

**Box Hill Athletic Club Winter Bulletin 2010 No. 19**  
**Wednesday 25 August 2010**

## **UPCOMING EVENTS**

Saturday, August 28, Road Relays, Sandown  
Sunday, September 5, Half Marathon Championships, Burnley  
Sunday, September 12, MOVIE NIGHT!  
Saturday, September 18, Tan relays

### **SANDOWN RELAYS ON THIS Saturday!**

The Sandown Road Relays will take place at Sandown race course this Saturday, August 28, commencing at 1:30pm.

Unfortunately there have been a number of withdrawals, but the club has still entered 10 teams across all age groups, so if anyone is available to run and has not confirmed their participation yet, please let us know as soon as possible.

We are hoping to send out final teams tomorrow.

### **BURNLEY HALF MARATHON - ENTRIES CLOSE ON MONDAY**

The state half marathon championships will be held at Burnley next Sunday, September 5. Entries close this Monday!

If you wish to run in this event, the last individual race for the winter season, and you do not have a season's entry, then enter online before Monday.

### **YOUTH OLYMPICS**

Brodie Cross finished 3rd in the "B" final in the Youth Olympics in Singapore.

Brodie cleared 4.45m. in difficult conditions in the qualifying round and then 4.50m in the B final.

We are sure that this is just the first of many opportunities for Brodie to represent his country.

### **NATIONAL CROSS COUNTRY CHAMPIONSHIPS**

Box Hill runners, Steve Kelly and Brooke Condon put in outstanding performances in the national cross country championships last Saturday in Brisbane.

Steve finished 4th behind Commonwealth Games and World Cross Country representatives, Martin Dent, Liam Adams and Jeff Hunt, while Brooke was the 2nd Victorian and 7th Australian across the line in the women's event. Both Steve and Brooke have had outstanding winter seasons and will hopefully inspire some of our other club members to reach similar heights in the near future.

In the junior events, Michael Dowel finished 18th and Daniel Balassone 35th in the men's Under 20 event, while Amy Carrig and Grace Brown finished 15th and 16th respectively in the women's under 20 race. In the under 18s Natalie Ambrose finished 25th and Kyle Martin-Alcaide 55th.

### **NATIONAL ROAD WALKING CHAMPIONSHIPS**

Congratulations to Nathan Brill who has taken out the national under 16, 5km road walk title. In an outstanding display, Nathan won this event by over a minute in the time of 22:59.

### **TRACK SEASON IS COMING!**

The 2010/2011 interclub shield track and field season is just 6 weeks away. Competition starts on Saturday, October 9. Don't miss out on the start of the season. If you are not registered for this season please register as soon as possible. Registration forms can be down loaded from the Box Hill Athletic Club website, or reply to this email and we will send you a form.

### **MOVIE NIGHT**

The club will be holding a fund raising movie night at the Balwyn Cinemas on the afternoon of Sunday, September 12. The movie, "Salt", will start at approximately 4:00pm. Tickets that include the movie and afternoon tea are selling for \$20 (\$17:50 for students).

### **WINTER SEASON - XCR'10 - CALENDAR**

There are just 3 events left in the Athletics Victoria XCR'10 season.

We are hoping to finish off the season with a bang, by entering strong teams in the remaining events.

28-Aug-10 Saturday Road Relays Sandown

5-Sep-10 Sunday Road Race Burnley

18-Sep-10 Saturday Relay The Tan

Contact a member of the winter competition committee if you have any questions.

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