

Annual Report 2008/2009



OFFICE BEARERS

PRESIDENT VICE PRESIDENT SECRETARY TREASURER

COMMITTEE MEMBERS

Colin Organ Vacant

Barbara Johnson Angela Robbie Adam Pepper Chris O'Connor Tony Marsh Graeme Olden Sam Scherma Barry Whittle

COORDINATOR OF LIFE MEMBERS

AUDITOR
REGISTRAR
VENUE DELEGATE
AV DELEGATES

Allan Barlow OAM
Janet Collyer
Vivienne Lee
Rob Falkenberg
Graeme Olden
Julie Milner
Colin Organ
Chris O'Connor

CLUB NEWS EDITOR

Vacant

TRACK CAPTAINS

Rhett Medford Kate Ackland

TEAM MANAGERS

Cathy Tilley Chris O'Connor Rob Falkenberg David Boyd Elissa Ward

Presented at the Annual General Meeting of the Box Hill Athletic Club Incorporated, conducted at Hagenauer's Reserve, Barwon Street Box Hill on 8 July, 2009

Cover Page Photo: Steve Hooker clears the winning height at the Beijing Olympic Games to become the first Australian male athletics field event gold medallist since 1956. Steve was a club member of Box Hill Athletic Club from 1997-2006 and was coached by club coach and life member Mark Stewart.

LIFE MEMBERS

Year	Name	Year	Name
1960	M Fraser +	1983	P Mann +
1963	G B Stringer +		A O Gusbeth
1964	R Barlow +		A B Stewart
	H Logan +	1984	H J Summers
	B Thorpe		S F Tutchener
1965	A E Barlow +		D Mann
	JDLeach +		l Mann +
1966	R P Lees	1987	J Hamilton +
	WMLeach +		D Filling
	J Grigg	1988	K Armstrong
	P Monahan		V Armstrong
1967	M Carroll		FT Cron +
1968	T C Kelly		G Crouch
	R J Hansen		S Livingston
	N R Twitt		M Wall
	G Dell	1989	l Jones
1969	J Pekin	1990	M Fielding
1971	W Collins		J Towers
	A J Fraser	1991	L Armstrong
1972	R E Beal		T Collie
	R W Ramadge +		B Lewry
1973	D A Barlow		C O'Connor
	G J Duthie		l Sloane
	R W Haywood	1992	R Harrison
	J D Ramadge		T Lucas
	K T Routley		S Miller
1975	N H Gardner		M Stewart
1977	A G Chambers	1993	D Cross
	S J Fraser +		R Falkenberg
	B J Layh		G Ford
	W J Leach	1994	J Collyer
1979	J Hines		A Cross
	D Cook+		R Fraser+
1982	M A Blundy	1997	G Olden
	D J Bourne	2003	J Milner
	F E Fell	2005	A Robbie
	V J Fox	2006	A Pepper
	P T Grant	2008	J. Meagher

+ Deceased

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Victorious women's Australian Club Champion team



Combined Team Australian Club Championships Adelaide



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Srategic Plan Performance

Category & Measure	200	8/09
	Target	Actual
Membership/Social		
Registered Members	250	179
Retention Rate	80%	62%
Coaching		
Number of Club Coaches	All events	All events
Coverage across all events	Yes	Yes
Competition	,	_
Host Athletics Victoria Competition National Club Championship	6 1	5 1
International Representatives	1	- -
Successful Team Performance – Shield Division I	i	1
Successful Team Performance – Shield & Other(Venue)	6	5
Facilities		
Fit-Out of Upstairs section of clubrooms	Yes	No
Administration		
New Club Office bearers	3	1
Active and Strong Committee	10	9
Financial		
Maximise Ground Hire Income	\$30,000	\$21,249
Facility Enhancement plan (annual capex & maintenance)	Yes	Yes
Maintain and enhance fundraising income	\$10,000	\$10,221

Club Silver Sponsor

Ashwood Bamboo Blinds & Security Doors

PRESIDENT'S REPORT

The year past has been one which many club members will long remember for the incomparable achievement at the Beijing Olympics of former club member Steve Hooker as he scaled the pinnacle of athletics in winning the Men's pole vault gold medal in an Olympic record height of 5.96m. In a competition filled with incredible suspense, a succession of third vault clearances, Steve maintained a composure and focus that earned him such a high accolade. Those that have shared Steve's journey from promising junior athlete to Olympic champion, will know of the many frustrations along the way and recognise that this achievement was not an overnight success, but as the result of more than a decade of dedicated toil.

Any mention of Steve's achievements would be incomplete without mentioning the coaching guidance of Mark Stewart who developed his talent as a junior athlete through to his 2006 Melbourne Commonwealth Games success. Mark has a pre-eminent record of developing pole vaulters from introduction to the sport through to elite level as evidenced through world records, Commonwealth Games medallists, National and State champions and numerous Australian and Victorian records. We are fortunate to have Mark as a coach and life member of our club.

On local soil at the Australian Club Championships in Adelaide the women's teams succeeded in defending the title secured last year at Hobart to make back to back success. The men's team also performed admirably to finish in the silver medal place behind the strong University of Technology Sydney team. Our club continues to aspire to perform highly in this event as we recognise it as the highest level of club based competition in Australia and a great builder of club spirit.

In Shield competition we enjoyed continued success with Box Hill again winning the men's Division one competition to make it the eighth year in a row that Box Hill has been the premier club in the leading men's competition in Victoria. In addition to this we also achieved success in the U18 Men's competition which was made up of many athletes from our previous years successful U16 team and augurs well for the future of our senior teams.

With some of the most horrendous weather conditions experienced in a Melbourne summer in recent history, the Eastern Region Finals were cancelled which led to the top two teams in each division proceeding to the AV Shield Finals.

Many thanks to the summer competition team managers Rob Falkenberg, David Boyd, Cathy Tilley and Elissa Ward for their assistance and encouragement of the athletes throughout the year, which is a large part of the reason why our teams continue to enjoy success.

At the Australian championships Blake Lucas became the youngest Australian champion in the pole vault at 18 years of age, Joel Pocklington again received a medal and there were notable performances from both Melanie Adams in the Womens pole vault and Daniel Clark in the Mens 1500m.

There were numerous athletes who achieved success in the Victorian Champs winning eight state championships and numerous other medals and a host of PB's and outstanding individual performances.

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The State champions were:

Men 5000 metres Open	Women 100 metres Hurdles Under 20
Dinneen, Stephen 14:25.14	Aughton, Bridget 15.19
Men 110 metres Hurdles Open	Women 400 metres Hurdles Under 20
Zeed, Mohamad 15.08	Aughton, Bridget 62.35
Men Pole Vault Open	Women Pole Vault Under 20
1st Pocklington, Joel 5.00m	Pocklington, Alex 3.60m
Women Pole Vault Open	Women Triple Jump Under 20
Ditton, Rosanna 3.90m	Marchant, Rebecca 12.00m

Dora Spathis also defended her Victorian multi event title in the Heptathlon. We hosted the Victorian Masters Championship here at Box Hill and club members collected a total 16 first place results over a range of events and age groups.

As we write Joel Pocklington and Blake Lucas have departed on an international trip to represent Australia in the pole vault in the World University Games in Serbia in July. Blake has broken Steve Hooker's Victorian U20 record during the season culminating with a World Championships B qualifier of 5.55m at the rare air event at Melb Uni. Joel finished 3rd with a height of 5.22m in the Chinese Taipei International Pole Vault Championship in Taiwan despite injuring his ankle on his first attempt!

We broke a long standing drought in Winter competition by achieving success in the Open Men's Division 1 a title which had eluded the club for many years. The depth of improvement also showed with a Division 3 and Under 20 Premierships. Congratulations go all team members and in particular to the winter competition committee of Graeme Olden, Chris O'Connor, lan and Megan Sloane who were instrumental in this success.

Our club captains Kate Ackland and Rhett Medford showed leadership both on and off the track over the past season and were a fine example to younger athletes. Kate led the womens team in their National Club championship defence and Rhett continued to post fast times on the track.

Over the year we gained the benefit of our redeveloped track with a 10 lane front straight and dual long and triple jump runways. On the 11th October last year the Mayor of City of Whitehorse, Councillor John Koutras officially opened the redeveloped track. We have all memorised his statement of funding air conditioning in our clubrooms if re-elected and with his electoral success, we intend to remind Council at every opportunity on following through!

Shortly prior to writing this report we witnessed the end of an era with the driving force of the club for many decades Allan Barlow OAM passing away at the age of 96. Allan leaves us with a rich legacy of athletic achievement and a reminder about never accepting complacency in our endeavours. Later in our report we have included an obituary on Allan and his achievements with the club and I thank the club members who completed this memoir of his life in athletics. Our thoughts are with the Barlow family at this time.

The annual Trivia Night was again a great success with about 200 people attending and helping to raise close to \$5,000. Many thanks to Leana Joyce and her team of enthusiastic volunteers who assisted in making this night such a great success.

In March we hosted an evening with Steve Hooker, attended by 120 people, who gained an incredible insight into Steve's experience at Beijing. Many thanks to Mark Stewart and the Whitehorse pole vault club for their work in making it such a successful evening.

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Our registration numbers dropped slightly over the past year to 179 competing athletes down from 191 in the previous year and we hope to improve both our recruitment and retention of members for the coming year.

Any club is only ever as strong as the individuals who selflessly take on volunteer roles to ensure that things get done when they need to and it is fortunate for club members that we have such a dedicated group.

Angela Robbie continued to ensure the sound financial management of the club as Treasurer and provided back-up support to the club registrar position. This year we contributed \$111k to the track redevelopment to enable the funding of the significant facility enhancements.

Graeme Olden was no less influential in achieving great progress for the club, liaising regularly with the City Of Whitehorse and doing a bit of 'everything' to ensure things ran smoothly around the club.

Chris O'Connor continued the regular communications his e-mail bulletins keeping club members informed and continued to confound us with his challenging trivia questions! Barry Whittle ran the Barlow Foundation and collected valuable donations for the club. Sam Scherma helped with social events and provided a field event athletes perspective for committee decisions. Barbara Johnson stepped into the role of Secretary keeping minutes of our meetings and assisted with catering for numerous events during the year. Tony Marsh continued the role of Ground Manager in helping to build our relationship with schools and other ground users. Adam Pepper during his unfortunate absence from work last year proved a valuable resource for the club in organising chocolate drives and successfully winning several significant grants to enhance our facility and equipment. Vivienne Lee on her return from her travels continued to perform the role of Registrar efficiently enabling all our athletes to compete and Joan Hines never tires in her role of managing the venue committee and ensuring the efficient conduct of competition, seamlessly guiding officials that unfortunately are often too few and taken for granted by some competitors.

The Club has again had a successful year financially, being able to make significant contributions to facility enhancements through securing finance before the worst of the current economic conditions were upon us. We will continue to pay down our loan as promptly as possible to again strengthen our financial position.

As always, the most important words I can say to all involved at the club during the past year is thank you.

Colin Organ Club President

Club Bronze Sponsor



Blackburn South

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Allan Barlow OAM 12 December 1912 - 1 June 2009

It is with deep regret that Box Hill Athletic Club notes the passing of its inspirational coach and leader, Allan Barlow. Allan Barlow was an outstanding coach and the mainstay of the rise and success of Box Hill Athletic Club in the 1960s, 1970s and 1980's. Allan maintained his interest and involvement in the club well into the 1990's when he retired from active coaching in 1994. The success that the Box Hill Athletic Club continues to enjoy is built on the foundation of achievements for which he was responsible over so many years.

Allan's contribution to the Box Hill Athletic Club augmented that made by the late Reg Barlow, his brother. Together they made a formidable team and partnership and made a great impression on Australian Athletics. Box Hill had an unrivalled period of success between 1964 and 1980 when the club swept all opposition away in recording A Grade Premierships for 17 consecutive years.

The Box Hill Athletic Club was formed in 1932 and through the efforts of some very committed members was able to survive the difficult years of the great depression and 2nd World War. It was not long after the 2nd World War that the older Barlow, Reg, joined the club. Box Hill's progression was slow but sure, rising from D-Grade in 1946 to A-Grade in 1951.

Allan Barlow arrived at Box Hill in 1958. To quote the club's publication 'A Decade of Achievement':

"Allan hit the club like a tropical tornado – adding new drive and energy in administration and coaching. To Allan, being second best is nowhere near good enough and he raised the hackles of many a conservative with his refusal to abide by negative thinking. He was often bodily removed from the Town Hall where he insisted on presenting his case for better facilities."

The Barlow recruiting campaign in the local schools paid large dividends - for the enormous injection of talent into the club later blossomed in 1964 to record the first of the clubs 17 consecutive A-Grade premierships. The club went on to win another 7 premierships before Allan's retirement.

Allan coached many elite athletes. His combination of Olympic, Commonwealth Games, World Championships, World Cup, Pacific Conference Games and World Cross Country representatives (see list below) combined with National and State champions would place him as the most successful athletics coach Australia has had. The honour boards at Box Hill tell the tale of how successful he was. One of his most distinguished moments came in 1976 when five Box Hill athletes were selected in the Olympic team, and he was chosen as an Australian Olympic coach, an honour he richly deserved.

Allan was a perfectionist and his painstaking care resulted in the remarkable improvement of so many athletes. He was just as generous with his time and knowledge with the average interclub athlete as he was with an Olympian. Under Allan's guidance, ordinary athletes performed way above the norm for the grade that they competed in. It was quite customary to see a Barlow athlete running a two minute 800m performance as low as D-Grade, such was the club's depth.

The success of the Box Hill Athletic Club was not just reserved for the A-Grade team. During Allan's reign, the club invariably won all the lower and junior grades as well. To achieve this, Allan needed to be able to reach down to all levels. He did this with amazing success. Many of these

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athletes have to this day continued to stay in the sport in coaching and administrative roles in the club.

Since his retirement from the sport, Allan's appearance at an athletics meet or function would always create a flurry of activity. At the club's 70th Anniversary dinner in 2002, the depth of feeling towards him was amazing to see. Two hundred plus attendees mobbed him when he arrived and a succession of former athletes he had helped, guided and influenced made their way to his table to reminisce and to tell him about what they had done after finishing at the Box Hill Athletic Club.

Allan Barlow was awarded the Medal of the Order of Australia in 1987 in recognition of his services to athletics.

Allan Barlow was a very determined person who had a major positive influence on the lives of many young people and who encouraged them to do their best. He encouraged a great sense of pride in personal and club achievement and was largely responsible for the incredible success of the club for which he did so much. He was a great man who will live on in the hearts and lives of the Box Hill Athletic Club members for as long as the club survives.

Allan passed away on June 1, 2009, aged 96.

Vale Allan Barlow.

Australia

Year	Championship	Athlete
1991	World Championships	Leigh Miller
1990	Commonwealth Games	Leigh Miller
1990	Commonwealth Games	Michael Morgan
1990	Commonwealth Games	Robert Stone
1990	Commonwealth Games	Matthew Sweeney
1989	World Cup	Leigh Miller
1989	World Cup	Matthew Sweeney
1989	World Student Games	Matthew Sweeney
1988	Olympic Games	Leigh Miller
1988	Olympic Games	Robert Stone
1986	Commonwealth Games	Vladimir Slavnic
1986	Commonwealth Games	Robert Stone
1985	World Walking Championships	William Dyer
1985	Pacific Conference Games	Robert Stone
1983	World Walking Championships	William Dyer
1982	Commonwealth Games	Sanitesi Latu (Tonga)
1981	World Walking Championships	William Dyer
1981	World Cross-Country	Steve Austin
1981	World Cross-Country	Tim O'Shaughnessy
1981	World Cup	Steve Austin
1981	World Cup	Peter Larkins
1980	Olympic Games	Steve Austin
1980	Olympic Games	William Scott
1979	World Cross-Country	Steve Austin
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1979	World Cross-Country	William Scott
1978	Commonwealth Games	Chris Commons
1978	Commonwealth Games	C. Considine
1978	Commonwealth Games	Manfred Rohkamper
1977	Pacific Conference Games	Chris Commons
1977	Pacific Conference Games	Don Commons
1977	Pacific Conference Games	Graham Crouch
1977	World Cup	Don Commons
1977	World Student Games	Don Commons
1976	Olympic Games	Chris Commons
1976	Olympic Games	Graham Crouch
1976	Olympic Games	Peter Grant
1976	Olympic Games	Ross Haywood
1976	Olympic Games	Peter Larkins
1976	Olympic Games	Allan Barlow - Coach
1975	World Cross-Country	John Axsentieff
1975	World Cross-Country	Bruce Jones
1975	World Cross-Country	William Scott
1974	Commonwealth Games	Sanitesi Latu (Tonga)
1974	Commonwealth Games	Graham Crouch
1974	Commonwealth Games	Graham Haskell
1974	Commonwealth Games	Ross Haywood
1974	Commonwealth Games	Don Commons
1974	Commonwealth Games	Allan Barlow - Coach
1973	Pacific Conference Games	Graham Crouch
1973	Pacific Conference Games	Brendan Layh
1972	Olympic Games	Anthony Benson
1970	Commonwealth Games	Phil King
1969	Pacific Conference Games	Anthony Benson
1969	Pacific Conference Games	Graham Crouch
1969	Pacific Conference Games	Phil King
1968	Olympic Games	P.J. Boyce
1967	World Student Games	Phil King
1966	Commonwealth Games	Gary Eddy
1964	Olympic Games	Gary Eddy
1964	Olympic Games	Warwick Selvey
1962	Commonwealth Games	Warwick Selvey
1962	Commonwealth Games	B.D. Williams
1960	Olympic Games	Warwick Selvey

Club Bronze Sponsor Melbourne Foot Clinic Corner of Mont Albert Rd and Lorne Parade in Mont Albert

10% discount on consultation fees to Box Hill Athletic Club members

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TREASURER'S REPORT

Unfortunately the net surplus for the financial year is a minus result. After building up a surplus of funds last financial year the Club had to once again make a large payment, namely \$111,650.00 to the City of Whitehorse being the Club's compulsory contribution to the resurfacing of the track, widening of the front straight and extension/widening of the long and triple jump pits. A loan of \$100,000.00 was taken out with the Commonwealth Bank to assist with this payment.

Whilst the deficit of approximately \$88,000.00 does not look good the actual profit before capital works expenditure was approximately \$23,300.00. With the purchase of a new high jump mat, timing cable to the infield and the first payment on the new pole vault covers being made there was a large expenditure on equipment. It is also pleasing to note that whilst a lot of interest is being paid on the loan there has also been approximately \$17,000.00 repaid off the principal over a period of eight months.

Membership payments increased slightly however it is important that all efforts are made to recruit new members to the Club each year. The ground hire income was reduced but this was due to the fact that a couple of large ground hire payments were not received prior to the end of the financial year.

Many donations were made direct to the Club or through the Barlow Fund and I thank all members who contributed in this way.

Approximately \$10,100.00 was raised through fundraising activities which included the Trivia Night, Steve Hooker night and selling of chocolates. All of the fund raising activities were a huge success with the funds raised at the Steve Hooker night being sufficient to cover half of the cost of the new pole vault covers and fencing. Thanks to all members who chipped in and helped with fundraising activities.

The Club this season has again been run by a small Committee. I would like to thank Colin, Barbara, Graeme and all members of the Committee for their support and hard work during the season. It is necessary for each committee member to take on a specific role and to recruit more committee members so that the workload can be distributed evenly.

Angela Robbie Treasurer

TEAM MANAGER REPORTS

<u>Women</u>

The highlight for the women's team in the 2008-2009 season was the return success at the Australian club championships at Adelaide on Sunday 5 April 2009. Box Hill won by just 12 points, 296 to 284 over the team from UTS Northern Suburbs from Sydney. This was a terrific team effort with few first placings but many 2nds and 3rds and good performances across the range of events.

In particular, there were great performances from Rebecca Marchant and Anna Carrig to win both heats of the triple jump, Melanie Adams and Rebecca Marchant to win both heats of the high jump and Olivia Turnbull to win her heat of the 800 m. Congratulations to the following team on this impressive performance: Rebecca Marchant, Anna Carrig, Holly Baxter, Bronwyn Sudholz, Kate Ackland, Olivia Turnbull, Angela Phillips, Catherine McCowan, Rachel Johnson, Amy Carrig, Melanie Adams, Chelsea Dyer and Vivienne Lee.

Our shield teams continue to perform well and we encourage members to compete regularly to ensure we have depth in our teams. At the shield finals at Meadowglen our teams performed well, despite a number of athletes being unavailable. Our Division 1 womens team held the lead half way through the program but then faded to finish fourth. The under 18 girls also performed well to finish a close third in their division.

We encourage all women's team members to register again for the coming season, so we can build our teams and where possible provide or find assistance in meeting our ongoing need for officials so our team's performances are eligible for Athletics Victoria competitions.

Women's Team Management

Men's Shield report

The 2008/2009 Shield season started with controversy before the very first round was held. It was announced that no senior National qualifying times would be accepted from this years Shield competition yet juniors times would. Even though this directive came down from AA, I found it extremely disappointing that AV did not put up a better case on behalf of its paying senior athletes. It appeared that in the previous season some events from the others venues were not conducted in a legitimized manner that is required to satisfy AA and IAAF rules. So it was deemed that we all should suffer. I found this quite ludicrous as our competition has many mixed races and field events where juniors and seniors compete together. So despite having the same starter, same timekeepers, same recorders and same event conditions, one person's results would be acceptable and another's not. So after a lot of complaints and pressure we were then allocated four rounds plus the finals where senior results would be accepted. To me this was also farcical. How would anyone know if the rounds allocated would have the right officials or events or conditions that would be suitable and what about the gun athletes from clubs that don't have a finals team. They just miss out? It appears that AV is hell bent on turning this once proud and highly recognised competition into a "fun" competition. This is evidenced by their responses to me that based on the survey results from the previous season most athletes are looking for enjoyment in their competition and not necessarily elite performance. Well a survey is only as good as the questions in it. Sure this sentiment would come out because the biggest numbers in the sport are not of National qualifying level but this does not mean that the better athletes should be forced into a different competition and not compete for their club.

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The clubs require a healthy and meaningful competition so as they can be justified in going to Councils for funding. Let's face it, it's not AV money that keeps our grounds running. If it wasn't for the clubs providing the grounds and facilities then AV wouldn't have a sport to administer. AV should have stepped in and taken ownership of the problems experienced at the other competitions and sorted out those particular events.

Ok, off my soapbox.

For the first time in my years at Box Hill we saw the venue final abandoned due to extreme days of heat. The venue premierships were therefore awarded to the top of the ladder teams, a pity, because we would have had a good shot at trying to win the Division 2 competition as well. This is evidenced by the second team in the grade, Old Melburnians, not being able to field a team in the Shield final due to the eligibility rules of the season. One of their members told me that they decided to boycott the Shield final in protest at these rules. Talk about spit the dummy. What's that line about "No guts no glory". If you don't agree with these rules then show a stronger voice earlier. Don't just walk away at the end because it's not going your way. Their predicament came down to bad management. We all had to deal with the same rules and they weren't even competing in the top division.

The Box Hill men again triumphed in Division 1 and I am proud to be involved with a team of quality athletes that on the whole, produce many top line performances weekly that keeps us where we are.

Enormous credit goes to all the competitors that contributed throughout the year which led to our finals success. The following athletes played a significant role in Box Hill staying number one in the Men's competition.

Navin Arunasalam, David Ayers, Cameron Baker, Paul Boxshall, Bouchaib Chefnaoui, Russell Clowes, Matthew Coloe, David Cross, Stephen Dinneen, Sam Dipnall, William Dyer, Simon Evans, David Featherston, James Filshie, Neville Gardner, Craig Graham, Steven Griffin, Andrew Haddow, Trent Hartshorne, David Jimenez, Stephen Kelly, Peter Knott, Blake Lucus, Barry Lynch, Rhett Medford, John Morris, Cameron Morris, Andrew Nagle, Brett Nuske, Christopher O'connor, Graeme Olden, John Peavey, Adam Pepper, Colin Pocklington, Joel Pocklington, Joshua Ross, Sam Scherma, Cameron Sherry, Jesse Spry, David Stevens, Harry Summers, Otmane Tirhazouine, Andrew Tunne, Antony Van Eeten, Andrew White, Andrew Wilcox, Hiu Yeung Wong, Imran Zeed and Mohamad Zeed

I hope to see all of the above athletes and more next season and we will see if we can add the Division 2 and 3 premierships to our leading Division 1 team.

We will be faced with some challenges next season, especially in the field events. Sam Scherma has moved to Canberra and his excellent performances in the field will be sorely missed. Still, I hope this creates new opportunities for someone else to step up. We should all look forward to 2009/2010.

Rob Falkenberg Summer Season 2008/2009

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Junior Men

During the 2008/09 season, Box Hill fielded Junior Men's teams in the Under 16 and Under 18 competitions.

The core of the Under 18 team was made up of Athletes from the 2007/2008 premiership winning Under 16 team. These athletes proved to be also very strong at Under 18 level, leading the competition for most of the season and finishing on top of the ladder by a margin of seven points. A fast finishing Diamond Valley team was expected to be our main rival for the venue final, however extreme heat conditions meant the venue final had to be cancelled resulting in Box Hill, as ladder leader, progressing to the Shield Final.

New qualifying rules in the 2008/2009 season dictated that, to be eligible to compete in finals, athletes must have recorded performances in an event at least 50% of the time that the event was held. This meant some effort was required over the last few rounds of competition to get athletes qualified to compete in finals. The result was Box Hill was able to field a strong team for the Under 18 Shield final, with representation in all events with the notable exceptions of the Walk and Hammer throw. Over the course of the Shield final competition team scores were extremely close between Box Hill U18s, Diamond Valley U18s and Preston U18s. Going into the last event of the day (the 400 meters) Box Hill was holding a lead of just a few points over Diamond Valley. When the final scores were published, Box Hill had won the under 18 premiership by a margin of 33 points, with some late results and disqualifications going in our favour.

In contrast to the Under 18s, the Under 16s were down on numbers this year, partially as a result of the large number of athletes that moved up to under 18 level. However strong performances by those athletes in the team saw the Under 16s placed in around 4th position for most of the season and a strong chance to compete in finals. Unfortunately the team fell away in the last few rounds and finished the season in fifth position, missing out on the opportunity to compete in finals and defend the previous year's premiership.

Next year I would expect the Under 18 team to remain strong, with the majority of this years premiership team remaining available to continue to compete at Under 18 level. In the Under 16s, only a handful of athletes will be moving up to Under 18s, so I look forward to the injection of some new athletes to bolster the team, hopefully to see finals competition again.

Thanks to the following athletes for the efforts they put in during the year-Under 16:

Andrew Coughlin, Benjamin Porteous, Brodie Cross, Dom Tyson, Dylan Leardi, Jonathan Tree, Joshua Parkinson, Kenneth Wu, Kyle Martin-Alcaide, Mitchell Dyer, Sam Collins

Under 18:

Andrew Miller, Anthony Aloisio, Braeden Cross, Callum Farrell, Christopher Brock, Daniel Balassone, Danny Schneider, Jack Hill, Jackson Dyer, James Snibson, Kevin Wu, Lachlan McMillan, Marcus Johnson, Michael Dowel, Mitchell Milnes, Nicholas Baggott, Tim Papas, Tom Cornelius, William Potter

David Boyd Junior Team Manager

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2008 WINTER SEASON: A TRIUMPH FOR BOX HILL

The 2008 winter road and cross country season was the most successful in the history of the club. Box Hill won the Men's Division 1, Division 3 and Under 20 premierships

Men's Division 1

Box Hill won the men's Division 1 premiership for the first time since the road and cross country premierships were combined, back in the 1980s.

Steve Dineen, Chris Hamer, Andrew White, Matt Cole, Steve Kelly and Daniel Clark were the mainstays of our Division 1 team. They all performed well throughout the winter season and should be congratulated on their consistent efforts. Barry Lynch, John Meagher, Bouchaib Chefnaoui, Adrian Vincent, Steve Griffin, Navin Arunasalam and Luke Yeatman all stepped up into the Division 1 and some stage throughout the season and we would not have won this premiership without the depth of good class runners that was on show for the club this year. Chris Hamer, Steve Dineen and Andrew White also finished 6th, 9th and 18th in the national cross country championships to win the national club team title.

Team Results:

Jells Park Cross Country Relays: 2nd Lardner Park 8k Cross Country: 1st Sandown 10k Road Race: 1st LaTrobe Uni 15k Road Race: 1st

Coliban Relay: 2nd

Geelong 16k Cross Country: 1st Bundoora 12k Cross Country: 1st

Sandown Relays: 1st

Burnley Half-Marathon: 4th

Tan Relays: 2nd

Individual Medals:

8k Cross Country: Chris Hamer, Silver Steve Dineen, Bronze

16k Cross Country: Chris Hamer, Silver

Half-marathon: Andrew White, Silver

Lower Divisions

The club's second team also performed very well and won the men's Division 3 premiership and so has been promoted to Division 2 for 2009.

Our third team finished 4th in Division 5.

Women

Due to the unavailability of many of our best runners, our women's team struggled in some events, but still finished in a creditable 6th place on the ladder.

The highlight of the season was a brilliant win in the state half marathon championship in 1:14:38 by Nikki Chapple. Nikki combined with Rachel Johnson and Talitha Crawford to take 3rd placing in the teams race.

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Juniors

Many of our junior athletes were unavailable due to school commitments, but Mark Poli, Josh De Stefanis and Stuart Watson combined to win the men's Under 20 championships.

Thanks

There is a great deal of organization necessary to organise winter teams, especially the four relay events. Special thanks to all those who helped as officials, timekeepers, supporters and organisers, especially Ian Sloane, Megan Sloane, Graeme Olden and Julie Milner.

Chris O'Connor Winter Team Manager

		W	WARRAGUL	7	SA	Õ	N		LATROBE	3 5	GE	GEELONG	g	BUI	BUNDOORA	RA	BURNLE	BURNLEY HALF
		OPEN 8km		Div	10km	á	OPEN Div 1-1st		OPEN 15km	E E	O P	OPEN 16km	E :	D - 1	OPEN IZKIII Div 1 -1st Div 3	Siv 3 -	21.1	21.1 km
		5 - 8th 40+	40+1s	- ISLU20 1st U20	Div 3-	Div 3-1st Div 5-1st Div 7-4th 1120-1st	5-1st 0-1st	Div. 1	Div. 1 -1st Div. 3 1st Div 5 - 4th	Jiv. 3 -	1st Už	1st U20 6km - 1st	- 1st -	1st D	1st Div 5 - 1st Div 7 - 2nd 40+ 1st	st Div	Div 1	Div 1 -4th Div 3 - 9th
		4km	4km U16 3km	3km	U18 6	U18 6km U14 U16	4 U16	U20	U20 5km - 1st	1st	Π	U18 8km	_	, U20	U20 8km 2nd	2nd	40+	40+ 4th
		Age			Age			Age			Age		,	Age				
		Group	Place	Time	Group	Group Place Time		Group Place Time	Place .	Time	Group Place	Place .	Time (Group Place Time	Place	Time	Place	Time
David	Ayers													Open	186	48.12		
Paul	Boxshall	Open	45	27.58	Open	79	33.39						•	Open	48	41.09	180	90.47
Scott	Boxshall				Open	317	41.28							Open	231	50.31		
David	Boyd				Open	402	53.13											
Bouchaib	Chefnaoui													Open	13	38.34		
Matthew	Coloe	Open	22	26.46				Open	10	48.22			•	Open	27	39.34	133	85.29
Daniel	Clark	Open	10	25.57	Open	=	30.36				Open	20	54.37	Open	17	38.53		
Joshua	De Stefanis	U20		13.44	U20	2	33.01	U20	. 9	16.15	U20	15	21.14	U20	10	28.17		
Stephen	Dinneen	Open	က	25.25	Open	9	29.58	Open	4	47.01	Open	4	51.41	Open	8	37.43		
Michael	Dowell				U18	-	34.29	U18	. 2	16.43								
Mitchell	Dyer				U14	4	10.49											
William	Dyer				Open	244	38.36	Open	193 (60.24							155	87.38
Steve	Griffin	Open	124		Open	116		Open	92	53.57	Open	92 (61.12	Open	121	45.19	22	77.48
Chris	Hamer	Open		24.53	Open	4	29.36	Open	16	49.00	Open	2	21.06	Open	4	36.53		
Steven	Kelly	Open	2	25.37	Open	13	30.52	Open	7	47.59	Open	8	52.58	Open	15	38.46		
Barry	Lynch				Open	16	30.57											
Kyle	Martin-Alcaide	je Je			U16	2	9.44											
John	Meagher	Open	31	27.16	Open	45	32.11	Open	7 22	49.44	Open	30	22.50	Open	31	39.53	15	71.41
Cameron	Nagel							N18	20	21.15	N18	18	37.49					
Chris	O'Connor	Open		29.26	Open			Open			Open		59.44	Open		43.13	90	81.41
Graeme	Olden	Open	22	29.19	Open		35.10	Open	119	56.19	Open	146 (64.16	Open	167	47.18	!	
Adam	Pepper				Open		-										237	100.12
Mark	Poli				U20	9	33.28	U20	ω	16.37	U20	12	21.00	U20		28.05		
David	Stevens	Open	314	41.24										Open	_	58.03	258	109.36
Otmane	Tirhazouine												_	Open	36	40.12		
Jonathan	Tree	U16	12	11.44	U16		10.55											
Andrew	Tunne				Open			Open		71.26	Open	294	86.43	Open	320	59.52	254	107.23
Antony	Van Eeten	Open	107	30.28	Open	95	34.06	Open	98	54.31								
	Vincent							Open	64	53.13	Open	53	57.56 Open	Open	62	42.16	78	80.48
Stuart	Watson				U20		34.38	U20		17.03	U20		20.30	U20	9	27.33		
Andrew	White	Open	8	25.47	Open		_	Open	28	50.15	Open	7	52.30	Open	7	37.36	2	68.16
Barry	Whittle				Open		44.21											
Luke	Yeatman				Open	37	31.59 Open	Open	42	51.28)	Open	47	41.03		

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														<u> </u>		
BURNLEY HALF MARATHON 21.1 km Div 1 - 2nd		Time			74.37		98.26			84.10						
BURNI MAR 21 Div		Place			1		48			13						
R H H		Time				27.18	35.40			30.43		37.00	35.16			
BUNDOORA OPEN 8km Div 1 - 7th U20 6km		Place				9	64			18		80	89			
	Age	Time Group Place Time				U20	Open			Open		Open	Open			
<u>5</u> E c						12.07						18.00	17.08			
GEELONG OPEN 4km U20 3km		Place				4						88	89			
007	Age	Time Group Place Time Group Place				U20						Open	Open			
SE TTY Am Sth 5km		Time					68.53			58.52			68.05	67.10	63.00	
LA TROBE UNIVERSITY OPEN 15km Div. 1 - 5th J20 & U18 5km		Place					09			15			54	48	31	
	Age	Group					Open			Open			Open	Open	Open	
ASSIC m r		Time		11.24			43.59	12.02	12.00	37.48		46.05			40.00	12.40
WN CL EN 10k v 1 - 9th 18 - 2nc		Place		9			84	ω	7	22		105			45	14
SANDOWN CLASSIC OPEN 10km Div 1 - 9th U20 U18 - 2nd U16 U14 3km	Age	Group		U18			Open	U18	U20	Open		Open			Open	U18
JL 7th		Time	44.12	13.21			27.05			23.53	25.14	28.22				13.33
WARRAGUL OPEN 6km - 7th U18 3km		Place	87	11			99									13
WA OPEN U	Age	Group Place	Open	U18			Open			Open	Open	Open				U18
		1	Andrews	Aughton	Chapple	Cleland	Crawford	DeLuca	Hodgkinson	Johnson	Moran	Putt	Sloane	Steer	Tomlinson	Turnbull
			Suzanne	Bridget	Nikki	Coreena	Talitha	Emily	Harriet	Rachel	Britany	Kerry	Megan	Emma	Hayley	Olivia



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AWARDS

AWARD	TROPHY NAME	RECIPIENT
MALE ATHLETE OF THE YEAR	Allan Barlow Shield	Blake Lucas
FEMALE ATHLETE OF THE YEAR	Martha Fraser Shield	KATE ACKLAND
JNR MALE ATHLETE OF THE YEAR	REG BARLOW CUP	BLAKE LUCAS
JNR FEMALE ATHLETE OF THE YEAR	ARMSTRONG TROPHY	BRIDGET AUGHTON
WINTER CHAMPION - MALE	HANSEN TROPHY	CHRIS HAMER
WINTER CHAMPION - FEMALE	MEGAN SLOANE CUP	RACHEL JOHNSON
WINTER CHAMPION - JNR	GRANT TAGGART SHIELD	Joshua De Stefanis
CLUB 10 MILE CHAMPIONSHIP	FRANK TUTCHENER SHIELD	Andre w White
Andrew Stewart Pole Vault Trophy		Blake Lucas/ Rosanna Ditton
Ross Haywood Walking Trophy		SIMON EVANS
VLADIMIR SLAVNIC THROWING TROPHY		SAM SCHERMA
Outstanding Finals Athlete		Breanne Cross

INTERCLUB POINTS 2008/09

Senior Male

David Featherston Cameron Sherry Mohamad Zeed

U18 Male

Danny Schneider Marcus Johnson Tom Cornelius

U16 Male

Brodie Cross Andrew Coughlin Kenneth Wu

U14 Male No Team

Address:

Hagenauer's Reserve Barwon Street Box Hill, Victoria Australia **Senior Female**

Panayiota Carabourniotis Simone Carre Kate Ackland

U18 Female

Breanne Cross Amy Carrig Olivia Turnbull

U16 Female

Rebecca Marchant Paris McCathrion Tessa Budden

U14 Female No Team

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2008 - 2009 MEMBERS

Registered Males

Anthony	ALOISIO	Steve	GRIFFIN	Joel	POCKLINGTON
Navin	ARUNASALAM	Andrew	HADDOW	Mark	POLI
Reagan	ASHMORE	Chris	HAMER	Benjamin	PORTEOUS
David	AYERS	Tristan	HARRADINE	William	POTTER
Nicholas	BAGGOTT	Trent	HARTSHORNE	James	ROSEWARNE
Cameron	BAKER	Jack	HILL	Joshua	ROSS
Daniel	BALASSONE	Orian	IBRAHEIM	Larry	SBISA
Robin	BARCLAY	Scott	JACKSON	Sam	SCHERMA
Paul	BOXSHALL	David	JIMENEZ	Danny	SCHNEIDER
Scott	BOXSHALL	Marcus	JOHNSON	James	SHAW
David	BOYD	Patrick	KELLY	Cameron	SHERRY
Christopher	BROCK	Stephen	KELLY	Andrew Selby	SMITH
Peter	CAHILL	Peter	KNOTT	David	SMITH
Bouchaib	CHEFNAOUI	Dylan	LEARDI	James	SNIBSON
Daniel	CLARK	Andrew	LETHERBY	Jesse James	SPRY
Russell	CLOWES	Blake	LUCAS	David	STEVENS
Sam	COLLINS	Barry	LYNCH	Andrew	TAN
Matthew	COLOE	Kyle	MARTIN-ALCAIDE	Otmane	TIRHAZOUINE
Tom	CORNELIUS	Lachlan	MCMILLAN	Jonathon	TREE
Andrew	COUGHLIN	John	MEAGHER	Anthony	TRENKNER
Braeden	CROSS	Rhett	MEDFORD	Andrew	TUNNE
Brodie	CROSS	James	MEEHAN	Don	TYSON
David	CROSS	Andrew	MILLER	Antony	VAN EETEN
Joshua	DE STEFANIS	Mitchell	MILNES	Adrian	VINCENT
Aaron	DI RIENZO	Cameron	MORRIS	Stuart	WATSON
Stephen	DINNEEN	John	MORRIS	Andrew	WHITE
Sam	DIPNALL	Andrew	NAGLE	Barry	WHITTLE
Michael	DOWEL	Cameron	NAGLE	Andrew	WILCOX
Jackson	DYER	Brett	NUSKE	Hiu Yeung Boaz	WONG
Mitchell	DYER	Chris	O'CONNOR	Kenneth	WU
Simon	EVANS	Graeme	OLDEN	Kevin	WU
Callum	FARRELL	Tim	PAPAS	Luke	YEATMAN
David	FEATHERSTON	Josh	PARKINSON	Imran	ZEED
James	FILSHIE	John	PEAVEY	Mohamad	ZEED
Neville	GARDNER	Adam	PEPPER		
Craig	GRAHAM	Colin	POCKLINGTON		

Registered Females

Kate	ACKLAND	Emily	DE LUCA	Paris	McCATHRION
Melanie	ADAMS	Rosanna	DITTON	Catherine	McCOWAN
Jayde	ANDERSON	Liz	DOBSON	Chloe	MCNICOL-DAVIDSON
Suzanne	ANDREWS	Chelsea	DYER	Helen	MCRAE
Liselle	ATKIN	Abbie	FREESTONE	Brittany	MORAN
Bridget	AUGHTON	Samantha	GAGORSKA	Anita	MUELLER
Erryn	BARLOW	Ryleigh	GEORGE	Georgina	OAKES
Pricilla	BARRINGTON	Katherine	HANSTON	Angela	PHILLIPS
Frederika	BASTECKY	Amanda	HARPER	Alexandra	POCKLINGTON
Holly	BAXTER	Sarah	HEWITT	Kimberlie	POON HORNETT
Catherine	BROCK	Harriet	HODGKINSON	Kerry	PUTT
Tessa	BUDDEN	Katherine	HOUSTON	Heidi	RIORDAN
Sarah	CANT	Barbara	JOHNSON	Paris	ROBERTS
Panayiota	CARABOURNIOTIS	Rachel	JOHNSON	Amelia	SAVIGE
Simone	CARRE	Alannah	KIRBY	Megan	SLOANE
Amy	CARRIG	Lisa	KRAKOWIAK	Theodora	SPATHIS
Anna	CARRIG	Natalie	KREMENCHUTSKAYA	Emma	STEER
Jennifer	CHAN	Rebecca	LAW	Brownwyn	SUDHOLZ
Nicole	CHAPPLE	Vivienne	LEE	Hayley	TOMLINSON
Coreena	CLELAND	Ajok	MABIOR	Penny	TOWNSHEND
Marguerite	CONLEY	Charlotte	MAHONEY	Hannah	TURNBULL
Laura	CONSTABLE	Rebecca	MARCHANT	Olivia	TURNBULL
Harriet	CORDNER	Julia	MATHESON	Elissa	WARD
Talitha	CRAWFORD	Caitlin	McARTHUR	Alexandra	WILSON
Breanne	CROSS				

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Joan	HINES	Julie	MILNER	Angela	ROBBIE
lan	JONES	Colin	ORGAN	lan	SLOANE
Coaches					
Tony	BENSON	Bill	O'CONNOR	Bert	TILLEY
Robert	FALKENBERG	Efim	SHURAVETSKY	Leana	TILLEY
Frances	LIPSCOMBE	Mark	STEWART		
Tony	MARSH	Harry	SUMMERS		
Social Mem	nbers				
Peter	CAHILL	James	ROSEWARNE	David	SMITH
Lisa	KRAKOWIAK	Larry	SBISA	Andrew	TAN
Stewart	LIVINGSTON	Andrew	SELBY-SMITH	Anthony	TRENKNER

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