

Summer News 04

ROUND 2 OF SHIELD COMPETITION

There were more great performances in warm conditions in round 2 of shield competition at Box Hill last Saturday.

Some of the highlights included Rhett Medford running 21.84 into a headwind in the 200 metres, Amila Perera throwing the javelin 59.01 metres and Tim Cherry running 1:53.6 in the 800 metres. Ryan Leon jumped 1.70 metres in the under 16 high Jump, while Morgan Deane and Brigette Egan continued their good form in the women's sprints.

Full Results are listed below

UPCOMING EVENTS

Saturday, October 22 Shield Competition - Round 3 (Track Program 1, Field Program 3) at Box Hill

Thursday, October 27 Victorian Miler's Club 1500m races at Box Hill (entries by Oct. 24) email: victorianmilersclub@hotmail.com for more details.

Sat 29-Oct Victoria All Schools Track & Field Championships U12-16 Olympic Park

Sun 30-Oct Victoria All Schools Track & Field Championships U12-16 Olympic Park

Saturday, November 5 Shield Competition - Round 4 (Track Program 2, Field Program 1) at Box Hill

Saturday, November 12 Shield Competition - Round 5 (Track Program 1, Field Program 4) Doncaster

FULL RESULTS FROM ROUND 2 OF SHIELD COMPETITION

Event	Division	Full name	Performance	Wind
F100	F14	Booth, Courtney	13.70	-1.2
F200	F14	Booth, Courtney	29.10	-1.5
F200	F14	Mahoney, Charlotte	32.35	-1.2
F2000W	F14	Raselli, Cassandra	10:1	7.5
F2000W	F14	Neylan, Alicia	12:2	0.7
F800	F14	Mahoney, Charlotte	2:54.3	
F100	F16	De Luca, Emily	14.60	-0.9
F100	F16	Craven, Emma	14.63	-2.7
F100	F16	Staltari, Edwina	15.26	-2
F100	F16	Fernandez, Lavinia	13.42	1.8
F100	F16	Kremenchutskaya, N.	13.47	-1
F100	F16	Carabourniotis, P.	14.59	-1.8
F200	F16	Carabourniotis, P.	30.71	-1
F200	F16	De Luca, Emily	30.89	-1.6
F200	F16	Fernandez, Lavinia	28.97	-1.5
F200	F16	Craven, Emma	30.54	-1.6
F200	F16	Hanna, Elise	30.60	-0.8
F3000	F16	Hodgkinson, Harriet	11:51.0	
F800	F16	Hodgkinson, Harriet	2:25.9	
FJT	F16	Carabourniotis, P.	20.81m	
FLJ	F16	Carabourniotis, P.	3.69m	
FLJ	F16	Kremenchutskaya, N.	4.92m	
FLJ	F16	Chan, Jennifer	4.69m	
FSP	F16	Kremenchutskaya, N.	8.48m	
FSP	F16	Carabourniotis, P.	6.58m	
F100	F18	Deane, Morgan	12.76	0.3
F100	F18	Shand, Rosalind	13.32	1.8
F100	F18	Chan, Jennifer	13.32	-1.2
F200	F18	Deane, Morgan	25.93	-0.7
F200	F18	Shand, Rosalind	27.80	-1.5
F3000	F18	Cleland, Coreena	12:01.1	
F800	F18	Wall, Katherine	2:22.5	
F800	F18	Cleland, Coreena	2:24.3	
F800	F18	Paterson, Lucy	2:56.3	
FPV	F18	Adams, Melanie	3.60m	

FPV	F18	Williams, Jacqui	3.30m	
F100	FOP1	Egan, Brigette	12.76	1.3
F100	FOP1	Phillips, Angela	13.07	0.3
F100	FOP1	Lynn, Jacinta	13.33	-1.2
F200	FOP1	Egan, Brigette	26.65	-0.7
F200	FOP1	Phillips, Angela	27.08	-1.1
F400H	FOP1	Lee, Vivienne	73.57	
F5000	FOP1	Johnson, Rachael	18:49.7	
F800	FOP1	Riordan, Heidi	2:24.8	
F800	FOP1	Hopkins, Kristine	2:28.4	
FJT	FOP1	Adams, Melanie	30.34m	
FLJ	FOP1	Lynn, Jacinta	4.54m	
FPV	FOP1	Buchanan, Fiona	3.45m	
F100	FOP2	Buchanan, Fiona	13.40	0.4
F100	FOP2	Ward, Elissa	15.12	-2
F100	FOP2	Riordan, Heidi	15.40	-0.9
F200	FOP2	Hopkins, Kristine	30.50	-1
F200	FOP2	Ward, Elissa	31.17	-1.8
F3000	FOP2	Harper, Amanda	11:34.5	
F3000	FOP2	King, Kylie	13:10.1	
F800	FOP2	Putt, Kerry	2:45.5	
F800	FOP2	Ward, Elissa	2:49.8	
FJT	FOP2	Lynn, Jacinta	16.78m	
FJT	FOP2	Williams, Jacqui	15.00m	
FSP	FOP2	Lynn, Jacinta	7.51m	
FSP	FOP2	Chan, Jennifer	7.48m	
M100	M16	Booth, Brendan	12.24	-2.7
M100	M16	Maginn, Tim	12.57	-1.8
M100	M16	Nagle, Cameron	14.12	0.2
M200	M16	Booth, Brendan	24.22	-1.9
M200	M16	Nagle, Cameron	28.93	1.6
MHJ	M16	Leon, Ryan	1.70m	
MJT	M16	Maginn, Tim	19.45m	
MLJ	M16	Hadlow, Chris	5.42m	
MLJ	M16	Maginn, Tim	5.30m	
M100	M18	Barmanray, Rahul	12.17	-1.8
M100	M18	Haddow, Andrew	12.35	-1.8
M100	M18	Leon, Ryan	12.67	0.2
M200	M18	Haddon, Andrew	24.16	-1.1
M200	M18	Barmanray, Rahul	24.82	-4.5
M3000	M18	Goodwin, Mitchell	10:00.9	
MHJ	M18	Goodwin, Mitchell	1.65m	
MLJ	M18	Barmanray, Rahul	5.61m	
MLJ	M18	Goodwin, Mitchell	4.95m	
MLJ	M18	Haddow, Andrew	4.90m	
MPV	M18	Pocklington, Dion	3.45m	
M100	MOP1	Zeed, Mohamad	11.35	-1.8
M100	MOP1	Wilcox, Andrew	11.51	-1.8
M100	MOP1	Levey, Moses	11.69	-1.8
M100	MOP1	Nuske, Brett	11.76	-0.9
M100	MOP1	Hodges, Grant	11.78	0.5
M100	MOP1	Sherry, Cameron	11.88	-1.4
M200	MOP1	Medford, Rhett	21.84	-1.1
M200	MOP1	Harrison, Lane	22.15	-1.1
M200	MOP1	Wilcox, Andrew	22.90	-1.5
M200	MOP1	Zeed, Mohamad	23.00	-1.5
M200	MOP1	Nuske, Brett	23.66	-0.6
M200	MOP1	Featherston, David	23.71	-1.5
M2000W	MOP1	Evans, Simon	9:15.7	
M400H	MOP1	Featherston, David	55.51	
M5000	MOP1	Meagher, John	15:18.8	

M5000	MOP1	White, Andrew	16:09.6	
M800	MOP1	Cherry, Timothy	1:53.6	
M800	MOP1	Heron, Tim	1:55.3	
M800	MOP1	Clark, Daniel	1:56.0	
M800	MOP1	Wall, Christopher	1:57.6	
M800	MOP1	Beath, Andrew	1:58.1	
M800	MOP1	Christou, Duayne	2:02.6	
MJT	MOP1	Pereka, Amila	59.01m	
MJT	MOP1	Lewis, Kristian	54.35m	
MJT	MOP1	Featherston, David	39.76m	
MLJ	MOP1	Hodges, Grant	6.59m	
MPV	MOP1	Filshie, James	4.80m	
MPV	MOP1	Pocklington, Joel	4.60m	
MSP	MOP1	Shepherd, Stephanie	12.47m	
M100	MOP2	Filshie, James	11.93	-1.6
M100	MOP2	Levy, Yaron	12.02	-0.9
M100	MOP2	Rabone, Adam	12.08	-1.8
M200	MOP2	Levey, Moses	23.71	-1.5
M200	MOP2	Kelly, Patrick	24.21	-0.6
M200	MOP2	Goodwin, David	24.40	-0.3
M5000	MOP2	O'Connor, Christopher	18:36.2	
M800	MOP2	Kelly, Patrick	2:03.1	
M800	MOP2	Gray, John	2:04.1	
M800	MOP2	Taylor, Matthew	2:08.9	
MHJ	MOP2	Featherston, David	1.55m	
MHT	MOP2	Cross, David	27.66m	
MJT	MOP2	Pocklington, Dion	37.88m	
MJT	MOP2	Pocklington, Joel	37.03m	
MLJ	MOP2	Scherma, Sam	5.68m	
MPV	MOP2	Barclay, Robin	2.60m	
MSP	MOP2	Lewis, Kristian	12.58m	
MSP	MOP2	Nuske, Brett	10.03m	
M100	MOP3	Pocklington, Joel	12.10	-1.6
M100	MOP3	Goodwin, David	12.16	-1.4
M100	MOP3	Scherma, Sam	12.43	-0.5
M200	MOP3	Renowden, Tim	24.75	-0.6
M200	MOP3	Miller, Leigh	25.26	-0.3
M200	MOP3	Pocklington, Colin	25.41	-2.4
M3000	MOP3	Jimenez, David	9:40.1	
M3000	MOP3	Evans, Simon	11:18.4	
M800	MOP3	O'Brien, Simon	2:10.6	
M100	MOP4	Dawson, Andrew	12.71	-0.5
M200	MOP4	Cross, David	26.36	-1.3
M3000	MOP4	Gardner, Neville	13:19.5	
M800	MOP4	Gardner, Neville	3:04.1	
MJT	MOP4	Filshie, James	23.04m	