

Box Hill Athletic Club Summer News 15

ROUND 10 OF SHIELD COMPETITION AT NUNAWADING THIS SATURDAY

Round 10 of Shield competition will be held at Nunawading track (Bill Stewart Reserve, East Burwood. It is situated behind the Nunawading basketball stadium, off Burwood Highway, between Blackburn and Springvale Roads.) A large number of athletes and officials will be in Hobart this weekend for the National Club Championships and the National under 20 and under 23 Championships, so we urge all available athletes to compete this weekend and encourage anyone who is available to act as an official to please volunteer their services.

SHIELD COMPETITION AT OLYMPIC PARK

Note that round 11 of Shield Competition will be held at Olympic Park on Friday, February 16. Shield Competition will be held that night in conjunction with Premier League. If you wish to compete in the Premier League races that might contact AV or enter through the AV website.

UPCOMING EVENTS

| | | |
|-----------------------|---------------------------------|--------------|
| February 9 - 11 | Aust U20 & U23 Champs | Hobart |
| Saturday, February 10 | Shield Round 10 | Nunawading |
| Sunday, February 11 | Aust Club Championships | Hobart |
| Friday, February 16 | Shield Round 11/ Premier League | Olympic Park |
| Saturday, February 17 | New Clubrooms Opening! | |
| February 23-25 | Victorian Open & U20 Champs | Olympic Park |
| February 24-25 | U18, U16, U14 relay Champs | Olympic Park |
| Tuesday, March 6 | Shield Round 12 | Box Hill |

YOUTH AND UNDER 23 CHAMPIONSHIPS AND OPEN RELAY CHAMPIONSHIPS

Box Hill had some good results at the underage championships at Doncaster last weekend. Congratulations to all those who took part in the hot conditions, especially our medal winners.

Under 23 Men

Imran Zeed 400m Hurdles Gold Medal
Daniel Clark 1500m Gold Medal
Andrew White 5000m Gold Medal
Joel Pocklington Pole Vault Gold Medal
Adam Rabone Triple Jump Silver Medal

Under 23 Women

Jacinta Lynn Pole Vault Gold Medal
Gabriela Kruger Pole Vault Silver Medal
Amy Zagato 800m Bronze Medal

Under 18 Women

Natalia Kremenchutskaya Triple Jump Silver Medal
Breanne Cross Pole Vault Silver Medal
Olivia Milnes Pole Vault Bronze Medal

Under 16 Men

Lachlan McMillan Long Jump Gold Medal, 100m Hurdles Bronze Medal Kevin Wu Shot Put Silver Medal Dominic Poole Pole Vault Silver Medal Danny Krause 800m Bronze Medal, 1500m Bronze Medal, Shot Put Bronze Medal Tim Pappas 200m Bronze Medal

Under 16 Women

Alexandra Pocklington Pole Vault Gold Medal

Under 14 Men

Brodie Cross Pole Vault Gold Medal

Under 14 Women

Cassandra Raselli 1500m Walk Gold Medal

Grace Cotton High Jump Gold Medal, 200m Hurdles Silver Medal, 100m Bronze Medal

RELAYS CHAMPIONSHIPS

Box Hill had some great results in the state relay championships last weekend, despite have some athletes unavailable as they were running in the under 23 championships and others missing with injuries.

Men

4x1500m Gold Medal (Matt Coloe, Chris Hamer, Bouchaib Chefnaoui, Steve Dineen)

4x800m Gold Medal (Matt Cole, Alistair McLean, Steve Dineen, Lachlan Aspinall)

4x400m Silver Medal (David Burke, Imran Zeed, Tim Renowden, Lachlan Aspinall)

4x100m 4th place (Moses Puloop-Levey, David Burke, James Filshie, Cam Sherry)

Women

4x800m Gold Medal (Kate Ackland, Margie Conley, Kate Wall, Kristine Hopkins)

4x400m Bronze Medal (Viv Lee, Morgan Deane, Kristine Hopkins, Kate Ackland)

4x1500m Bronze Medal (Helen McCrae, Claire Fritze, Margie Conley, Kate Wall)

4x100m 4th place (Kate Ackland, Lavina Fernandez, Angela Phillips, Morgan Deane) 4x200m DQ (Angela Phillips, Emma Craven, Kimberlie Hornett, Hannah Turnbull)

UNDERAGE RELAY CHAMPIONSHIPS

Note the state underage relay championships will be held in conjunction with the state open and under 20 individual championships at Olympic Park on the weekend of February 23, 24, 25 Please let Cathy Tilley, Leana Tilley or Chris O'Connor know if you are available for the relay championships.

OPENING OF NEW CLUBROOMS

Finally the upstairs section of the clubrooms is to be officially opened!

The Box Hill Athletic Club invites you to attend the official opening of our new club rooms on Saturday, 17th February 2007. Following the official ceremony, please join with our Life Members and invited guests for drinks and nibbles to celebrate finally gaining full access to use the upstairs facilities.

WHERE: Hagenauer's Reserve, Box Hill

WHEN: Saturday, 17th February 2007

TIME: 5:30 pm till late

HOOKER SETS NATIONAL INDOOR RECORD IN BOSTON

After Steve Hooker's victory in the Boston Indoor Games on January 27, some one pointed out this interesting link

https://www.bostonindoorgames.com/2007/s_hooker.htm

QUESTIONS?

If you have any enquiries about shield competition, please contact: Rob Falkenberg -

Robert.Falkenberg@se1.bp.com

or Chris O'Connor - coconnor@swin.edu.au