

Box Hill Athletic Club Summer News 12
Tuesday 16 December 2008

UPCOMING EVENTS

Tuesday, Dec 16 Milers Club (800 and mile) Aberfeldie
Tuesday, Dec 16 High Velocity Club at Box Hill
Saturday, Dec 20 Rare Air Club at Box Hill
Saturday, Jan 10 Shield Competition round 9 Box Hill
Thursday, Jan 15 Milers Club at Sandringham
Saturday, Jan 17 Shield Competition round 10 Nunawading
Thursday, Jan 22 Shield Competition round 11 Doncaster
Thursday, Jan 29 High Velocity Club at Olympic Park
Saturday, Jan 31 Shield Competition round 12 Box Hill

Congratulations to Adam Pepper

Congratulations to Life Member and committee member Adam Pepper who married his fiancé Miriam Bell on Saturday.



HIGH VELOCITY CLUB AT BOX HILL TONIGHT!

Please note that the track will not be open to training after 6:30pm tonight, Tuesday, December 16. The High Velocity Club will be holding races commencing at 7:00pm

NEXT FOUR ROUNDS OF SHIELD COMPETITION ARE IN JANUARY

With another washout of competition on Saturday, it is important that all available athletes compete in the four rounds of shield competition throughout January. We want to make sure that we have as many athletes as possible are qualified to compete in the finals in February.

PACIFIC SCHOOL GAMES

As noted last week, a number of Box Hill athletes competed with distinction at the Pacific School Games in Canberra. One name we missed was Tom Cornelius who won two bronze medals in the boys 16 years 4x100m and the long jump (6.95m). Tom also finished fourth in the triple jump (14.11m). Well done Tom!

YOUTH OLYMPICS

Congratulations to Rebecca Marchant, Alex Pocklington and Tim Papas who have been selected to take part in the fifth Australian Youth Olympics Festival in Sydney in January. Congratulations also to Leana Tilley who was chosen as the sprints coach for one of the teams.

ZATPEK CLASSIC

Congratulations to Steve Dinneen who ran a PB of 29:08.4 in the Zatopek 10,000m at Olympic Park last week. Andrew White finished in 30:31.4. In other events Daniel Clarke ran 3:47.3 and Matt Coloe 3:50.9 in the 1500m, Otmane Tirhazouine ran 1:53.1 in the 800m while 15 year old Rebecca Marchant was 4th in the triple jump with 12.21m and 16 year old Tom Cornelius jumped 13.34m in the men's event.