens, Ronnie Buckley finished seventh in the discus at the World Junior Championships in Grosseto and both Ronnie and Joel Pocklington won gold medals at the Commonwealth Youth Games in Bendigo. The fitout of the upstairs section of the club rooms was completed and a number of maintenance projects and equipment upgrades were completed. Several successful fundraising functions were held during the year and the club hosted the Zatopek meet at Box Hill – the most successful Zatopek meet for many years.

The men's State League team again went through the season undefeated to comfortably win our fourth straight State League premiership. Despite changes in format and venues in recent years to help the smaller clubs and combine teams, our greatly improved depth and tireless efforts by team manager, Chris O'Connor enabled us to once again dominate the competition. The women's State League team struggled throughout the season and finished in sixth position. With a number of athletes unavailable due to work commitments and injury, we were unable to field a full team in any round of competition, despite the best efforts of team managers Bev Power and Cathy Tilley. The continued decline of our women's teams is a worrying sign for the Club which we must address over the coming year.

Our Club captains, Leana Tilley and Cameron Baker again set a wonderful example throughout the year by competing regularly and encouraging others to support the Club. They were a great assistance to the team managers and have played an important role in the success of the Club over the past year.

The Club once again represented Victoria at the Australian Club Championships in Canberra in both men's and women's competitions after winning the inaugural Victorian Club Championship event. This year the men's team finally broke through to win after many years of trying, the first time that a Victorian Club has won this event in either men's or women's competition. The women's team also improved on last year to finish in third place which was a great effort by the girls who competed.

Once again, the Club had a most successful year in the Shield competition with the Men's Division 1, Division 2 and Under 18 teams and the Women's Division 1, Under 18 and Under 16 teams all winning the Venue Finals at Box Hill. The men's Division 1 and Under 18 teams continued on to win the Association Final at Knox. While the Club has now established ourselves as the most dominant team in men's track and field competition, it is a concern that the women's teams continue to struggle at all levels.

For the first time in 16 years, the Club had a representative competing in the Olympic Games, with Steven Hooker being selected in the Australian team to compete in the pole vault in Athens. Although he didn't manage to make it to the final, it was a wonderful experience for him and he returned to Melbourne motivated to improve further. Steven followed up with a most successful summer season, improving his State Pole Vault record to 5.87 m at a Shield meeting at Box Hill and being selected in the World Championships team to compete in Helsinki later this year. Ronnie Buckley continued on his wonderful form of recent years representing Australia in the discus at the World Junior Championships at Grosseto in Italy where he finished in seventh place, a great result considering that he was competing against athletes up to a year older than himself. Joel Pocklington was selected in his first international team, representing Australia in the pole vault at the Commonwealth Youth Games held in Bendigo in December, while Ronnie Buckley was also selected to compete in the discus. In a wonderful result, both members won gold medals, with Joel jumping an equal PB of 5.00 m in the process.

Problems associated with the completion of the upstairs section of the club rooms have been a major frustration for the Club over the past year. After 6 months of searching, we finally managed to find a builder to complete the works, obtained a letter of guarantee for a loan for \$65,000 from the City of Whitehorse, and signed a contract to start works. However, we were then unable to obtain a building

permit for the work as the Building Surveyor determined that provision for access for persons with a disability was required to the upstairs rooms, despite earlier assurances from the City of Whitehorse that this would not be required.

After several months of discussions and mounting frustration, the Building Surveyor eventually issued a building permit on the condition that access for persons with a disability will be provided within the three year duration of the building permit, however a Certificate of Occupancy will not be granted until this access is provided. Hence, we now have a magnificent Club room facility that we are not allowed to use. Quotes for construction of a access ramp suitable for use by persons with a disability are in excess of \$100,000 which is clearly beyond the capacity of the Club to fund in the immediate future, given our commitment to resurfacing the track in the next few years.

The City of Whitehorse were not prepared to fund the works, but encouraged us to apply for a State Government Grant through the Sport and Recreation Victoria Minor Facilities Grants program. We were delighted to recently learn that we have been successful with our application which means that the cost of the access ramp will now be shared equally between the Club, the City of Whitehorse and the State Government. This still means that the Club will need to raise in the order of \$40,000 for this work, but at least we should now be able to gain full access to our club rooms within the next 12 months.

Once again the fundraising sub-committee did a wonderful job throughout the year to organise several most successful events which helped raise funds for the building works and developed Club spirit amongst our members. Leana Tilley and Cameron Joyce again took on the task of organising a Trivia Night during the year which was again a great financial success and enjoyed by all who attended. Chris O'Connor again provided a set of challenging questions as quiz master for the night.

The committee decided to again conduct the Whitehorse Gift Meet and we received valuable support from a number of sponsors for this event. In a new initiative, the event was combined with an Athletics Victoria Allcomers Meet, as well as again including the Victorian Mile Championship. The competition ran smoothly and was enjoyed by all who attended, although there is probably scope for condensing the program somewhat. Hopefully we can build on this event in coming years to make it a more prominent event on the athletics calendar in Victoria.

With Olympic Park closed during the early part of the track season for re-surfacing, Athletics Australia agreed to hold the 2004 Zatopek Classic at Box Hill. There was a great response from club members in helping to prepare for the event which attracted a good crowd on a warm December evening. There was widespread praise for the efforts of the Club to prepare the ground and facilities and cater for those present. The meet was generally agreed to have been the most successful Zatopek meet held for many years. We have clearly demonstrated that the Club is capable of hosting meets of this size and it is hoped that we will be given this opportunity again in the coming season, with several international meets scheduled to be held in Melbourne in the lead-up to the Commonwealth Games.

The Club was again most fortunate to receive a number of generous donations to the building fund from members and friends. The buy-a-brick campaign has been most successful in making a substantial contribution towards the building works. Colin Organ continues to administer this scheme in a most efficient manner.

Agreement was reached with Mission Australia to conduct another Work for the Dole Project at the ground on behalf of the Commonwealth Government. Ground Manager, Peter Robbie took on the role of supervisor for the project which involved groups of unemployed people working on various projects at the track two days a week for a six month period. Works completed included an upgrade to the canteen including installation of new benches, painting of the upstairs section of the Club rooms, construction of concrete pads for storage of hurdles, repair and painting of hurdles and grandstand seating, as well as painting of numerous other items around the ground. Thanks to the efforts of Peter and his group, an enormous amount was achieved that would have otherwise taken many years of working bees by Club members.

Membership numbers over the past year decreased to about 200 members, our lowest membership since the merger of the men's and women's clubs in 1996. Our retention rate is very poor at about 60 % which means that we have to recruit about 100 new members every year just to break even. Of

particular concern is a gradual decline in the number of female members. We will have to continue to work hard in the coming years to find ways to improve this retention rate and grow our membership.

I have been most fortunate to have had great support from the committee over the past year. It was great to have Leana Tilley and Cameron Joyce join the committee during the year to bring some fresh ideas and enthusiasm to the committee.

Angela Robbie continues to manage the huge task of Treasurer, Registrar and Canteen Manager with remarkable efficiency. It is largely thanks to the efforts of Angela over the last 5 years that we are in a position to commit funds to an access ramp to the club rooms, despite having spent over \$400,000 on capital works over the past four years. The Club has once again achieved an outstanding financial result over the past year with a net profit prior to accounting for capital expenditure on the club room upgrade of the order of \$50,000.

Julie Milner has again been a most efficient and dependable Secretary, as well as helping in the canteen each week, folding and posting the hardcopy newsletters and assisting with officiating duties at both State League and winter competition. Adam Pepper has arranged for numerous articles about the Club to be published in the local paper and has also regularly assisted with equipment maintenance and provided technical assistance on competition days. Joan Hines continues to work tirelessly to ensure the efficient conduct of competition at the venue as well as representing the Club at Athletics Victoria meetings and serving on the Athletics Victoria Summer Competition Committee. Simon Bromley has attended Athletics Victoria meetings as a Club Delegate and has taken on the task of keeping club record boards up to date. Cameron Joyce has done a fantastic job obtaining sponsorship for the Club – in the form of donations for Trivia Night and the Zatopek meet, and also finalising sponsorship arrangements with Stadium Sports. Leana Tilley has taken on the difficult task of liaison with the Box Hill Little Athletic Centre and has done well to negotiate solutions to a number of issues. It is great to have Fiona Buchanan back on the committee after her overseas adventure.

The Club is most fortunate to have dedicated and enthusiastic coaches, officials and team managers who ensure that we provide the best possible facilities and opportunities for our members. It is these people who make a successful, vibrant Club and ensure that members are retained and maintain an involvement in the sport and the Club. Over the past few years, a number of our long-serving volunteers have retired which means that the Club faces a huge challenge to find people to take over these tasks to ensure that we continue to provide excellent facilities and equipment for our members.

The Club is most appreciative of the sponsorship provided by Stadium Sports, Banksia Sports Clinic and Ethertech. Without their support we would be forced to raise fees to cover the ongoing costs of running the Club and providing facilities for our members.

With the Commonwealth Games in Melbourne next March, the sport has a wonderful opportunity to capitalise on the increased interest in athletics in the lead-up to the Games. The Northern Ireland track and field team is planning to base themselves in Box Hill from the beginning of March until competition commences, using Hagenauer's Reserve as their main training venue. While they are only a small team (of less than 15 athletes), it will be a great opportunity for the Club to become involved with supporting an overseas team, while not having them take over the whole venue. We are planning to hold a function for them while they are here and it is hoped that all our members will do their bit to make them feel welcome. Unfortunately, Athletics Victoria have scheduled very few events for Club athletes after Christmas next season, so it will be hard to recruit and retain athletes during this period. However, one exciting development which appears likely to eventuate is that the State Championships will be held at the MCG as a test event for the Commonwealth Games, giving all our members a once in a lifetime chance to compete on the MCG on the Commonwealth Games track.

The coming year will present some wonderful opportunities for the Club. It is now up to us all to make sure that we can make the most of these opportunities and enjoy yet another successful year.

Graeme Olden President

SECRETARY'S REPORT

Last year the Committee worked very hard and was thrilled to be finally, or so we thought, well on the way to completing the upstairs facilities only to be frustrated by bureaucracy and red tape. It's been very disappointing not to have access and use of the new rooms but we continue to pursue our options and hopefully will have some resolution in the near future.

Despite the setback, we did get special permission to use the facilities for the Zatopek meet. This was a great opportunity to showcase our venue and was a resounding success. We received a lot of very positive feedback from spectators, officials and athletes and we look forward to being able to hold more major events in the future. Holding such an event takes a lot of preparation and assistance on the day, so thanks to all those who contributed in so many ways to make the night so successful and memorable.

The men's team, by winning the Gold medal at the Australian Club Championships in Canberra, has realized the club mission statement "To be the Most Successful Athletic Club in Australia" – what a great effort after several years of coming close. With four athletes short of a full team, the women showed lots of courage and determination to take out the Bronze medal. The club spirit generated at the Australian Club Championships is fantastic. Mohamad Zeed was a prime example - even though he was to compete in the Telstra A Series later in the day, he ran and won both the 100m and 200m hurdles to assure the team of the gold medal – he then went on to win the 110m hurdles in the A Series four hours later.

Thanks to all those who made the effort to get to Canberra – it was well worth it.

What a thrill seeing our very own Steven Hooker competing in the main stadium at the Athens Olympic Games. This is what it is all about, whether it is running around Box Hill on a Saturday afternoon or competing on the world stage, the Committee endeavours to administer the club and facility in order to give everyone the opportunity to reach their goals.

Thank you to Graeme Olden, I don't think many members outside the Committee have any idea the amount of time and effort Graeme has put in to this club, all my fellow Committee members and others who have assisted with various tasks throughout the year. Angela Robbie has once again been a tremendous support – even when I got her lost in Paris!

The Club has several challenges ahead and it is pleasing to see the Committee growing in number and hopefully spreading the load a little more over what should be another busy and exciting 12 months.

Julie Milner Secretary



TREASURER'S REPORT

The Club has again achieved an outstanding financial result over the past year despite the net assets balance being in the red. Prior to accounting for capital works a surplus of approximately \$50,000.00 was raised.

The major expenditure during the year was \$149,119.72 for the completion of the second stage of the clubroom redevelopment. This payment was made from funds in hand and the obtaining a Bank loan from the Commonwealth Bank in the sum of \$65,000.00. It is important that funds are raised to repay the loan as quickly as possible to minimise the amount of interest paid.

Many donations were made direct to the Club or through the Barlow Fund and I thank all those that contributed in this way.

Approximately \$12.500.00 was raised through fundraising activities organised by the Fundraising Committee and by the holding of the Zatopek meet. The holding of the Zatopek meet was a huge bonus to the Club making a profit in excess of \$5,000.00. Thanks to all members who chipped in and helped with the organisation before and on the day.

The Club this season has again been run by a small Committee, although we have had some young new faces which has been encouraging. A small Committee means that each Committee member carries a huge workload. I would like to thank all members of the Committee for their support and hard work during the season with a special thank you to Julie and Graeme who attend to many tasks over and above their roles as President and Secretary. It has been a pleasure to work with you all.

Angela Robbie Treasurer

CANTEEN REPORT

The start of the season was exciting with the knowledge that I would be working in a refurbished canteen. The Work for the Dole Project had done an excellent job in providing a more spacious, efficient and enjoyable work area.

With the knowledge that the Club needed funds to complete the second stage Julie and I decided not to employ any paid help this year. This enabled an increase of \$1,400.00 profit without the need to increase prices.

I would like to thank Carole De Greenlaw and Adam Pepper for their assistance with a special thank you to Julie Milner who helped and supported me every week.

The Club needs the canteen as a source of revenue so it is important that this facility be maintained in order to provide funds. Volunteers are needed to run the canteen so contact a member of the Committee if you can help.

The holding of the Zatopek meet created a huge workload for the canteen as supper was provided for those attending the Athletics International meeting as well as 100 officials. Thank you to all who assisted on the day with the making of rolls, preparation and serving of food. Many words of praise were received from a wide variety of people on the success of the Zatopek meet.

Angela Robbie Canteen Manager

TEAM MANAGER REPORTS

State League - Men

Box Hill was again triumphant winning our fourth consecutive state league premiership this year.

The competition took on a different format, with just 6 rounds of state league at various venues and no finals. There were double points for the relays and also a decrease in the number athletes in some events.

Each week was a 12 team competition with the premiership being awarded to the team on top of the ladder after the 6 rounds, so every round of competition became very important.

Box Hill started the year well with a good win in the first round. Highlights of the round were a great run of 47.35 in the 400 metres by Marty Duke and a win in the steeplechase by Paul Boxshall. 15 year old Joshua Ross was very competitive in the 100 metres and then teamed with Steve Hooker and Rhett Medford to win the relay. Other good performances included a PB by 16 year old Matthew Coloe in the 1500 metres.

Round 2 included fine wins by Travis Martin in the walk and Joel Pocklington in the pole vault, first and second in the 200m (Marty Duke just ahead of Lane Harrison) and an impressive victory by Adam Rabone, Dave Featherston, Steve Hooker and Lane Harrison in the relay.

Round 3 was our third consecutive win, with a strong team performance, Lane Harrison was the fastest 100 metre runner for the night while Rhett Medforn won the 400 metres. Mohamad Zeed was 2nd in the hurdles, Paul Boshall 2nd in the steeple and Adam Rabone 2nd in the triple jump, while Matt Coloe ran another PB in the 1500m.

Round 4 was another victory. We struggled in the field events but did well enough on the track to win. Marty Duke continued his undefeated run for the season winning the 200m and leading the relay to victory, while Steve Hooker showed his versatility jumping 7.20m in the long jump and Mohamad Zeed enjoyed a leisurely run in the 400m hurdles.

Round 5 was at Box Hill and wins by Mohamad Zeed in the 110m hurdles and Adam Rabone in the triple jump as well as our relay team saw Box Hill take out our fifth consecutive win for the season and put us in an unbeatable position on top of the ladder.

A 1-2 finish by Marty Duke and Lane Harrison in the 200m and a win by Cameron Sherry in the pole vault was enough to just get us across the line in round 6 to leave the team undefeated on top of the ladder at the end of the 2004/2005 season.

To win 4 consecutive premierships requires a great deal of team work. Thanks to all the athletes who performed so well for the club. We are the envy of many other teams, because if ever one of our top athletes is unavailable we nearly always have a young athlete ready to step up and take his place. Of the 29 athletes who represented the club in the men's state league this season, 15 of them were under 21 years of age. This is surely a good sign for the future of the club.

Special thanks to Julie Milner, Graeme Olden and team captain, Cameron Baker, who were always there to help out with team organization and to act as officials for the team. Thanks also to all the others who helped out as officials throughout the season.

Chris O.Connor

State League - Women

After a very promising result last year, we went into the 2004/2005 season with high expectations. However, it has proved to be a disappointing year with sixth place on the ladder. Even with only six rounds, we struggled to fill teams. We lost Rachel Dacy, Wendy Muldoon and Nicole Sansonetti through retirement and a number of younger athletes who were unable to compete due to injury/illness or other commitments. No athlete competed in all six rounds.

On a brighter note, our thanks and congratulations to our top scorer, Morgan Deane and also to Simone Carre who scored well.

Cathy and I would like to thank the committee and athletes for their support and we sincerely hope for a much more successful season in 2005/2006.

Bev Power

Senior Men

This year we saw Athletics Victoria revamp our tried and true "Interclub" to be known as the "Shield" competition. Managers no longer selected their teams prior to a race. Athletes had to simply front up to any race and compete. Once all heats of an event were held, the results were graded and your team was determined at this point. Under this method there was also no weekly competition draw. All the Div 1, 2, 3 and 4 teams competed against each other on every weekend.

This system made it very hard for middle of the ladder teams to improve their position as basically the whole season saw the same top 4 or 5 teams fill these positions every week ensuring that they gradually distanced themselves from the rest of the competition. The top four places in each grade was basically set after 4 weeks of competition. I believed this to be very disheartening for clubs that lay 6,7 and 8 as they would then need a massive turn around to try and improve their ladder position.

At the end of the season there was no difference to how Box Hill performed. We clearly finished unbeaten in Div 1 and won the venue final by over 100 points. Division 2 finished second or third on the ladder but clearly won the Venue final as well. Division 3 and 4 performed very well finishing around 8th position.

The Association (Shield) Final went pretty much as expected. We won the Men's Div 1 by an enormous margin but lost the Div 2 in a close hard fought day to Preston by a meagre 8 points.

Throughout the year we enjoyed having the services of more multi-event athletes. This allowed us to cover a greater spread of events which in turn increased our position over the other clubs from the previous season. We constantly produced several Long Jumpers, High jumpers, had 7 Pole vaulters competing at the same time and filled at least two throwers in Div 2 regularly.

Exceptionally good season were put in by John Peavey, David Featherston, Brett Nuske, Cameron Sherry, Stephen Hooker, Simon Evans, Lachlan Aspinall and Daniel Clark. We also had our usual very large and loyal group of sprinters and distance athletes this year which gave us our best spread of events for many a year.

I hope the current crop of athletes have enjoyed their season and will be ready early next year as I expect the next season to be shorter in light of a proposed hectic Commonwealth Games Calendar.

Rob Falkenberg

Senior Women

Season 2004-05 started chaotically with the introduction of a new point scoring system and major changes to the Saturday programs. The 200m and sprint hurdles weekly were missed by many athletes

Athlete numbers were reasonably consistent the season with the usual drop off over Christmas/New Year. The club was able to enter both junior and senior teams in the Victorian Club Championships and Victorian Relay Championships, held on the same weekend, prior to Christmas. The junior girls did particularly well, competing in the club championships, winning and backing up in the afternoon in the relays, all in 37 °C. The senior team were also successful in the Club Championships and were competitive in the relays. The Senior women brought home a bronze medal from the National Club Championships.

The final weeks of the Shield competition brought an understanding of the point system and an understanding of the ranking system for finals qualification. It also brought frustration and a scramble for rankings at the last minute. We, as team managers hadn't realised that a ranking in a particular event was also particular to the age group. In the past if an athlete had competed once in an event they could compete in the finals in that event, age/division were irrelevant as long as the qualifying time/distance was achieved. This left us short of distance runners in the U18s, walkers in all age groups except for the U14 and U16s and shot putters in U18s. Our teams did very well in the Region Finals (formerly known as Venue Finals), winning the Division 1, U18 and U16 pennants. The success of the teams was contributed to the strength and depth of pole vaulters at Box Hill.

Unfortunately the Region Finals coincided with Little Athletics Championships and work commitments, and many athletes had conflicting loyalties, which left the Shield teams stretched thin.

The Shield Cup Final was held on a hot, blustery day at Knox. The division 1 and u16 finished third and U18 finished a close fourth, all the athletes giving their best. The Division 1 team missed 2nd place by 8 points. Holes were left in the teams due to athletes work commitments and unavailability. Another factor was the lack of understanding of the new system. Had we realised earlier, we may have been able to have junior athletes attain rankings in multiple age groups to further strengthen our teams. Rather than have an age group with a quota of qualified athletes plus emergencies, we could have shared the athletes out more evenly providing greater depth. Next season there will be a greater focus on rankings earlier in the season to provide better balanced teams come finals time. This will involve educating the athletes and monitoring closely the website, www.valleyaths.org/aveast, the site where the region rankings are listed.

We look forward to next season, confident in the new system (as long as there are only minimal changes to the rules). On the whole this season was very successful, even with our "L plates" on.

Elissa Ward

Junior Boys

As Team Manager, I was most impressed at the constant improvement, week after week, of all competitors. Different conditions, different tracks, different competitors placed the boys of all ages under pressure to compete and win.

And win they did.

The U/18 boys' team celebrated winning the State Title for the third year in a row. We will all step up next season and I expect the boys to show their worth by repeating their success's again. Some excellent standouts this season were the U/16 Relay Championship and the U/18's winning races throughout the season.

Lack of numbers in the U/14's made it hard for points to be accumulated by the boys, but they all showed their worth. I was very proud of their efforts.

I am looking forward to the next season; it will be short but just as busy for all concerned. Thankyou to all the Box Hill Committee for their support throughout the season. Good luck to all the boys and GO HARD !!!!

Colin Goodwin

VENUE REPORT

The club had another very successful season of athletics, culminating in Region Final Day where Box Hill won six premierships. They were Division 1, Division 2 and U18 men and Division 1, U18 and U16 women. Our men went on to win the Association Final in Division 1 and U18. Congratulations to all our athletes.

Two new clubs joined the competition at Box Hill this season, Athletics Nunawading and Ringwood, bringing a total of 150 new athletes to Hagenauer's Reserve. We had 14 clubs and a total of 110 teams competing each week. Our venue was by far the largest of the metropolitan venues with 50% more athletes competing here than at Glenhuntly.

The ground has been able to handle the extra athletes without making the program too long. Unfortunately, with the extra athletes we had to shorten the throws program and alternate the javelin and discus. The track program finished most days just before 5.00pm and the field about 5.20pm.

This year the Association used a new system of data entry at the ground. From the weekly results David Armstrong drew up a ranking list of athletes in each club. These lists were produced each week along with the ladder and results of the previous weeks' competition. Our thanks to David for organizing and conducting the new system.

We are indebted to the officials and administrators of all the clubs at the ground for giving athletes the opportunity to compete in a friendly but professionally run competition. My personal thanks to the athletes, parents and friends who made themselves available to assist with officiating during competition. I have mentioned previously the need for club members to step forward and help with finding officials and helpers each week for our sixteen teams.

To Graeme and the members of the Box Hill Committee, thank you for preparing the ground for competition and for looking after the equipment and the canteen.

Congratulations to the Box Hill Club for staging the Zatopek last December. It was the first International meeting held at the ground and was a resounding success thanks to the hard work of Graeme and his helpers. Thank you to Jack and the Region (Venue) Committee for their leadership and assistance in a very busy year.

Joan Hines Eastern Region (Box Hill) Secretary



All ready for the Zatopek

2004 WINTER REPORT

The 2004 winter season was the most disappointing performance by the Club for many years. Very few Box Hill athletes competed during the winter season which meant that we failed to fill senior men's and women's teams in many events, with the men's team finishing in 8th place overall, and the women being relegated to Division 2 for next season.

Once again the winter season commenced with the Club 5 km Handicap race along the Gardiner's Creek bike paths. It was great to again have the pole vault squad participate, however this year they were handicapped out of contention and the event was won by Under 14 runner Aaron Holmes.

The number of senior athletes competing in the men's and women's teams has declined over the past few years to the point where we struggled to field a single team for most of the season – a situation the Club has probably not experienced for 40 years or more. As a result, both men's and women's Division 1 teams finished near the bottom of the ladder which is something which the Club does not aspire to. There are a number of talented junior male distance runners within the Club so it is imperative that everything possible is done to retain them over the coming years and re-build our senior teams. Unfortunately, we do not have many junior female distance runners so the re-building of the women's teams is going to require a significant recruiting effort at the junior level before we can do too much about re-building our senior teams.

There were some highlights for the senior men's teams during the year. Marcus Tierney ran well at Albert Park in the 15 km road race to finish 6th, while Adrian Vincent and Alan Craigie both showed that they have the potential to challenge in Open events with another year or two of solid training behind them. Jocelyn Keage and Jess de Bruin also ran consistently in the races that they entered and showed that they also have the potential to push for top 10 placings in future years.

John Meagher and Megan Sloane were once again the most consistent performers for the Club over the winter. They are both still very competitive in the senior races and are an inspiration for our younger athletes to train harder to match their performances in coming years.

Andrew White enjoyed a consistent year in Under 20 competition with 5 top ten placings, however he was somewhat restricted by injuries throughout the year and was unable to quite match his performances from the previous year.

Thanks to Ian Sloane and Chris O'Connor for once again undertaking team manager responsibilities during the season. Thanks also to Julie Milner for assisting with team management, for officiating during the season and for being the official team photographer.

The winter athletes once again greatly appreciated the hospitality shown by Megan and Ian Sloane who provided afternoon team after each race. Hopefully next season, more people will volunteer to assist with these tasks.

Albert Park 15km 2004



AWARDS

MALE ATHLETE OF THE YEAR Allan Barlow Shield Steven Hooker FEMALE ATHLETE OF THE YEAR Martha Fraser Shield Veronica Kirby JNR MALE ATHLETE OF THE YEAR Reg Barlow Cup Ronnie Buckley JNR FEMALE ATHLETE OF THE YEAR Armstrong Trophy Veronica Kirby WINTER CHAMPION - MALE Hansen Trophy John Meagher WINTER CHAMPION - FEMALE Megan Sloane Cup Megan Sloane

MOST DETERMINED JUNIOR WINTER

ATHLETE Grant Taggart Shield Andrew White

OUTSTANDING CLUBMAN Rob Falkenberg

FRANK TUTCHENER SHIELD No 10 mile event 2004

ANDREW STEWART Steven Hooker POLE VAULT TROPHY Jacinta Lynn

ROSS HAYWOOD WALKING TROPHY Simon Evans

VLADIMIR SLAVNIC THROWING TROPHY Ronnie Buckley

OUTSTANDING FINALS ATHLETE Mohamad Zeed

STATE LEAGUE Top Points Male Marty Duke

Female Morgan Deane

Over points 100 points Steven Hooker

Mohamad Zeed

State League Coach with most points

Mark Stewart

INTERCLUB POINTS 2004

Senior maleSenior femaleJohn PeaveySarah HewittDavid FeatherstonLeana TilleyBrett NuskeVivian Lee

U18 MaleU18 FemaleGrant HodgesSarah QuinnAlex DeGreenlawVeronica KirbyDion PocklingtonGeorgia White

U16 MaleU16 FemalePatrick OughtredBreanna BartlettAndrew HoganJennifer ChanChris BellLucy Patterson

<u>U14 Male</u> <u>U14 Female</u>

Chris Hadlow Grace Thek / Ashleigh Ward

Chris Brock Alicia Neylan

1	MEN		WARRAGUL CC CHAMPIONSHIPS - OPEN 8 km Div 1: 5th -U20 4 km -U18 4 km			SANDOWN RR CHAMPIONSHIPS OPEN 10 km Div 1: 2nd Div 4: 5th U20: 1st			CHAMDIONICHIDG			DOOR IPION: I 12 km I20 8 k 6 km U km	SHIPS Div 1: m 1st	OPEN 16 km Div1 U20 6 km: 1st			BURNLEY HALF MARATHON 21.1 km	
		Age			Age			Age			Age			Age				
	TA	Group	Place	Time	Group	Place		Group	Place	Time	Group	Place	Time	Group	Place	Time	Place	Time
Lachlan	Aspinall	Open	55	28:29	Open	78	34:09				0	405	40.00					
David	Ayers				Open	181	37:05	1100	4.4	10:10	Open	105	46:00	1100	40	00:04		
Michael	Bourne	0	40	07.54	0	00	00.55	U20	14	16:42	_	00	44.00	U20	13	22:31	40	4 47 00
Paul	Boxshall	Open	40	27:51	Open	38	32:55				Open	33	41:29				43	1:17.32
Duayne	Christou				_						U20	15	27:07					
Alan	Craigie				Open	79	34:10											
Graham	Craigie				U20	11		U20	17	17:17	U20	21	28:49	U20	16	23:44		
Kevin	Craigie				U20	12	37:50											
Kynan	Dawes				Open	43	33:02											
David	Jimenez	Open	64	28:48	Open	32	32:46	Open	38	51:58	Open	52	42:54	Open	48	65:55		
Ben	MacNab							U20	13	16:41	U20	9	26:07					
John	Meagher				Open	17	31:44	Open	12	48:59	Open	21	39:41	Open	7	58:17	4	1:8.33
Simon	O'Brien										U20	16	27:11					
Chris	O'Connor	Open	65	28:50				Open	101	56:34								
Matthew	O'Connor				U18	12	42:38	U16	12	18:15								
Graeme	Olden	Open	34	27:26	Open	50	33:22	Open	24	50:47								
Adam	Pepper	Open	145	31:38	Open	201	37:40	Open	196	63:25	Open	143	47:18					
lain	Reitman	·			U20	13	38:09	Ú20	15	16:53								
Matthew	Slater	Open	168	32:31		213	38:06											
Marcus	Tierney							Open	6	47:49	Open	14	38:53					
Adrian	Vincent	Open	21	26:54	Open	22	31:59	Open	22	50:22				Open	23	62:34	13	1:11.47
Andrew	White	U20	5	13:03		4	33:25	U20	9	16:02	U20	6	25:28		4	20:23		
Andrew	VVIIIC	020		10.00	020	7	00.20	020		10.02	020	0	20.20	020	7	20.20		
W	OMEN	_	l 6 km 8 3 km km	-	_	N 10 kr J16 3 k	n Div 1 m	U20 5	km U	m - 3rd 18 5 km 14 5km	1:6t U18	N 8km h U20 a 6 km U i U14 4	8 km J16 6	U20 6	N 4 km km U1 J16 4ki	8 8 km	MAR	LEY HALF ATHON .1 km
Kate	Beever	Open	45	26:40							Open	45	33:00					
Gemma	Cooper	Open	92	30:02							- PO11		55.55					
Jessica	De Bruin	5 2011	J_	55.02	Open	25	38:45	Open	15	60:07	Open	22	30:39				16	1:29.20
Jocelyn	Keage	+			5 00.1		50.10	Open	24	62:23	Open	18	30:14	Open	22	16:36		1.20.20
Megan	Sloane	Open	53	26:56	Open	55	41:55	Open	33	65:13	Open	43	32:49		52	18:22		
Grace	Thek	Орсп	55	20.00	Орсп	55	71.00	U14	4	19:21	U14	2	14:46	Орсп	02	10.22		
Fiona	Turner	-			Open	46	41:35	Open	30	65:07	014		17.40					
Sarah	Walker	U18	9	13:13	Open	40	71.00	Open	30	03.07						+ +		
Caran	Walker	010		10.10														

	bee Cross Cour	ntry Relay		n Park Road Rela	ys	Club 5km Handicap	_ .	
Men	D	10.41	Men				Time	Handicap
	- Division 1 - 6 x			vision 1 - 6 x 6.2		1 Aaron Holmes	19:13	6:00
1	B Lynch	19:54	1	D Jimenez	20:53	2 Iain Reitman	17:12	8:30
2	P Boxshall	19:58	2	M Tierney	19:09	3 Michael Bourne	17:33	8:15
3	A Vincent	19:32	3	J Meagher	19:52	4 Chris Hamer	16:31	9:45
4	L Aspinall	20:55	4	B Lynch	20:34	5 David Ayers	18:08	8:15
5	K Dawes	20:18	5	C Bunney	22:04	6 Nick Bourke	18:16	8:20
6	G Olden	20:05	6	G Olden	20:34	7 Alex de Greenlaw	17:07	9:30
						8 Chris O'Connor	16:43	10:00
<u>Open</u>	- Division 4 - 5 x	6.1 km - 1st	<u>Open - Di</u>	vision 4 - 5 x 6.2	<u>km - 5th</u>	9 Jessica de Bruin	19:44	7:00
1	D Jimenez	20:26	1	J Keage	24:30	10 Wes Windsor	20:37	6:15
2	A Craigie	20:52	2	P Boxshall	20:52	11 Kate Beever	20:53	6:00
3	A Pepper	22:59	3	M Slater	24:07	12 David Jimenez	16:34	10:40
4	D Ayers	21:38	4	D Ayers	22:45	13 Andrew White	16:08	11:10
5	C O'Connor	20:53	5	A Pepper	23:56	14 Graeme Olden	16:25	10:55
						15 Catherine Allan	19:53	7:30
<u>U20 -</u>	3 x 6.1 km - 3rd		<u>U 20 - 3 x</u>	: 6.2 km - 1st		16 Matthew Slater	18:25	9:00
1	I Reitman	20:41	1	A White	20:31	17 Adam Tomlinson	22:13	5:15
2	M Bourne	21:57	2	I Reitman	21:56	18 Sarah Walker	22:15	5:15
3	A White	20:08	3	B MacNab	21:13	19 Adam Pepper	18:53	9:10
						20 Jocelyn Keage	19:14	9:00
U20 (2) - 3 x 6.1 km - [ONF	U 18 - 3 x	3.1 km - 5th		21 Joel Pocklington	20:32	8:00
1	K Craigie	22:09	1	N Bourke	11:04	22 Fiona Turner	21:48	6:45
2	G Craigie	22:29	2	R Arunasalam	10:29	23 Megan Sloane	21:10	7:30
	· ·		3	D Christou	10:13	24 Cameron Baker	22:23	6:30
Wom	en		Women			25 Kate Wall	24:10	5:30
Open	- Division 1 - 4 x	6.1 km - 7th	Open - Di	vision 1 - 4 x 6.2	km -DNF	26 Steven Hooker	23:14	7:00
1	J DeBruin	24:05	1	M Sloane	26:23:00	27 Juliet Claffey	24:14	6:00
2	J Keage	24:27				28 Cameron Sherry	23:31	8:00
3	K Beever	25:49				•		
4	M Sloane	25:24						

Open - Division 3 - 3 x 6.1 km - DNF

25:29

1 F Turner

	NATIONAL CHAMPIONSHIPS												
			Women				Men						
Georgina	Connell	Open	800m	2:09.30	heat	Marty	Duke	Open	400m	47.88	8th		
Veronica	Kirby	Open	High Jump	1.74m	7th	James	Filshie	Open	Pole Vault	4.75m	9th		
Jacinta	Lynn	Open	Pole Vault	3.80m	6th	Lane	Harrison	Open	100m	10.8	S/F		
Lauren	Burns	U23	Javelin	39.2	2nd	Steven	Hooker	Open	Pole Vault	5.50m	2nd		
Lauren	Burns	U23	Discus	40.98	2nd	Joel	Pocklington	Open	Pole Vault	4.90m	8th		
Vivienne	Lee	U23	400m H	66.48	3rd	Tim	Williams	Open	100m	10.53	5th		
Jennifer	Chan	U20	Pole Vault	3.30m	6th	Mohamad	Zeed	Open	110m H	14.47	2nd		
Veronica	Kirby	U20	High Jump	1.71m	3rd	Mohamad	Zeed	U23	110m H	14.28	2nd		
Georgia	White	U20	Pole Vault	3.30m	7th	Lachlin	Aspinall	U23	800m	01:56.5	9th		
Jacqui	Williams	U20	Pole Vault	3.30m	8th	Joshua	Ross	U20	100m	11.47	7th		
Veronica	Kirby	U18	High Jump	1.73m	1st	Joel	Pocklington	U20	Pole Vault	4.65m	1st		
							Buckley	U20	Discus	53.61m	1st		
						Theo	Oostveen	U20	110m H	15.19	5th		
						Joshua	Ross	U18	200m	22.36	1st		

VENUE FINAL

MEN Division 1 Division 2

U18

WOMEN Division 1

U18

U16

ASSOCIATION FINAL

MEN Division 1 1st 276.5 Division 2 2nd 175.5 U18 229.5 1st WOMEN Division 1 3rd 211 U18 4th 108 U16 3rd 141

INTERNATIONAL REPRESENTATIVES

Olympic Games - Athens

Steven Hooker Pole Vault 5.30m

World Junior Championships - Italy

Ronnie Buckley Discus 58.11m 7th

Commonwealth Youth Championships

Ronnie Buckley Discus 56.45m 1st Joel Pocklington Pole Vault 5.00m 1st

VICTORIAN CLUB CHAMPIONSHIPS

OPEN MEN	1st	302
OPEN WOMEN	1st	296
U18 WOMEN	1st	240

NATIONAL CLUB CHAMPIONSHIPS

MEN	1st	288
WOMEN	3rd	278

	VICTORIAN CHAMPIONSHIPS												
WOMEN				VIO 1		· • · · ·	10110	0					
Lauren	Burns	Open	Discus	39.56m	5th		Georgia	White	U20	Pole Vault	3.00m	4th	
Lauren	Burns	Open	Javelin	34.80m	5th		Jacqui	Williams	U20	Pole Vault	3.20m	3rd	
Simone	Carre	Open	100m H	16.07	2nd		Melanie	Adams	U18	Pole Vault	3.40m	2nd	
Simone	Carre	Open	Pole Vault	3.50m	4th		Melanie	Adams	U18	High Jump	1.69m	3rd	
Simone	Carre	Open	Long Jump	5.59m	5th		Breanna	Bartlett	U18	400m	58.16	4th	
Georgina	Connell	Open	800m	2:13.6	6th		Breanna	Bartlett	U18	400m H	65.05	4th	
Eliza	Eddy	Open	800m	2:19.6	9th		Jennifer	Chan	U18	Pole Vault	3.30m	3rd	
Veronica	Kirby	Open	High Jump	1.73m	3rd		Coreena	Cleland	U18	1500m	5:10.71	11th	
Jacinta	Lynn	Open	Pole Vault	3.85m	2nd		Morgan	Deane	U18	100m	13.06	4th	
Lauren	Burns	U23	Discus	40.71m	1st		Lavinia	Fernandez	U18	100m	13.53	heat	
Lauren	Burns	U23	Javelin	35.43m	1st		Veronica	Kirby	U18	High Jump	1.69m	3rd	
Vivian	Lee	U23	400m H	70.42	2nd		Sarah	Quinn	U18	400m H	69.38	8th	
Jacinta	Lynn	U23	Pole Vault	3.75	1st		Hayley	Tomlinson	U18	800m	2:19.0	2nd	
Kylie	Williams	U23	200m	27.78	4th		Hayley	Tomlinson	U18	1500m	4:45.0	3rd	
Kylie	Williams	U23	400m	61.81	4th		Katherine	Wall	U18	800m	2:29.75	10th	
Melanie	Adams	U20	100m H	16.25	2nd		Jacqui	Williams	U18	Pole Vault	3.40m	1st	
Melanie	Adams	U20	High Jump	1.66m	2nd		Harriet	Hodgkinson	U16	100m	13.98	heat	
Melanie	Adams	U20	Pole Vault	3.40m	2nd		Natalia	Kremenchuts	U16	Discus	28.88m	5th	
Sarah	Alexander	U20	5000m W	28:52.1	4th		Natalia	Kremenchuts	U16	Triple Jump	11.22m	1st	
Jennifer	Chan	U20	Pole Vault	3.40m	1st		Jessica	Morley	U16	800m	5:23.22	heat	
Morgan	Deane	U20	200m	26.24	6th		Grace	Thek	U16	3000m	10:30.5	1st	
Veronica	Kirby	U20	High Jump	1.69m	1st		Grace	Thek	U16	1500m	4:47.6	4th	
Veronica	Kirby	U20	Triple Jump	10.19m	3rd		Grace	Thek	U16	2000m S	7:15.28	3rd	
Hayley	Tomlinson	U20	1500m	4:43.3	1st								
MEN	1		1				1						
Lachlan	Aspinall	Open	800m	1:52.96	6th		Adrian	Vincent	U23	5000m	15:15.7	3rd	
Matthew	Coloe	Open	1500m	3:52.9	3rd		Andrew	White	U23	5000m	15:12.0	2nd	
Marty	Duke	Open	200m	21.72	1st		Mohamad	Zeed	U23	100m	11.11	2nd	
Marty	Duke	Open	400m	47.37	3rd		Mohamad	Zeed	U23	110m H	14.92	1st	
David	Featherston	Open	110m H	16.25	5th		Navin	Arunasalam	U20	800m	1:55.1	2nd	
David	Featherston	Open	400m H	55.39	2nd		Ronnie	Buckley	U20	Discus	57.74m	1st	
James	Filshie	Open	Polevault	4.80	2nd		Paul	Chiodo	U20	1500m	4:13.6	11th	

VICTORIAN CHAMPIONSHIPS													
MEN cont'c	l												
Lane	Harrison	Open	100m	10.94	2nd		Duayne	Christou	U20	3000m S	9:46.9	2nd	
Lane	Harrison	Open	200m	22.07	3rd		Alex	De Greenlaw	U20	800m	1:57.6	6th	
Greg	Heinrich	Open	High Jump	1.85m	4th		Alex	De Greenlaw	U20	1500m	4:09.6	8th	
Amila	Perera	Open	Javelin	41.42m	11th		Grant	Hodges	U20	Long Jump	6.80m	3rd	
Joel	Pocklington	Open	Polevault	5.00m	1st		Grant	Hodges	U20	Triple Jump	12.95m	2nd	
Corwin	Pusch	Open	400m	49.45	6th		Grant	Hodges	U20	100m	12.39	9th	
Adam	Rabone	Open	Triple Jump	14.25m	5th		lan	Reitman	U20	5000m	15:47.5	11th	
Liam	Rourke	Open	800m	1:54.00	9th		Navin	Arunasalam	U18	800m	1:59.49	7th	
Chris	Rutty	Open	Hammer	47.79m	3rd		Ruben	Arunasalam	U18	800m	1:59.77	8th	
Cameron	Sherry	Open	Polevault	4.20m	4th		Cameron	Bell	U18	100m	12.45	heat	
Marcus	Tierney	Open	1500m	3:54.1	5th		Cameron	Bell	U18	200m	25.40	heat	
Adrian	Vincent	Open	5000m	15:37.1	12th		Matthew	Coloe	U18	800m	1:56.15	2nd	
Tim	Williams	Open	100m	10.88	1st		Mishan	Dahia	U18	800m	2:06.15	heat	
Mohamad	Zeed	Open	110m H	14.57	1st		Stefan	Filonzi	U18	200m	24.41	heat	
Lachlan	Aspinall	U23	800m	1:51.26	1st		Sam	Gibson	U18	100m	12.75	heat	
Daniel	Clark	U23	1500m	3:59.3	3rd		Sam	Gibson	U18	400m	57.26	heat	
Allan	Craigie	U23	5000m	15:24.3	4th		Sam	Gibson	U18	Long Jump	5.82m	9th	
Chris	Nicoll	U23	200m	24.61	heat		Andrew	Hogan	U18	400m H	56.16	2nd	
Greg	Heinrich	U23	High Jump	1.85m	3rd		Andrew	Hogan	U18	High Jump	1.70m	4th	
John	Peavey	U23	High Jump	2.08m	1st		Steven	Kelly	U18	1500m	4:06.6	3rd	
Amila	Perera	U23	Javelin	48.89m	3rd		Patrick	Oughtred	U18	1500m	4:25.23	14th	
Corwin	Pusch	U23	400m	49.34	3rd		Dion	Pocklington	U18	Polevault	4.10m	1st	
Adam	Rabone	U23	Triple Jump	14.32m	2nd		Sam	Baines	U16	110m H	15.76	4th	
Sam	Sherma	U23	Long Jump	5.79m	2nd		Sam	Baines	U16	Polevault	2.80m	3rd	
Sam	Sherma	U23	Hammer	32.45m	2nd		Chris	Brock	U16	100m H	18.12	7th	
Sam	Sherma	U23	Javelin	40.70m	4th		James	Strauss	U16	1500m	4:31.46	5th	
Andrew	Hogan	U20	High Jump	1.85m	3rd		David	Ayers	40+	800m	2:04.5	4th	
Kristian	Lewis	U20	Javelin	52.78m	2nd		Phil	Coghill	40+	100m	12.49	5th	
Theo	Oostveen	U20	110m H	15.94	1st		John	Meagher	40+	3000m	8:50.0	1st	
Joel	Pocklington	U20	Polevault	3.80	1st		Colin	Pocklington	40+	100m	12.14	2nd	

VICTORIAN RELAY CHAMPIONSHIPS

		М	EN				WOMEN	
1st	4x100m A Rabone M Duke R Medford M Zeed	42.01 01:26.3	U18 4th	4x100m G Hodges S Filonzi S Gibson M Levey	45.33 01:36.3	OPEN 5th	4x100m V Lee S Carre K Williams L Tilley	55.25 01:51.6
1st	C Ferriera L Harrison R Medford M Duke		4th	D Goodwin G Hodges S Gibson S Filonzi		7th	S Quinn S Carre V Lee L Tilley	
OPEN 1st	R Medford L Aspinall D Featherston M Duke		U18 2nd	4x400m N Arunasalam R Arunasalam P Tongue D Goodwin	03:32.6	OPEN 4th	4x400m E Eddy K Williams V Lee G Connell	04:18.4
OPEN 2nd	4x800m T Heron B Lynch L Rourke L Aspinall	07:38.0	U18 1st	Ax800m N Arunasalam D Christou A McLean D Goodwin	08:08.4	OPEN 4th	Medley K Williams S Carre E Bird G Connell	04:23.2
OPEN 2nd	4x1500m B Lynch M Tierney G Craigie L Rourke	16:34.7	U16 1st	4x100m C Bell A Hogan P Oughtred J Ross	45.54	U18 3rd	4x100m V Kirby L Fernandez S Quinn B Bartlett	52.67
U20 1st	4x800 K Craigie D Clarke G Craigie A DeGreenlaw		U16 1st	4x200m C Bell A Hogan P Oughtred J Ross	01:34.8	U18 3rd	4x200m M Adams M Spillane J Chan M Deane	01:50.7
40+ 1st	4x100 C Pocklington D Cross D Ayers P Coghill	49.24	U16 1st	Ax800m A Hogan J Strauss M Dahia P Oughtred	08:41.9	U18 5th	Medley M Adams M Deane S Quinn G Thek	04:23.4

2004 - 2005 MEMBERS

Registered Males

- · ·					a.= =
Dominic	ALOISIO	David	FEATHERSTON	Simon	O'BRIEN
Murphy	AMBROSE	Chris	FERREIRA	Chris	O'CONNOR
Navin	ARUNASALAM	Stefan	FILONZI	Graeme	OLDEN
Ruben	ARUNASALAM	James	FILSHIE	Theodorus	OOSTVEEN
Lachlan	ASPINALL	Neville	GARDNER	Patrick	OUGHTRED
Tim	AUGHTON	Samuel	GIBSON	Chris	PARKINSON
David	AYERS	David	GOODWIN	John	PEAVEY
Sam	BAINES	John	GRAY	Adam	PEPPER
Cameron	BAKER	Andrew	HADDOW	Amila	PERERA
Robin	BARCLAY	Chris	HADLOW	Ben	POCKLINGTON
Andrew	BEATH	Lane	HARRISON	Colin	POCKLINGTON
Cameron	BELL	Trent	HARTSHORNE	Dion	POCKLINGTON
Nick	BOURKE	Samuel	HASSETT	Joel	POCKLINGTON
Michael	BOURNE	Greg	HEINRICH	Michael	POUPOUZAS
Paul	BOXSHALL	Tim	HERON	Corwin	PUSCH
David	BOYD	Grant	HODGES	Adam	RABONE
Christopher	BROCK	Andrew	HOGAN	Nathan	RAY
Simon	BROMLEY	Steven	HOOKER	lain	REITMAN
Ronnie	BUCKLEY	Darren	JACOTINE	Tim	RENOWDEN
Chris	BUNNEY	Eamon	JENKINS	Joshua	ROSS
Ben	CERINI	David	JIMENEZ	Liam	ROURKE
Tim	CHERRY	Patrick	KELLY	Chris	RUTTY
Paul	CHIODO	Stephen	KELLY	Michael	SAUNDERS
Duayne	CHRISTOU	Peter	KNOTT	Sam	SCHERMA
Phillip	COGHILL	Alexis	KOKKINOS	Cameron	SHERRY
Matthew	COLOE	Ryan	LEON	Matthew	SLATER
Don	COMMONS	Moses	LEVEY	James	STRAUSS
Alan	CRAIGIE	Yaron	LEVY	Harry	SUMMERS
Graham	CRAIGIE	Kristian	LEWIS	Jeremy	SUTCLIFFE
Kevin	CRAIGIE	Barry	LYNCH	Matthew	TAYLOR
David	CROSS	Ben	MaCNAB	Marcus	TIERNEY
Mishan	DAHIA	Travis	MARTIN	Patrick	TONGUE
Chris	DAVIES	Alistair	MCLEAN	Christopher	VERGOS
Kynan	DAWES	John	MEAGHER	Adrian .	VINCENT
Alex	DE GREENLAW	Rhett	MEDFORD	Andrew	WHITE
Alexander	DIORIETES	Leigh	MILLER	Andrew	WILCOX
Sam	DIPNALL	Ryan	MITCHELL	Timothy	WILLIAMS
Marty	DUKE	Cameron	MORRIS	Imran	ZEED
Paul	DUNSTAN	Chris	NICOLL	Mohamad	ZEED
Simon	EVANS	Brett	NUSKE		_
Jack	FARMER	Brendan	O'BRIEN		
Judik	. ,	D. Silidali	O D. (ILI)		

Degistered For	malaa				
Registered Fer Melanie	ADAMS	Lavina	FERNANDEZ	Luov	PATERSON
Sarah	ALEXANDER	Dawn	HARTIGAN	Lucy Sarah	QUINN
Suzanne	ANDREWS	Sarah	HEWITT	Nicole	SANSONETTI
Breanna	BARTLETT	Gina	HICKS		SLOANE
				Megan	
Katharine Elisabeth	BEEVER BIRD	Harriet	HODGKINSON	Mary	SPILLANE STEWART
		Temmety	JACOBS	Sarah	
Lauren	BURNS	Rachel	JOHNSON	Kellie	STOCKER
Sarah	CANT	Jocelyn	KEAGE	Grace	THEK
Simone	CARRE	Veronica	KIRBY	Leana	TILLEY
Jennifer	CHAN	Natalie	KREMENCHUTSKAYA	Hayley	TOMLINSON
Katherine	CHAN	Sian	LACY	Fiona	TURNER
Coreena	CLELAND	Ashlea	LAWRY	Sarah	WALKER
Felicity	COLEMAN	Vivienne	LEE	Katherine	WALL
Georgina	CONNELL	Joanne	LEECH	Hannah	WALLACE
Gemma	COOPER	Jacinta	LYNN	Ashleigh	WARD
Rachael	DACY	Hayley	MALT	Elissa	WARD
Jessica	DE BRUIN	Ellie	MCARTHUR	Georgia	WHITE
Morgan	DEANE	Sophie	MCRAE	Jacqui	WILLIAMS
Rosanna	DITTON	Melinda	MISSEN	Kylie	WILLIAMS
Anna	DRUTSCHININ	Jessica	MORLEY		
Eliza	EDDY	Alicia	NEYLAN		
Officials					
Coral	BARRETT	Joan	HINES	Angela	ROBBIE
Rowan	HARRISON	Julie	MILNER	J	
Coaches					
Tony	BENSON	Efim	SHURAVETSKY	Bert	TILLEY
Ross	FILSHIE	Julian	SHURAVETSKY	Larisa	TOURCHISKAYA
Bill	O'CONNOR	Mark	STEWART		
Social Member	re				
Cociai Mellibei					

PARKINSON

STOCKER

SUTCLIFFE

COMMONS

LIVINGSTON

JOYCE

Don

Cameron

Stewart

Chris

Kellie

Jeremy

Anthony

TRENKNER