# <u>Box Hill Athletic Club Winter Bulletin 2010 No. 02</u> <u>Monday 26 April 2010</u>

# **UPCOMING EVENTS**

Saturday, May 1, Cross Country Relays, Jells Park Sunday, May 2, Presentation Day, Club Rooms Saturday May 8, Cross Country, Lardner Park Saturday May 29, Road Race, Sandown

#### PRESENTATION DAY THIS SUNDAY!

This years club presentation function will be held at the club rooms from 4:00pm to 6:00pm on Sunday, May 2. We urge all members to come along and celebrate the successes of the year for Box Hill. Light refreshments will be provided. Hope to see you all there!

#### **CROSS COUNTRY RELAYS ON SATURDAY**

The 2010 Cross Country and Road season (XCR'10) commences this Saturday, May 1 at Jells Park. Teams are yet to be finalised but draft teams are listed below.

If your name is listed please reply by return email to confirm your participation, if you have not already done so.

If your name is not listed but you wish to compete, please let us know as soon as possible. Remember to compete this Saturday, you must be registered for the 2010/2011 season.

#### Men Division 1:

- 1. Andrew White
- 2. David Jiminez
- 3. Matt Coloe
- 4. Steve Kelly
- 5. John Meagher
- 6. Daniel Clark

#### Men Division 2:

- 1. Andrew Nagle
- 2. Steve Griffin
- 3. Daniel Balassone
- 4. Bert Pelgrim
- 5. John Morris?
- 6. Chris Papadakis?

#### Men Division 4

- 1. David Featherston
- 2. Patrick Oughtred?
- 3. Graeme Olden
- 4. John Vaitkunas
- 5. Max Williams?

Men 40+

Peter Stefanos

David Ayers?

Bill Dyer?

**David Stevens** 

Andrew Tunne

#### Men Under 18

- 1. Dylan Eeles
- 2. Richard Jackson-Grose
- 3. Jonathan Tree

#### Men Under 16

- 1. Jack Harris
- 2. Lachlan Brown
- 3. Mitchell Dyer?

#### Women Division 1

- 1. Rachel johnson
- 2. Brooke Condon
- 3. Talitha Crawford
- 4. Julie Norney

#### Women Division 2

- 1. Rebecca Law
- 2. Harriet Hodgkinson
- 3. Priscilla Barrington
- 4. Jess De Bruin?

Emma Steer?

Kris Hopkins?

Prue Healy?

#### Women Division 4

- 1. Charmaine McNally
- 2. Kerry Putt
- 3. Hannah Deal

#### Women 40+

- 1. Megan Sloane
- 2. June Petrie
- 3. Amanda Harper

#### Women Under 20

- 1. Emily De Luca
- 2. Grace Brown
- 3. Angela Crowley

Women Under 18

Natalie Ambrose

Liselle Atkin

Eloise O'Brien

Brigid Wolhuter

Women Under 16

Helen Tower

Amelia Savige

Emily Goessler?

Contact a member of the winter competition committee if you have any questions.

Graeme Olden

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Ian and Megan Sloane

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#### **GET REGISTERED NOW!**

Registration are now due for the 2010/2011 athletics year.

Registrations expire on April 1 each year, so send in your registration forms now so that you are a paid up member and ready for a winter of either racing or preparing for next summer!

#### **CONGRATULATIONS KYLE!**

Coached by John Meagher and led by Box Hill's Kyle Martin-Alcaide, Marcellin College represented Australia at the world schools cross country championships last weekend in Slovakia. Kyle won the race and helped his school to a bronze medal in the teams competition. Well done guys!

### **CLUB 5K HANDICAP**

Full results from last weeks race.

(Note that many of the runners in the second half of the field took the wrong turn and run approximately 5.3km!)

# Finishing order 5 K Handicap race

	Nome		Handison	A atual tima
Place	Name	Elapsed time	Handicap	Actual time
1	Andrew Nagle	27:20	9:30	17:50
2	Dave Featherston	27:28	8:40	18:48
3	Graeme Olden	27:48	9:10	18:38
4	Mitchell Dyer	27:56	8:55	19:01
5	Bert Pelgrim	28:02	9:55	18:07
6	John Vaitkunas	28:06	9:10	18:56
7	Katherine Houston	28:08	2:30	25:38
8	Michael Dowel	28:09	11:30	16:39
9	Julie Norney	28:09	8:55	19:14
10	Steve Griffin	28:16	11:05	17:11
11	Richard Jackson-Grose	28:38	10:00	18:38
12	Bec Marchant	28:44	2:00	26:44
13	Abbie Freestone	28:44	2:00	26:44
14	Warren Brooks	28:47	7:00	21:47
15	Dave Ayers	28:48	9:15	19:33
16	Bill Dyer	28:50	8:40	20:10
17	Andrew White	28:56	12:20	16:36
18	Rachel Johnson	29:04	10:25	18:39
19	Dylan Eeles	29:16	10:00	19:16
20	Nat Ambrose	29:22	7:40	21:42
21	Peter Stefanos	29:23	7:40	21:43
22	Angela Crowley	29:29	6:00	23:29
23	Eloise O'Brien	29:34	8:35	20:59
24	Tom Cornelius	29:40	8:40	21:00
25	Brodie Cross	29:41	8:45	20:56
26	Dave Stevens	29:56	6:45	23:11
27	Rebecca Law	30:06	7:50	22:16
28	Emily de Luca	30:07	6:45	23:22
29	Jonathon Tree	30:10	8:50	21:20
30	Megan Sloane	30:23	6:30	23:53
31	Kerry Putt	30:58	6:05	24:53
32	Simon Evans	31:20	7:00	24:20
33	Brigid Wolhuter	31:53	7:00	24:53
34	Helen Towler	32:19	7:00	25:19
35	Braeden Cross	32:27	7:50	24:37
36	Harry Dodds	32:52	5:00	27:52
37	Kate Beever	33:35	1:30	32:05
38	Dom DiCenso	36:51	5:00	29:51
39	Callum Evans	39:14	5:00	34:14
40	Liam Evans	DNF		

Fastest time: Andrew White 16:36

# WINTER SEASON - XCR'10 - OPENS ON MAY 1

The Athletic Victoria winter season is fast approaching. To take part in the first event, the cross country relays at Jells Park on May 1, you must be registered for the new 2010/2011 season the week before! This year you will **not** be allowed to register on the day. Registration invoices should be arriving in your letterbox this week, so make sure you register as soon as possible.

1-May-10 Saturday Cross Country Relays Jells Park 8-May-10 Saturday Cross Country Lardner Park 29-May-10 Saturday Road Race Sandown 19-Jun-10 Saturday Road Race Lake Wendouree 10-Jul-10 Saturday Relay Coliban 17-Jul-10 Saturday Cross Country Bundoora 31-Jul-10 Saturday Cross Country Brimbank Park 28-Aug-10 Saturday Road Relays Sandown 5-Sep-10 Sunday Road Race Burnley 18-Sep-10 Saturday Relay The Tan