

## **Box Hill Athletic Club Summer News 13**

### VICTORIAN CLUB CHAMPIONSHIPS AND VICTORIAN RELAY CHAMPIONSHIPS THIS WEEKEND

These events will be held at Newport Park (Williamstown) on this Saturday and Sunday, December 17-18.

This will be a busy weekend with the women's open and men's under 18 club championships held on the Saturday morning (starting at 10:30am) and the 4x200, 4x800 and medley relays in the afternoon.

On the Sunday, then men's open and women's under 18 championships will be held in the morning and the 4x100, 4x400 and 4x1500 relays in the afternoon.

### SHIELD FINALS IN JANUARY!

Box Hill teams have qualified for the finals in the following divisions:

Under 14 girls, Under 16 girls, Under 18 girls, Open division 1 women, Under 18 boys, Open division 1 men and Open division 2 men.

The Region finals will take place at Box Hill on Saturday, January 14 and the Association finals will be held at Doncaster on Australia Day, Thursday, January 26.

We need as many athletes as possible available to compete in the finals.

### ALL COMER'S MEETS

In January and February there will be number of "All Comers" meets at various venues. The club could win prizes valued at \$7000 and our chance of winning depends on the number of athletes that compete. So mark these events down in your diary!

All Comer's Meet 1: Saturday, January 7 at Box Hill

All Comer's Meet 2: Thursday, January 19 at Doncaster, Aberfeldie, Frankston

All Comer's Meet 3: Saturday, February 4: Glenhuntly, Williamstown, Knox

All Comers Meet 4: Saturday, February 11 at Olympic Park

All Comers Meet 5: Saturday, February 25 at Ballarat

All Comers Meet 6: Saturday, March 4 at Box Hill

### UPCOMING EVENTS

Sat 17-Dec Vic. Relay & Club Team Champs Newport Park, Newport (Williamstown)

Sun 18-Dec Vic. Relay & Club Team Champs Newport Park, Newport (Williamstown)

Sat 7-Jan King's Track & Field All Comers Meet (1) Box Hill

Sat 14-Jan Shield Competition - Region Final, Box Hill

Thurs 19-Jan King's Track & Field All Comers Meet (2) Doncaster

Fri 20-Jan to Sun 22-Jan Vic Youth, U20, U23 & o/age Track & Field Champs Olympic Park

Thurs 26-Jan Shield Final Reischiek's Reserve, Doncaster

### AUSTRALIAN ALL SCHOOLS CHAMPIONSHIPS

Congratulations to Steve Kelly, Melanie Adams and Jennifer Chan who all won gold medals at the Australian All Schools Championship. Congratulations also to Morgan Deane (silver medal), Matthew Coloe (bronze) and to all the other Box Hill athletes who competed with distinction at the championships in Sydney

### RESULTS FROM ROUND 9 OF SHIELD COMPETITION

Event	Division	Full Name	Performance	Wind
F100	FOP1	Carre, Simone	12.8	-0.2
F100	F18	Shand, Rosalind	13.1	-0.3
F100	FOP1	Phillips, Angela	13.1	-0.2
F100	F14	Booth, Courtney	13.3	-1.5
F100	FOP1	Ackland, Kathryn	13.3	-0.2
F100	F16	George, Ryleigh	13.4	0
F100	F14	Caruso, Chloe	13.5	-1.9
F100	FOP2	Jacobs, Temmety	13.6	2.4
F100	FOP2	Lee, Vivienne	13.7	-1.9
F100	F14	Light, Bianca	13.8	0.6
F100	F16	De Luca, Emily	14.0	2.4
F100	FOP2	Anderson, Laura	14.0	-1.9
F100	FOP	Riordan, Heidi	14.1	1.1
F100	F16	Carabourniotis, Panayiota	14.4	-0.1
F100	F16	Hanna, Elise	14.4	1.2
F100	F14	Mahoney, Charlotte	14.8	-0.1
F100	F16	Zagato, Eliza	14.8	-1.5
F100	F18	Paterson, Lucy	14.8	1.2
F100	F16	Whittle, Stacey	14.9	-0.1
F100	F16	Staltari, Edwina	14.9	-0.1
F100H	FOP1	Lee, Vivienne	17.5	1.4
F100H	FOP1	Coghill, Sarah	17.6	-2.8
F100H	FOP2	Anderson, Laura	18.5	1.4
F1500	F18	Wall, Katherine	4:54.3	
F1500	F18	Cleland, Coreena	4:59.2	
F1500	F16	Hodgkinson, Harriet	5:14.0	
F1500	F14	Mahoney, Charlotte	5:30.1	
F1500	FOP2	Putt, Kerry	5:41.1	
F1500	F18	Paterson, Lucy	5:57.6	
F1500	F16	Burt, Laura	7:02.4	
F400	FOP1	Ackland, Kathryn	61.1	
F400	FOP1	Coghill, Sarah	64.0	
F400	FOP1	Lee, Vivienne	65.0	
F400	F16	De Luca, Emily	65.4	
F400	F16	Zagato, Eliza	68.0	
F400	F14	Mahoney, Charlotte	70.2	
F400	F18	Paterson, Lucy	71.2	
F90H	F16	George, Ryleigh	15.5	-1.1
FDT	FOP1	Burns, Lauren	37.87	
FDT	FOP1	Hewitt, Sarah	30.44	
FDT	F16	Carabourniotis, Panayiota	18.69	
FHJ	FOP1	Burns, Lauren	1.45	
FHJ	FOP1	Hewitt, Sarah	1.40	
FHJ	F16	Carabourniotis, Panayiota	1.35	
FHJ	F16	Whittle, Stacey	1.15	
FHT	FOP1	Hewitt, Sarah	30.36	
FPV	FOP1	Carre, Simone	3.80	
FPV	FOP1	Hartigan, Dawn	3.10	
FSP	FOP1	Phillips, Angela	11.13	
FSP	FOP1	Burns, Lauren	9.38	
FTJ	FOP1	Burns, Lauren	10.66	

FTJ	F18	Shand, Rosalind	9.66	
M100	MOP1	Williams, Timothy	10.3	0.8
M100	MOP1	Hooker, Steven	10.6	0.8
M100	MOP1	Zeed, Mohamad	10.9	2.1
M100	M18	Haddow, Andrew	11.1	1.6
M100	MOP1	Nicoll, Chris	11.1	1.6
M100	MOP1	Levey, Moses	11.2	1.6
M100	MOP1	Sherry, Cameron	11.4	1.5
M100	MOP2	Hodges, Grant	11.5	-1.4
M100	M16	Di Rienzo, Aaron	11.6	0.5
M100	M18	Bachli, Heath	11.6	-1.5
M100	M18	Barmanray, Rahul	11.6	-1.0
M100	MOP2	Knott, Peter	11.6	-2.4
M100	MOP2	Zeed, Imran	11.7	2.1
M100	MOP3	Oostveen, Theodorus	11.8	2.1
M100	MOP3	Baker, Cameron	11.9	-2.4
M100	MOP3	Goodwin, David	11.9	-1.5
M100	MOP4	Pocklington, Colin	11.9	0.6
M100	MOP4	Coghill, Phillip	12.0	0.6
M100	MOP4	Kokkinos, Alexis	12.1	1.1
M100	M16	Booth, Brendan	12.2	-2.4
M100	M16	Kafrouni, Elvis	12.3	0.0
M100	M18	Gibson, Samuel	12.6	-1.4
M100	M18	Bell, Cameron	12.6	0.4
M100	M16	Nagle, Cameron	13.5	-2.0
M100	M16	Brock, Christopher	13.7	0.0
M100	MOP	Gardner, Neville	15.5	1.0
M110H	M18	Bachli, Heath	14.9	0.4
M110H	MOP1	Zeed, Mohamad	15.0	-1.7
M110H	MOP2	Zeed, Imran	16.4	1.4
M110H	MOP2	Oostveen, Theodorus	16.8	-0.5
M110H	MOP3	Baker, Cameron	18.3	0.6
M1500	MOP1	Craigie, Kevin	4:02.3	
M1500	MOP1	Ayers, David	4:16.3	
M1500	MOP1	Jimenez, David	4:20.3	
M1500	M18	Dioretes, Alexander	4:24.2	
M1500	MOP1	Taylor, Matthew	4:26.3	
M1500	MOP2	Kelly, Patrick	4:33.0	
M1500	M18	Goodwin, Mitchell	4:52.5	
M1500	M16	Barnes, David	4:54.2	
M1500	MOP3	Whittle, Barry	5:22.2	
M1500	MOP4	Gardner, Neville	5:52.3	
M2000S	M16	Barnes, David	8:00.5	
M2000S	M16	Pocklington, Ben	8:40.9	
M2000S	M18	Dioretes, Alexander	6:52.6	
M3000S	MOP1	White, Andrew	9:30.5	
M3000S	MOP1	Olden, Graeme	10:19.3	
M400	MOP1	Medford, Rhett	47.8	
M400	MOP1	Wilcox, Andrew	49.7	
M400	MOP1	Featherston, David	50.5	
M400	MOP1	Goodwin, David	51.0	
M400	MOP1	Wall, Christopher	51.1	
M400	MOP1	Zeed, Mohamad	51.7	
M400	MOP2	Miller, Leigh	53.1	
M400	MOP2	Farmer, Jack	53.6	
M400	MOP2	Zeed, Imran	54.1	

M400	MOP3	Nuske, Brett	54.4
M400	M16	Booth, Brendan	55.3
M400	M16	Kafrouni, Elvis	55.5
M400	MOP3	Kelly, Patrick	56.2
M400	MOP3	Ayers, David	57.9
M400	MOP4	Brooks, Warren	62.1
M400	MOP4	Gardner, Neville	75.2
MDT	MOP3	Hodges, Grant	24.76
MDT	MOP3	Gardner, Neville	24.63
MHJ	MOP1	Peavey, John	1.90
MHJ	MOP1	Oostveen, Theodorus	1.80
MHJ	MOP1	De Greenlaw, Alexander	1.75
MHJ	M16	Leon, Ryan	1.70
MHJ	M18	Goodwin, Mitchell	1.70
MHJ	MOP1	Goodwin, David	1.65
MHJ	M16	Pocklington, Ben	1.50
MHT	MOP1	Rutty, Christopher	48.17
MPV	MOP1	Hooker, Steven	5.20
MPV	MOP1	Filshie, James	4.80
MPV	MOP1	Pocklington, Joel	4.80
MPV	MOP1	Sherry, Cameron	4.00
MPV	MOP2	Baker, Cameron	3.65
MSP	MOP3	Hodges, Grant	10.51
MSP	INV	Hadlow, Chris	8.90
MSP	MOP2	De Greenlaw, Alexander	8.50
MTJ	INV	Hodges, Grant	11.54
MTJ	M18	Barmanray, Rahul	11.37
MTJ	INV	Pocklington, Ben	11.24
MTJ	M18	Pocklington, Ben	10.82