

Box Hill Athletic Club Summer News 22

CONGRATULATIONS TO STEVE HOOKER AND ANDREW LETHERBY

Congratulations to Steve Hooker who has been chosen to represent Australia at the Commonwealth Games next month.

Steve vaulted 5.75m to take 2nd place in the national titles in Sydney last weekend and cement his place in the team.

Club member Andrew Letherby (who has been living in the USA) was also selected to represent Australia in the marathon at the Commonwealth Games. Let's hope Andrew can produce the form that gave him a Bronze medal in the last Commonwealth Games and a brilliant PB 2:11:42 in the Berlin marathon last year.

RESULTS FROM THE NATIONALS

A number of Box Hill athletes performed well in the national championships in Sydney last weekend.

Highlights included Steve Hooker's 5.75m to take the silver medal in the pole vault and Andrew Letherby's win the 10,000m.

Joel Pocklington and James Filshie finished 6th and 9th respectively both clearing 5:00m in the pole vault.

Rosie Ditton was the 3rd Australian in a very high standard women's pole vault, with a clearance at 4.10m, while Jacinta Lynn and Wendy Young also cleared 4.10m. Simone Carre finished 10th with 3.90m and Fiona Buchanan cleared 3.70m.

Mohamad Zeed made the final in the 110m hurdles while Tim Williams just missed the final of a very strong men's 100m by 0.02s.

Lane Harrison and Rhett Medford performed against strong opposition in the 200m.

Juniors Matt Coloe (3:54.26 in the 1500m) and Veronica Kirby (1.75m in the high jump) did well in the open competition and Amila Perera finished 12th in the javelin.

ASSOCIATION FINALS ON MARCH 11

A further reminder that the Association finals that were cancelled on January 26, will now be held at Knox on March 11.

SATURDAY, FEBRUARY 11

All Comer's Meet number 4 will be held at Olympic Park on this Saturday, February 11.

Competition commences at 10:00am and finished at 6:00pm.

See page 91 of the Summer Competition Handbook for details.

FRIDAY, FEBRUARY 17 – SUNDAY, FEBRUARY 19

Victorian open age championships at the MCG from February 17 to February 19

SATURDAY, FEBRUARY 25

All Comer's Meet number 5 will be held at Llanberris Reserve, Ballarat on Saturday, February 25

SATURDAY, MARCH 4

All Comer's Meet number 6 will be held at Box Hill, Coburg and Ringwood on Saturday, March 4. This is the last of the All Comer's Meets for the year.

SATURDAY, MARCH 11

Association Finals at Knox.

SUNDAY MARCH 19 - SATURDAY, MARCH 25

Track and field at the Commonwealth Games

FRIDAY, MARCH 31 – SUNDAY, APRIL 2

Australian U20 and U23 Championships, Mile End, South Australia

SUNDAY, APRIL 2

Australian club championships, Mile End, South Australia

SUNDAY, APRIL 9: "RUN FOR THE KIDS" WINTER SEASON OPENS!

The winter season starts early this year, with the Herald-Sun/City Link "Run for the Kids" being incorporated into the winter season calendar.

This is a run of 14.7km travels over the Bolte bridge, through the Burnley tunnel and up through the city to finish at royal Park.

There is a shorter event for junior athletes.

RESULTS FROM ALL COMER'S MEET 3

Box Hill athletes competed at all three venues, Knox, Glenhuntly and Williamstown for the 3rd all comer's meet.

Congratulations to Navin Arunasalam, who won a prize for his outstanding run in the 800m and to Brett Nuske, managed to compete at two venues on the one day!

Results from All Comer's Meet 3 at Knox

Women:

Chloe Caruso: 100m: 14.10, 200m: 29.18

Laura Anderson: 100m:14.98, 200m: 30.74, 100mH: 19.31

Jenna Jeffs: PV: 3.30m

Dawn Hartigan: PV: 3.15m

Men:

Theo Oostveen: 60m: 7.74, 110mH: 16.07

Ben Pocklington: 60m: 8.44, LJ: 5.66m

Chris Brock: 60m: 8.81, 100m: 13.38, 100mH: 18.37

Moses Levey: 60m: 7.48, 100m: 11.98

Alex Kokkinos:100m: 12.70, 200m: 25.43

Colin Pocklington: 100m: 12.50, 200m: 25.72

Nico Deoki: 100m: 12.08

Aron Di Rienzo: 100m: 12.23

Andrew Haddow: 100m: 12.05, 200m: 23.78
Brett Nuske: 200m: 24.57, LJ: 6.33m

Results from All Comer's Meet 3 at Glenhuntly

Women:

Kate Wall: 400m: 62.4
Emily DeLuca: 400m: 65.1
Jane Tulloch: 400m: 61.6
Suzanne Andrews: 800m: 2:40.4
George Connell: 800m: 2:20.1

Men:

Chris Wall: 400m: 51.4
Warren Brooks: 800m: 2:17.7
Neville Gardener: 800m: 2:53.3
Patrick Kelly: 800m: 2:03.1
Luke Vipond: 800m: 2:12.3
Navin Arunasalam: 800m: 1:53.6
Ruben Arunasalam: 800m: 1:59.0
David Featherston: 400mH: 55.8
Imran Zeed: 400mH: 59.7
Brett Nuske: LJ: 6.48m
Grant Hodges: LJ: 6.43m
Chris Rutty: HT: 47.36m

Results from All Comer's Meet 3 at Williamstown

Women:

Hannah Turnball: 100yards: 12.5, TJ: 10.55m

Men:

Paul Boxshall: 1500m: 4:17.4
Kynan Dawes: 3000mSteeple: 9:57.6
Aaron Lane: TJ: 11.17m