

Box Hill Athletic Club Summer News 10
Monday 1 December 2008

UPCOMING EVENTS

Saturday, Dec 6 Shield Competition Round 7, Nunawading
Saturday, Dec 6 Zatopek 10k (B,C,D divisions) Aberfeldie
Thursday, Dec 11 Zatopek Meet at Olympic Park
Saturday, Dec 13 Shield Competition Round 8, Doncaster
Tuesday, Dec 16 Milers Club (800 and mile) Aberfeldie
Tuesday, Dec 16 High Velocity Club at Box Hill
Saturday, Dec 20 Rare Air Club at Box Hill

NEXT ROUND OF SHIELD COMPETITION AT NUNAWADING THIS SATURDAY

Round 7 of competition will be held at the Nunawading track, Bill Sewart Reserve, off Burwood Highway, East Burwood on this Saturday, December 6.
See the summer competition handbook or the AV website for the timetable.

PARIS DOES IT AGAIN

Congratulations to Paris McCathrion who again broke the Victorian under 14 pole vault record, with a jump of 3.25m

OFFICIALS NEEDED

We are still calling on people to volunteer to help out as officials at shield competition. If you are able to help, please let us know. If you are contacted by the club and asked to provide an official on a particular day, please try to do so, or if you cannot help on that day, perhaps suggest another round of competition where you or a family member can help out.

GREAT AUSTRALIAN RUN

Running over 15km, against some of the best distance runners in the world, Box Hill had a number of runners competing in the Great Australian Run on Sunday.
Some of the results

21. Andrew White 47:31
61. Steve Griffin 54:56
91. John Morris 57:21

30. Heidi Riordan 1:05:40

RESULTS FROM ROUND 6 OF SHIELD COMPETITION

The results listed below are sent to the club by the official scorer.
We are aware that there may be mistakes or omissions.
Please let us know of any mistakes in the results.

Women Under 16

100 Budden, Tessa 14.1
3000 W Mc Nicol-Davidson, Chloe 18:01.0
800 Savige, Amelia 2:46.6
HJ Marchant, Rebecca 1.60
HJ Budden, Tessa 1.40
PV Marchant, Rebecca 3.55
PV Mccathrion, Paris 3.25
TJ Marchant, Rebecca 12.06
PV Pocklington, Alexandra 3.40

Women Under 18

100H Aughton, Bridget 14.7
100 Houston, Katherine 14.4
400 Mahony, Charlotte 1:08.6
800 Turnbull, Olivia 2:19.0
800 Constable, Laura 2:24.9
PV Cross, Breanne 3.25
PV Houston, Katherine 2.35

Women Open

100H Spathis, Theodora 15.9
100 Sudholz, Bronwyn 12.2
100 Phillips, Angela 13.6
100Carabourniotis, Panayiota 14.0
100 Kirby, Alannah 14.8
3000 Johnson, Rachel 10:29.1
3000 Riordan, Heidi 11:04.2
3000 Conley, Margie 11:25.3
400 Ackland, Kathryn 1:01.6
800 Ackland, Kathryn 2:19.7
800 Andrews, Suzanne 2:34.3
800 Law, Rebecca 3:00.1
HJ Spathis, Theodora 1.60
PV Adams, Melanie 3.85
PV Ditton, Rosanna 3.55
TJCarabourniotis, Panayiota 9.76

Men Under 16

100H Miller, Andrew 17.0
100 Tyson, Don 13.0
100 Leardi, Dylan 13.1
100 Miller, Andrew 13.7
400 Tyson, Don 57.6
800 Coughlin, Andrew 2:05.3
PV Cross, Brodie 4.3

Men Under 18

100 Cornelius, Tom 11.2
100 Johnson, Marcus 12.3
100 Cross, Braeden 12.5
3000 Dyer, Jackson 10:03.0
3000 Hill, Jack 11:26.0
400 Johnson, Marcus 53.6
400 Schneider, Danny 53.7
400 Potter, William 55.0
400 Snibson, James 55.5
800 Potter, William 2:03.1
800 Schneider, Danny 2:03.7
800 Baggott, Nicholas 2:08.0
800 Snibson, James 2:09.5
800 Farrell, Callum 2:19.6
PV Papas, Tim 4.00
TJ Cornelius, Tom 13.06
TJ Potter, William 11.07
TJ Johnson, Marcus 10.78
TJ Cross, Braeden 10.67

Men Over 40

3000 W Olden, Graeme 18:09.0
3000 Dyer, William 11:07.2

3000 Tunne, Andrew 11:56.0
3000 Stevens, David 12:03.7
800 Graham, Craig 2:23.2

Men Open

100 Medford, Rhett 10.9
100 Haddow, Andrew 11.5
100 Lucus, Blake 11.5
100 Ross, Joshua 11.7
100 Filshie, James 12.0
100 Wilcox, Andrew 12.2
100 Pocklington, Colin 12.3
100 Nuske, Brett 12.3
100 Wong, Hiu Yeung 12.6
110H Featherston, David 19.6
3000 Kelly, Stephen 8:27.0
3000 Dipnall, Sam 9:02.0
3000 Griffin, Steven 9:44.7
3000 Harradine, Tristan 9:45.0
3000 Van Eeten, Antony 9:58.6
3000 Olden, Graeme 10:13.4
3000 Pepper, Adam 11:16.2
3000 O'Connor, Chris 11:24.8
400Tirhazouine, Otmane 52.2
400 Coloe, Matthew 53.6
400 Chefnaoui, Bouchaib 53.9
400 Wilcox, Andrew 54.1
400 Haddow, Andrew 54.5
400 Nagle, Andrew 54.7
400 Featherston, David 54.9
400 Lynch, Barry 56.2
400 Filshie, James 57.3
400 Wong, Hiu Yeung 59.4
800 Clark, Daniel 1:53.9
800 Tirhazouine, Otmane 1:56.0
800 Coloe, Matthew 1:56.4
800 Chefnaoui, Bouchaib 1:56.6
800 Arunasalam, Navin 1:58.6
800 Lynch, Barry 1:59.2
800 Nagle, Andrew 2:00.6
800 Kelly, Stephen 2:01.9
800 Featherston, David 2:05.7
HT Scherma, Sam 47.51
HT Featherston, David 19.56
HJ Spry, Jesse 1.85
PV Lucus, Blake 4.90
PV Pocklington, Joel 4.60
PV Sherry, Cameron 4.45
TJ Peavey, John 12.22
TJ Nuske, Brett 11.12