

Box Hill Athletic Club

# ANNUAL REPORT



**Box Hill Athletic Club 2009 - 2010 Season**

## OFFICE BEARERS

PRESIDENT	Colin Organ
VICE PRESIDENT	Vacant
SECRETARY	Barbara Johnson
TREASURER	Angela Robbie
COMMITTEE MEMBERS	Leana Joyce
	Chris O'Connor
	Tony Marsh
	Graeme Olden
	Sarah Hewitt
	Barry Whittle
	Cameron Joyce
	Rob Cornelius
	Jenny Papas

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COORDINATOR OF LIFE MEMBERS	Vacant
AUDITOR	Janet Collyer
REGISTRAR	Vivienne Lee
VENUE DELEGATE	Rob Falkenberg
AV DELEGATES	Graeme Olden
	Colin Organ
	Chris O'Connor

CLUB NEWS EDITOR	Rob Cornelius
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TRACK CAPTAINS	Joel Pocklington
	Kate Ackland

TEAM MANAGERS	Cathy Tilley
	Chris O'Connor
	Rob Falkenberg
	Elissa Ward

*Presented at the Annual General Meeting of the Box Hill Athletic Club Incorporated, conducted at Hagenauer's Reserve, Barwon Street Box Hill on 14 July, 2010*

*Cover Page Photo: Steve Hooker clears the winning height at the Beijing Olympic Games to become the first Australian male field event gold medallist, since 1956. Steve was a club member of Box Hill Athletic Club from 1997-2006 and was approved for a life member of the club in 2009. He was coached by club coach and life member Mark Stewart. His competition record includes Commonwealth, Olympic, World and World Indoor championship titles.*

**Address:**  
Hagenauer's Reserve  
Barwon Street  
Box Hill, Victoria  
Australia

**E – Mail**  
[info@boxhillathleticclub.org](mailto:info@boxhillathleticclub.org)

**Postal Address:**  
PO Box 247  
Box Hill, VIC 3128  
Australia

## LIFE MEMBERS

Year	Name	Year	Name
1960	M Fraser +		A O Gusbeth
1963	G B Stringer +		A B Stewart
1964	R Barlow +	1984	H J Summers
	H Logan +		S F Tutchener
	B Thorpe		D Mann
1965	A E Barlow +		I Mann +
	J D Leach +	1987	J Hamilton +
1966	R P Lees		D Filling
	W M Leach +	1988	K Armstrong
	J Grigg		V Armstrong
	P Monahan		F T Cron +
1967	M Carroll		G Crouch
1968	T C Kelly		S Livingston
	R J Hansen		M Wall
	N R Twitt	1989	I Jones
	G Dell	1990	M Fielding
1969	J Pekin		J Towers
1971	W Collins	1991	L Armstrong
	A J Fraser		T Collie
1972	R E Beal		B Lewry
	R W Ramadge +		C O'Connor
1973	D A Barlow		I Sloane
	G J Duthie	1992	R Harrison
	R W Haywood		T Lucas
	J D Ramadge		S Miller
	K T Routley		M Stewart
1975	N H Gardner	1993	D Cross
1977	A G Chambers		R Falkenberg
	S J Fraser +		G Ford
	B J Layh	1994	J Collyer
	W J Leach		A Cross
1979	J Hines		R Fraser+
	D Cook+	1997	G Olden
1982	M A Blundy	2003	J Milner
	D J Bourne	2005	A Robbie
	F E Fell	2006	A Pepper
	V J Fox	2008	J. Meagher
	P T Grant	2009	S Hooker
1983	P Mann +		

+ Deceased

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**Postal Address:**  
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Brodie Cross – U18 National Pole Vault Champion  
and qualifier for the Singapore Youth Olympic Games



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### Strategic Plan Performance

Category & Measure	2009/10	
	Target	Actual
<b>Membership/Social</b>		
Registered Members	250	214
Retention Rate	80%	68%
<b>Coaching</b>		
Number of Club Coaches	All events	All events
Coverage across all events	Yes	Yes
<b>Competition</b>		
Host Athletics Victoria Competition	6	5
National Club Championship	1	NA
International Representatives	1	1
Successful Team Performance – Shield Division I	1	-
Successful Team Performance – Shield & Other(Venue)	6	2
<b>Facilities</b>		
Fit-Out of Upstairs section of clubrooms	Yes	No
<b>Administration</b>		
Active and Strong Committee	10	12
<b>Financial</b>		
Maximise Ground Hire Income	\$30,000	\$34,845
Facility Enhancement plan (annual capex & maintenance)	Yes	Yes
Maintain and enhance fundraising income	\$10,000	\$8,140

Club Silver Sponsor



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## PRESIDENT'S REPORT

It was another big year for the club with many great events and performances over the past year. On the international scene, club life member Steve Hooker overcame injury to win the world title clearing 5.90m in the Berlin Olympic Stadium in dramatic circumstances. After injuring himself only 12 days prior to the final in what was diagnosed as a grade one adductor tear typically requiring a 21 day recovery period, Steve assisted by intensive medical treatment followed a high risk strategy which saw him vault only once in qualifying and twice in the final. A near miss in the final at 5.85m was followed by a successful clearance at 5.90m, which proved enough as all his rivals failed to clear at this height, thereby declaring Steve the World Champion. At the same championships marathon runner Andrew Letherby ran 2:17.29 in trying conditions for a very creditable 30th place in the World Champs marathon. While we don't get to see Andrew compete in person due to being based in Boulder Colorado, we are still pleased to see his great performances at an elite level via satellite!

Steve Hooker reassured us of no long term injury damage to his adductor by following up with an impressive performance at the World Indoor Championships at Doha, Qatar in March this year. Steve secured the gold medal with a vault of 6.01m, a championship record. This gives Steve a full suite of titles being the reigning Commonwealth, Olympic, World and World Indoor champion in the men's pole vault. Who could have known when Mark Stewart first started coaching Steve in 1997, what a legacy of achievement they would create.

At a junior level Brodie Cross has been selected to represent Australia in the pole vault at the inaugural Youth Olympic Games in Singapore in August. The all-new Youth Olympic Games aims to inspire youth around the world to embrace, embody and express the Olympic values of excellence, friendship and respect and will see some 5,000 athletes aged between 14 and 18 years compete in 26 sports across 12 days of international action. Good luck Brodie as you take on the world's best youth athletes.

In other international competition Rebecca Marchant cleared 3.80m to finish 3rd in an international field in the 2010 Chinese Taipei International Pole Vault Championship on 23 March. Nikki Chapple won the Marugame half marathon in Japan on Sunday in a time of 68:37. This time is a PB by nearly 90 seconds and would have ranked Nikki 15th in the world for 2009. This complemented her win against an international field at the Great Australian Run over 15km. After very promising junior career and a subsequent stint at the University of Iowa, it is great to see Nikki performing at such a high level after a period away from the sport.

Andrew White ran Lake Kawaguchi marathon in Japan and despite some injury problems Andrew still finished 16th in the very respectable time of 2:35:23 in his debut marathon. We hope this experience will build for greater opportunities in this event in the future for Andrew.

June Petrie on October 31st finished 4th in the world 50km road championships in Gibraltar. June completed the tough course in 3:44:45 to set a new age group (45-49) Australian record. June also finished 21st in the Commonwealth Mountain Running Championships in Keswick, England despite running with a cast on her broken wrist! Also in England in a battle of the ashes Joel Pocklington and James Filshie finished 2nd and 4th respectively in the pole vault and Nikki Chapple finished 3rd in the women's 2 mile event and then ran in the Great City Games the next day to finish 4th.

At the World Masters Indoor Championships, Box Hill had two athletes travel to Kamloops in Canada to take part in this event. Andrew Wilcox won a bronze medal in the 200m and finished in 4th position in the 400m, then won a silver medal in the 4x200m relay. Colin Pocklington made the final of the 50+ years 60m event, and finished in 7th place and also made the semi-finals in the 200m and then won a bronze medal in the 4x200m relay.

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Hanny Allston translated some great form in cross country events by competing in the world orienteering championships in Miskolc in Hungary with the Australian women's team.

Back on a domestic level at the Athletics Victoria Shield Finals, Box Hill finished the 2009/2010 shield competition season as runners up in both the men's division 1 and the women's division 1 competition. Unfortunately we were not able to add to our eight years in a row as the Men's premier club in summer competition which was an incredible achievement in itself. Our under 18 boys finished third and a depleted women's under 18 team finished fifth in the association finals at Doncaster on February 13.

Box Hill won both the men's and women's division 1 premierships at the East Region Shield finals. Despite not winning a summer competition association premiership for the first time in many, many years 2009/10 has been a successful season for Box Hill. It has seen an increase in the number of club members to 214 reversing a declining trend over previous years and good performances by most of our teams. Hopefully we can improve further next year and come away with the premierships.

At the Australian Championships Blake Lucas who won a silver medal behind Steve Hooker in the pole vault in Perth, with a jump of 5.05m. James Filshie also cleared 5.05m to take the bronze medal based on a count back. Blake continued to vault at a very high level by achieving a Commonwealth Games B qualifier of 5.45m at a Rare Air club meet in February.

A young emerging star is 14 year old Paris McCathrion who cleared 3.60m to finish 10th in the women's event at the nationals and has set a very high standard with her record breaking efforts at junior level in clearing 3.90m to break the Victorian under 15 and under 16 records during the season.

In the Victorian championships Blake Lucas (men's pole vault) and Paris McCathrion (women's pole vault) and our under 20 girls who won the 4x800m title (Amy Carrig, Ollie Turnbull, Nat Ambrose and Liselle Atkin) won titles. Congratulations also to Daniel Clark who won the state 1 mile championship in very tactical race with a time of 4:17.

In the Vic Masters championships held at Glenhuntly the club compiled 18 1st places, three 2nd places, four 3rd place and records were set by Andrew Wilcox 1st 60m 7.50 Vic Record 40-44 years and Rob Barclay 1st, Pole Vault 2.90m Vic Record in an age group slightly older than Andrew!

Some other notable performances included : Hanny Allston who travelled to Sydney to take part in the NSW 5000m championships. Hanny won the event in wet conditions by almost a minute in the time of 16:29. This follows on from her PB of 9:17 for 3000m in Launceston and a win in the half marathon in 75:03 in October. At the Milers Club on Feb 23 Julie Norney set a Vic 3000m record W40-44 in 10:25.6.

In the underage, relay and multi event championships Box Hill had many outstanding performers at Olympic Park in late February. Jesse Spry won a bronze medal in the state decathlon championship, scoring 6106 points, while Russell Clowes finished in 4th place scoring 5778. Our men's 4x200m relay team had a brilliant win, with Cameron Sherry, Braeden Cross, Lane Harrison and Mohamad Zeed picking up a gold medal. Matt Coloe, Sam Dipnall, Daniel Balassone and Andrew Nagle won silver in the 4x800m, while the teams of Matt Coloe, Sam Dipnall, Andrew Nagle and John Morris in the 4x1500m and Cameron Sherry, Mohamad Zeed, Cameron Baker and Andrew Wilcox in the 4x100m both won bronze medals. In the women's relays Kate Ackland, Julie Norney, Rachel Johnson and Helen McRae won a silver medal in the 4x1500m.

Many of our junior athletes won medals and put in great performances in the Victorian underage championships at Olympic Park. Special mention to our state champions, Tom

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Cornelius, Tim Papas, Brodie Cross, Nicolas Paidoussis, Rebecca Marchant, Chelsea Dyer, Sarah Ferrier and Miya Ben-Natan.

Box Hill won the men's division 1 winter premiership for the second consecutive year after an exciting victory in the Tan relays. Our division 1 women's team just missed out, finishing 2nd on the ladder after an exciting tussle with Knox throughout the year. This is a great achievement by the club, to go so close to winning both the men's and women's distance running premierships. Box Hill also won the women's division 3 and the men's division 7 premierships.

All of our athletes deserve congratulations for the effort they have put in throughout the year. The renaissance of our winter teams is a tribute to the tireless work of the winter competition committee of Graeme Olden, Chris O'Connor, Ian and Megan Sloane. Outlining the depth of our winter results was the win in the clubs team event at the National Cross country in Nowra NSW with Chris Hamer finishing 4th and Steve Kelly 6<sup>th</sup> at this event.

Many thanks to the summer competition team managers Rob Falkenberg, Cathy Tilley and Elissa Ward for their assistance and encouragement to the athletes throughout the year, which is a large part of the reason why our teams continue to enjoy success. During the summer season Rob Falkenberg informed the club that after 17 years of service he was planning to conclude his role as a team manager at the end of the current season. The passion Rob brings to athletics and his support and encouragement of athletes at all levels of competition will be sadly missed by our athletes.

It was also a year in which we sadly lost our junior team manager David Boyd who passed away at the far too young age of 49. The tragic loss of David has shocked us all and the club committee intends to create a memorial at Hagenauer's Reserve in his memory. We were also saddened to learn of the passing of Alison Jones, wife of life member and AV Board member Ian Jones.

Following a serious incident at the Aberfeldie venue during the summer season, Athletics Victoria reviewed all hammer cage facilities across Victoria and assessed our cage to not meet the high technical IAAF standard requirements and as a result our committee had no choice but to close it from further use. With quotes for a complying replacement nearing \$70,000, there is little immediate prospect of hosting hammer throw competition until we can raise significant capital funds and pay down our existing debt incurred in redeveloping the track.

The annual Trivia Night continues to be a great success with the latest event held at a new venue at Chatham Primary School and helping to raise in excess of \$5,000. Many thanks to Leana and her team of volunteers who assisted in making this night such a great success. In addition to her coaching at the club, Leana Joyce has been a driving force behind many new innovations at the club and an effective co-ordinator of our many volunteers, ably supported by Cameron Joyce.

Vivienne Lee concluded her role as club registrar and was recognised with an outstanding clubman award for her very efficient management of our registration processes over several years. We welcome Nicole Clowes into the role and thank Angela Robbie for supporting the role in making this transition.

Another successful financial result is in no small part due to the efforts of Angela Robbie. Her effective management of club finances enabled a significant reduction in our loan for the track redevelopment and places us well to meet many of the upcoming financial challenges that await us in the future in maintaining a facility at competition standard.

Graeme Olden, while aiming to reduce his commitment after many years of invaluable service to the club, maintained a strong role in the success of winter teams, set-up and pack up for

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competitions hosted at Box Hill and in supporting a wide range of committee and administrative functions. As Graeme reduces his time commitment we will need others to step up in his place to fill the important roles he has undertaken.

Barbara Johnson continued to grow in the role of secretary, being a valuable liaison with the City of Whitehorse and keeping many of our events on track. Chris O'Connor was the hub of club communications through his e-mail bulletins keeping everyone well informed of all athletics matters and his trivia questions again proved to be no less challenging. Tony Marsh carried out the role of ground manager in helping to build our relationship with schools and other ground users. Barry Whittle finished his involvement with the committee during the year and we thank him for his administration of the Barlow Foundation in raising valuable donations over several years. Sarah Hewitt and Jenny Papas both joined the committee, Sarah bringing insights from our throws athletes and Jenny supporting many activities around the club.

Rob Cornelius brought valuable skills to the committee producing some great newsletters and profile documents with such professional appearance. He also facilitated the design of our new uniforms, which give our teams a modern look and will be more appealing to our younger membership base.

We always face the challenge of renewal, volunteers make our club go round and we are in need of new men's team managers, an equipment co-ordinator and a venue committee delegate amongst our more urgent vacancies.

Again thank you to the club committee who have made a fantastic contribution to the running of the club, the official and volunteers who give of their time to enable the club to operate and the athletes whose efforts at all levels of competition are inspirational.

Colin Organ  
Club President

Club Bronze Sponsor



Blackburn South

Physiotherapy, massage, pilates, personal training

Club Bronze Sponsor

Melbourne Foot Clinic

Corner of Mont Albert Rd and Lorne Parade in Mont Albert

10% discount on consultation fees to Box Hill Athletic Club members

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## TREASURER'S REPORT

This financial year has seen an excellent result with a net surplus of \$38,565.08. This has been achieved by:

- ensuring all athletes pay membership fees or training fees
- an increase in ground hire income
- an increase in donations and
- well supported fund raising activities.

Approximately \$10,800.00 was spent on equipment which included the purchase of new hurdles, pole vault fencing and other minor items. As well as the outlay on equipment it was pleasing to note that despite interest payments of nearly \$8,000.00 a further \$14,000.00 was paid off the loan.

Membership payments increased slightly however it is important that all efforts are made to recruit new members to the Club each year. The ground hire income increased by \$10,000.00 and whilst some of this increase was due to late payments in the last financial year it could be an indication that the resurfacing of the track has been attractive to both past and new hirers therefore increasing the ground hire.

Many donations were made direct to the Club or through the Australian Sports Foundation and I thank all members who contributed in this way.

Approximately \$8,200.00 was raised through fundraising activities which included the Trivia night, sale of chocolates/snakes, pens, memorabilia and Melbourne Track Classic tickets. The fund raising activities were a huge success and the funds raised will go towards equipment, seating and further development of the track. Thanks to all members who organised and helped with fundraising.

This year it was great to have some new committee members with new ideas and I would like to thank all members of the Committee for their support and hard work during the season. It is necessary for each committee member to take on a specific role and to recruit more committee members so that the workload can be distributed evenly.

Angela Robbie  
Treasurer

## TEAM MANAGER REPORTS

### Women Shield Report

While unfortunately changes in competition schedules and priorities meant that our women's team did not get the opportunity to build on its back to back wins at the national club championships, there were other highlights during the year. The most notable was the success of the division one team in the Eastern region final. Bronwyn Sudholz led off with a win in the 200m and was followed on by Kate Ackland in the 800m, Rachel Johnson in the 5000m, Simone Carre in the high jump, Angela Phillips in the shot put, Catherine McCowan in the Hammer throw and Ella Mason in the 3000m walk all achieving wins in their respective events. The team finished the day with 200 points to secure first place ahead of St.Stephens Harriers on 164 points. Our U18 team also performed well with a second place behind Diamond Valley.

At the Shield final held at Doncaster on the 13<sup>th</sup> February the Division one team competed strongly to edge out Glenhuntly for second position (233 -v- 229), but we were some distance behind the shield champions Athletics Essendon on 303 points. Congratulations to the team of Bronwyn Sudholz, Angela Phillips, Katherine Houston, Kate Ackland, Olivia Turnbull, Rachel

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Johnson, Julie Norney, June Petrie, Talitha Crawford, Emil De Luca, Simone Carre, Sarah Hewitt, Panayiota Carabourniotis, Catherine McCowan and Ella Mason on a terrific effort. Our U18 women's team put up a solid performance to finish 5<sup>th</sup>. Well done to team members Tessa Budden, Lisselle Atkin, Helen Tower, Amelia Savige and Natalie Ambrose.

We encourage all women's team members to register again for the coming season, so we can build our teams and where possible provide or find assistance in meeting our ongoing need for officials so our team's performances are eligible for Athletics Victoria competitions.

Women's Team Management

### **Men's Shield Report**

This season just gone was probably the hardest we have experienced for quite a while. For most weeks our competitive numbers were well down on previous years. This happened to be a season whereby many athletes showed their dislike at the constant merry-go-round of venues by avoiding rounds at particular venues that didn't suit. This led to many athletes having to compete above their normal division which really hurt our division 2 and division 3 prospects. At the end of the home and away rounds our division 1 team only finished 3rd on the ladder and our division 2 and 3 teams were never in the finals hunt at all.

The 2009/2010 Shield season did not give the club the ultimate result that we were chasing. Despite a well fought win in the venue final we were not able to repeat the result a week later and finally went down in a tight contest to Glenhuntly. Finally our unbeaten Division 1 finals run since Shield competition started some 8 years ago came to an end. Our finals campaign was hindered by losing several top line athletes to various interstate competitions at the time, most notably the Briggs classic in Hobart the night before the Shield final. However I can't praise enough the efforts of all the competitors both junior and senior that represented the BHAC during the Shield final. As can sometimes be the case the loss of automatic senior team members opens opportunities for the next group of athletes to show their wares in competition. This helped produce some unexpected winners, most notably Sam Dipnall's win in the 5000m Shield final. This was a classic encounter from a bygone era with a Box Hill - Glenhuntly fight for the win. Sam prevailed with a performance that he will remember for a long time to come. The injured Jesse Spry's heroic efforts in the High Jump could not go without recognition. Jesse jumped right to the end with the "encouraging" words of yours truly ringing in his ears "I don't care if your foot breaks, you keep going and try to win". He did a marvellous jump ultimately coming second but reminding many of us older members of many past premiership days when all personal care was put aside in an effort to keep our record intact.

I couldn't have asked for any more than what the athletes delivered on the day.

Many thanks to following list of athletes who competed for Box Hill this season.

Mohamad Zeed, Blake Lucas, Cameron Sherry, Lane Harrison, James Filshie, Salvador Henricus, Andrew Haddow, Russell Clowes, Joel Pocklington, Andrew Wilcox, August Apelis, Marcus Johnson, Cameron Baker, Jesse Spry, Christopher Yapanis, Patrick Oughtred, Colin Pocklington, Boaz Hiu Yeung Wong, Christopher Brock, David Featherston, David Cross, Darcy Moore, Neville Gardner

Stephen Kelly, Daniel Clark, Andrew White, Sam Dipnall, Matthew Coloe, Daniel Balassone, Andrew Nagle, Luke Yeatman, John Morris David Ayers, Mitchell Lefevre, Nicholas Baggott, Patrick Oughtred, David Jimenez, David Featherston, Steven Griffin, Joshua De Stefanis, Jackson Dyer, Bert Pelgrim, Christopher O'Connor, Graeme Olden, Brook Sturdy, Chaaityanya Kathirasan, Russell Clowes, Peter Stefanos, Steve Taylor, Jack Hill, William Dyer, David Stevens, Andrew Tunne, Simon Evans, Harry Summers, Marcus Hanley, Jesse Spry, Glen Barrett, John Peavey, Cameron Morris and Rob Barclay.

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After 17 years of Saturday afternoon team management, this was my last year. Not quite the result I would have liked but still a satisfying season none the less. This year we saw many new faces represent the club and this is always encouraging for the future of the club. The club will be looking for two new faces to manage the Men's senior and junior teams and I can honestly say that it can be a very rewarding and in the most part produce many amusing times. I certainly hope that a couple of volunteers come forward sooner rather than later. I intend to be present on competition days and will be available to support the new team managers.

I wish to thank all the competitors that have supported me in my role over the years and have provided many funny experiences and memories as well as many classic performances. Well done to all of you and thank you.

Rob Falkenberg  
Summer Season 2009/2010

### **Junior Men**

Both the u/16 and u/18 teams held a very competitive position throughout the season

Our u/18 team was positioned in either first or second place on the ladder throughout the season.

The team had many leaders right through the event range of each program. We have many promising performers from sprints through to distance and field and I will watch with great anticipation these young guy's moving into the senior team and help place our division 1 team back into the number one spot again.

Our u/16 team surprised everyone punching well above its weight all season. This team comprised several u/14 boys and it would be remiss of me not to mention the efforts of the Norney brothers. Both Laughlin and James performed amazing feats by competing in a range of events that were in fact two and three years above their age. This group of boy's surprised the opposition falling by only two points to go into the shield final and I can only think that there should be some great years ahead for all these boys.

Congratulations to the following lists of u/16 and u/18 competitors:

Brodie Cross, Geoffrey Wu, Kyle Martin-Alcaide, James Meehan, Kenneth Wu, Oliver Kalac, Thomas Robertson, Joe Hardy, Cameron Powell, Hanson Wong, Jonathon Lake, Laughlin Norney, James Norney, James Clements, Mathew O'Donnell, Mitchell Dyer, Darcy Moore, Fraser Creelman, Angus McLardie and Nicolas Paidoussis.

Braeden Cross, Max Van De Garde, Andrew Coughlin, James Snibson, William Potter, Michael Dowel, David Grant, Callum Farrell, Nick Lockwood, Tim Papas, Timothy Dare, Mitchel Milnes, Tom Cornelius, Jake Harkins, Adam Tomlinson, Max Williams, Lachlan McMillan, Daniel White-Alikakos, Peter Green, Kevin Wu and William Chen.

This year we lost the services of David Boyd due to his sudden death. David was a dear friend and work colleague during my years at Coles Myer and his departure left a hole for this club that we did not cover. In his short two years managing the Men's junior teams David built a very impressive relationship with the clubs juniors and the sincere notes of condolence sent to his family did not go unnoticed. David was a very funny man and he was also a very intelligent person. Behind the scenes he was developing his own software in capturing results that meant we were able to respond to team selections for finals with incredible accuracy and his efforts made team selection so much easier than previous years.

What more can I say. We miss Dave terribly.

Rob Falkenberg  
Summer Season 2009/2010

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## 2009 WINTER REPORT

### BOX HILL'S MOST SUCCESSFUL WINTER SEASON

Box Hill completed its most successful cross country and road season ever in 2009.

Our men's top team (Division 1) won the Athletics Victoria premiership for the second consecutive year.

Our division 1 women's team just missed out, finishing 2nd on the ladder after an exciting tussle with Knox throughout the year.

This is a great achievement by the club, to go so close to winning both the men's and women's distance running premierships. All of our athletes deserve congratulations for the effort they put in throughout the year.

Box Hill also won premierships in the women's division 3, 40+ and the men's division 7, while we finished runners up in women's division 4 and men's division 5 and third in men's division 2.

Men's Division 1: Premiers

Men's Division 2: 3<sup>rd</sup>

Men's Division 5: Runners Up

Men's Division 7: Premiers

Women's Division 1: Runners Up

Women's Division 3: Premiers

Women's Division 4: Runners Up

Women 40+: Premiers

Our men's Division 1 team won six of the ten events over the winter, this required a big commitment from our athletes and they came through with flying colours. Our women's top team won two events and consistently finished second or third in other events throughout the winter.

Individual honours went to Nikki Chapple who won the state 10km road championship and Hanny Allston who won a bronze medal in this same event. Hanny also won the 6km cross country championship at Geelong. On the men's side we had three bronze medallists throughout the season. Chris Hamer was third in the 12km cross country championships at Bundoora Park, Steve Kelly won the bronze in the 16km cross country event and Andrew White was third in the state half marathon championship at Burnley.

We had few juniors competing on a consistent basis due to clashes with school events, but Anthony Aloisio (1st under 18 5k road race) and Michael Dowel (2<sup>nd</sup> under 18 10k road race) deserve special mention.

Finally we should congratulate Nikki Chapple who won the Great Australian run (which was also the national road racing championship) and competed successfully in a number of international road events, including 4<sup>th</sup> place in the Great North Run in Newcastle, England.

Club Bronze Sponsor



**Address:**

Hagenauer's Reserve  
Barwon Street  
Box Hill, Victoria  
Australia

**E – Mail**

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Australia

## AWARDS

AWARD	TROPHY NAME	RECIPIENT
MALE ATHLETE OF THE YEAR	ALLAN BARLOW SHIELD	BLAKE LUCAS
FEMALE ATHLETE OF THE YEAR	MARTHA FRASER SHIELD	PARIS MCCATHRION
JNR MALE ATHLETE OF THE YEAR	REG BARLOW CUP	BRODIE CROSS
JNR FEMALE ATHLETE OF THE YEAR	ARMSTRONG TROPHY	REBECCA MARCHANT
WINTER CHAMPION - MALE	HANSEN TROPHY	ANDREW WHITE
WINTER CHAMPION - FEMALE	MEGAN SLOANE CUP	RACHEL JOHNSON
WINTER CHAMPION - JNR	GRANT TAGGART SHIELD	MICHAEL DOWEL
CLUB 10 MILE CHAMPIONSHIP	FRANK TUTCHENER SHIELD	CHRIS O'CONNOR
ANDREW STEWART POLE VAULT TROPHY		BLAKE LUCAS/ PARIS MCCATHRION
ROSS HAYWOOD WALKING TROPHY		ELLA MASON
VLADIMIR SLAVNIC THROWING TROPHY		SARAH HEWITT
OUTSTANDING FINALS ATHLETE		JESSE SPRY
OUTSTANDING CLUBMAN AWARD		VIVIENNE LEE

### INTERCLUB POINTS 2009/10

#### Senior Male

Mohamad Zeed  
Jesse Spry  
David Featherston & Russell Clowes

#### Senior Female

Angela Phillips  
Sarah Hewitt  
Kate Ackland

#### U20 Male

No Team

#### U20 Female

No Team

#### U18 Male

David Grant  
Braeden Cross  
Andrew Coughlin

#### U18 Female

Rebecca Marchant  
Chelsea Dyer  
Tessa Budden

#### U16 Male

James Norney  
Brodie Cross  
Tom Robertson & Lachlan Norney

#### U16 Female

Helen Tower  
Amelia Savige  
Natalie Ambrose

#### U14 Male

No Team

#### U14 Female

No Team

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## 2009 – 2010 MEMBERS

### Registered Males

August	APELIS	Marcus	HANLEY	Nicholas	PAIDOUSSIS
Navin	ARUNASALAM	Joe	HARDY	Chris	PAPADAKIS
David	AYERS	Jake	HARKINS	Tim	PAPAS
Nicholas	BAGGOTT	Lane	HARRISON	John	PEAVEY
Cameron	BAKER	Salvador	HENRICUS	Bert	PELGRIM
Daniel	BALASSONE	Jack	HILL	Colin	POCKLINGTON
Robin	BARCLAY	Dean	INGRISCIANO	Joel	POCKLINGTON
Glen	BARRETT	David	JIMENEZ	Ben	POLKINGHORN
Tony	BENSON	Marcus	JOHNSON	William	POTTER
Chris	BRADFORD	Ian	JONES	Cameron	POWELL
Christopher	BROCK	Oliver	KALAC	Cameron	SHERRY
William	CHEN	Chaaitanya	KATHIRASAN	Efim	SHURAVETSKY
Daniel	CLARK	Stephen	KELLY	Ian	SLOANE
James	CLEMENTS	David	KINNERSLEY	James	SNIBSON
Russell	CLOWES	Jonathan	LAKE	Tom	SNIBSON
Matthew	COLOE	Mitch	LEFEVRE	Nathan	SPAULL
Tom	CORNELIUS	Andrew	LEATHERBY	Jesse James	SPRY
Andrew	COUGHLIN	Nick	LOCKWOOD	Peter	STEFANOS
Fraser	CREELMAN	Jonathan	LOVE	David	STEVENS
Braeden	CROSS	Blake	LUCAS	Mark	STEWART
Brodie	CROSS	Barry	LYNCH	Harry	SUMMERS
David	CROSS	Tony	MARSH	Steve	TAYLOR
Timothy	DARE	Kyle	MARTIN-ALCAIDE	Adam	TOMLINSON
Chris	DAVIES	Angus	McLARDIE	Jonathon	TREE
Alex	DE GREENLAW	Lachlan	MCMILLAN	Andrew	TUNNE
Joshua	DE STEFANIS	James	McNIECE	Max	VAN DE GARDE
Sam	DIPNALL	John	MEAGHER	Antony	VAN EETEN
Michael	DOWEL	James	MEEHAN	Adrian	VINCENT
Stewart	DOWNS	Dean	MEMBREY	Stuart	WATSON
Jackson	DYER	Mitchell	MILNES	Andrew	WHITE
Mitchell	DYER	David	MITCHELL	Daniel	WHITE-ALIKAKOS
Simon	EVANS	Darcy	MOORE	Barry	WHITTLE
Robert	FALKENBERG	Cameron	MORRIS	Andrew	WILCOX
Callum	FARRELL	John	MORRIS	Max	WILLIAMS
David	FEATHERSTON	Andrew	NAGLE	Hanson	WONG
James	FILSHIE	James	NORNEY	Hiu Yeung Boaz	WONG
Neville	GARDNER	Laughlin	NORNEY	Geoffrey	WU
Craig	GRAHAM	Bill	O'CONNOR	Kenneth	WU
Dalton	GRAHAM	Chris	O'CONNOR	Kevin	WU
David	GRANT	Matthew	O'DONNELL	Christopher	YAPANIS
Peter	GREEN	Graeme	OLDEN	Luke	YEATMAN
Steve	GRIFFIN	Colin	ORGAN	Mohamad	ZEED
Andrew	HADDOW	Patrick	OUGHTRED		
Chris	HAMER				

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<b>Registered Females</b>		Harriet	CORDNER	Catherine	McCOWAN
Kate	ACKLAND	Talitha	CRAWFORD	Charmaine	McNALLY
Melanie	ADAMS	Breanne	CROSS	Helen	MCRAE
Hannah	ALLSTON	Angela	CROWLEY	Anita	MUELLER
Natalie	AMBROSE	Emily	DE LUCA	Julie	NORNEY
Suzanne	ANDREWS	Liz	DOBSON	Eloise	O'Brien
Liselle	ATKIN	Chelsea	DYER	June	PETRIE
Bridget	AUGHTON	Jessica	EELS	Angela	PHILLIPS
Erryn	BARLOW	Sarah	FERRIER	Alexandra	POCKLINGTON
Pricilla	BARRINGTON	Abbie	FREESTONE	Kimberlie	POON HORNETT
Frederika	BASTECKY	Ellissa	GARROD	Kerry	PUTT
Holly	BAXTER	Emily	GOESSLER	Paris	ROBERTS
Miya	BEN-NATAN	Amanda	HARPER	Alicia	RODEN
Talea	BOOTH	Prue	HEALY	Amelia	SAVIGE
Catherine	BROCK	Sarah	HEWITT	Megan	SLOANE
Courtney	BROWN	Katherine	HOUSTON	Theodora	SPATHIS
Grace	BROWN	Barbara	JOHNSON	Emma	STEER
Victoria	BROWN	Rachel	JOHNSON	Brook	STURDY
Tessa	BUDDEN	Leana	JOYCE	Brownwyn	SUDHOLZ
Panayiota	CARABOURNIOTIS	Emma	KENSHOLE	Mai	TAGAMI
Simone	CARRE	Alexis	KIKKINOS	Tracey	TAYLOR
Amy	CARRIG	Natalie	KREMENCHUTSKAYA	Cathy	TILLEY
Anna	CARRIG	Rebecca	LAW	Hayley	TOMLINSON
Nicole	CHAPPLE	Vivienne	LEE	Helen	TOWER
Nicole	CLOWES	Frances	LIPSCOMBE	Penny	TOWNSHEND
Phoebe	CONDON	Rebecca	MARCHANT	Olivia	TURNBULL
Marguerite	CONLEY	Ella	MASON	Elissa	WARD
Laura	CONSTABLE	Julia	MATHESON	Alexandra	WILSON
Samantha	COOK	Paris	McCATHRION		

**Officials**

Joan	HINES	Colin	ORGAN	Ian	SLOANE
Barbara	JOHNSON	Angela	ROBBIE		
Ian	JONES	Cathy	TILLEY		

**Coaches**

Tony	BENSON	Tony	MARSH	Harry	SUMMERS
Robert	FALKENBERG	Bill	O'CONNOR	Bert	TILLEY
Leana	JOYCE	Efim	SHURAVETSKY		
Frances	LIPSCOMBE	Mark	STEWART		

**Social Members**

Felicity	BLACK	Kasey	LEDER	David	SMITH
Stephen	CAIN	Kerrin	LITCHFIELD	Anthony	TRENKNER
Paul	CRONIN	Stewart	LIVINGSTON	Hayden	VIRTUE
Graham	CROSS	Katherine	MORRIS	Xiangdong	WU
Cameron	JOYCE	Andrew	SELBY-SMITH		

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