

**Box Hill Athletic Club Winter News 22**  
**Monday 25<sup>th</sup> August 2008**

## **UPCOMING EVENTS**

Sunday, Sept 7      Half-Marathon      Burnley  
Saturday, Sept 20      Tan Relays  
Saturday, Oct 11      Opening of Track season

## **STEVE HOOKER OLYMPIC CHAMPION**

Although he moved to Perth a couple of years ago, Steve Hooker has a long and close relationship with the Box Hill Athletic Club. As most of you will be aware, he competed for Box Hill from his junior days and was taught to pole vault at Box Hill by Mark Stewart. Steve has been a great supporter of the club over many years, so although he is not technically a member of the club at the moment, many of us regard him as Box Hill's first ever Olympic gold Medallist.

Congratulations to Steve on his stupendous achievement. We are both proud of him and inspired by him.

## **BURNLEY HALF MARATHON**

The next and second last event of the AV winter series is the half marathon at Burnley on Sunday September 7 at 8:00am. This is an open aged event only, but if any juniors wish to run in this race, let us know as soon as possible so that your entry can be organized.

As can be seen from the ladders below, Box Hill is well placed to win several premierships this season.

## **NATIONALS**

Congratulations to all the Box Hill athletes who competed in the national cross country championships at Geelong last Saturday. Particular mention must go to Chris Hamer and Steve Dinneen who both placed in the top 10

### **MEN      12km**

1	Martin Dent	ACT	36:05
2	Jeffrey Hunt	NSW	36:27
3	Ben St Lawrence	NSW	36:33
4	Liam Adams	VIC	36:41
5	Jeremy Roff	NSW	36:49
6	Chris Hamer	Box Hill	36:51
7	Tim Rowe	NSW	36:54
8	Russell Dessaix- Chin	NSW	36:57
9	Stephen Dinneen	Box Hill	37:10
10	Daniel Hornery	Sandringham	37:12
18	Andrew White	Box Hill	38:28
22	Bouchaib Chefnaoui	Box Hill	38:49
27	Matthew Coloe	Box Hill	39:16
39	Daniel Clark	Box Hill	40:01
45	John Meagher	Box Hill	40:15
66	Steven Griffin	Box Hill	45:07

### **WOMEN      8km**

47	Emma Steer	34:29
----	------------	-------

## CITY TO SURF

Box Hill had a number of athletes travel to Sydney to take part in this prestigious event. Congratulations to everyone who ran so well. Special mention to Daniel Clark who ran brilliantly to finished 9th over the hilly 14km course in a time of 43:46 and to Steve Kelly who was 17th in 44:52, not a bad result in a race with 60,000 participants!

## WINTER PREMIERSHIP LADDERS

The winter premierships ladders, with 8 of 10 rounds completed are listed below. I have only listed the top teams in the divisions where Box Hill has a team in the top 6. There are between 12 and 20 teams in each division.

### MEN DIVISION 1

1 Box Hill	100
2 Geelong	81
3 Ballarat YCW	70
4 Glenhuntly	64
4 Sandringham	64
6 Knox Athletics	60

### MEN DIVISION 3

1 Box Hill	101
2 Sandringham	79
3 Western Aths	77
4 Melbourne Uni	66

### MEN DIVISION 5

1 Oakleigh	77
2 Waverley	73
3 Western Aths	68
4 Box Hill	57

### MEN UNDER 20

1 Box Hill	74
2 Western Aths	70
3 Ballarat City	36
4 Knox Athletics	30

### MEN OVER 40

1 APS United	81
2 Box Hill	78
3 Waverley	59
4 Bendigo Region	48
4 Traralgon	48

### WOMEN DIVISION 1

1 Knox Athletics	92
2 APS United	91
3 Glenhuntly	84
4 Melbourne Uni	70
5 Richmond	54
6 Box Hill	42

## **ON A PERSONAL NOTE**

I was unable to send out a Winter Bulletin email last week as I was in Beijing watching some of the most exciting athletics the world has ever seen. I was lucky enough to be present to see 5 world records and numerous other stunning performances. And, of course I was there to witness Steve Hooker's heart stopping triumph in the pole vault. It was a truly memorable 2 weeks in China!