

Box Hill Athletic Club Winter Bulletin 2010 No. 15
Monday 26 July 2010

UPCOMING EVENTS

Saturday, July 31, Cross Country, Brimbank Park
Saturday, August 21, National Cross Country Champs, Brisbane
Saturday, August 28, Road Relays, Sandown

BRIMBANK PARK CROSS COUNTRY ON THIS Saturday

The next event on the Athletics Victoria XCR'10 winter calendar, is the cross country event at Brimbank Park on this Saturday, July 31. **Online entries for this event close today!**

This is a return to the venue that has not been used for a number of years.

The men compete over 16km, the women race 6km and the juniors run various distances between 4km and 8km.

Online entries close this Monday, July 26.

This is the last cross country event for the season, before we return to the road races, so don't miss out!

Online entries for this event close today!

CONGRATULATIONS NIKKI!

Congratulations to Nikki Chapple who has been selected to represent Australia at the world half-marathon championships to held in China in October.

JUNIOR STATE TEAMS SELECTED

Congratulations to Natalie Ambrose, Grace Brown, Amy Carrig, Daniel Balassone, Kyle Martin-Alcaide, Michael Dowel and Emily Goessler who have selected to represent Victoria in the national cross country championships in Brisbane on August 21.

WINTER SEASON - XCR'10 - CALENDAR

The Athletic Victoria winter season calendar is shown below. To take part you must be registered for the new 2010/2011 season. You must then enter online at the AV website, by either purchasing a season's ticket or paying for each individual event.

AV Winter Season Program:

31-Jul-10 Saturday Cross Country Brimbank Park

28-Aug-10 Saturday Road Relays Sandown

5-Sep-10 Sunday Road Race Burnley

18-Sep-10 Saturday Relay The Tan

Contact a member of the winter competition committee if you have any questions.

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