

Box Hill Athletic Club Summer Bulletin 2011 - 2012 No. 02
Monday 10 October 2011

UPCOMING EVENTS

Tuesday October 11, Season Launch

Saturday, October 15, Shield Competition Round 1, Doncaster

Saturday, October 22, Shield Competition Round 2, Box Hill

Saturday, October 29, Shield Competition, Round 3, Doncaster

SEASON LAUNCH TOMORROW NIGHT!

The 2011/12 track and field season is upon us! A season launch will be held at the clubrooms on Tuesday evening, October 11 from 7:00pm. This is a great opportunity to meet other Box Hill members, Team managers, Coaches and Club Captains and find out all the information about this track season. Free pizza will be provided!
Make sure you are there.

TRACK SEASON OPENS THIS SATURDAY AT DONCASTER!

The track season opens with interclub Shield Competition on this Saturday, October 15, at Doncaster. Make sure you are registered and ready to compete. Registrations usually take about a week to be processed so if you are not registered for the 2011/12 season, do it now!

Round 1 will feature program 1 which includes, 200m, 800m, 3000/5000m, 400m Hurdles, 4x400m relay, walk, Hammer, Shot Put, Triple Jump, High Jump.

Track events start at 1:00pm, with field events beginning with the Hammer Throw at 12:00 and the Triple Jump at 12:30.

It is important that Box Hill gets off to a good start to make sure all our teams make the finals in the new year, so all registered members should make every effort to compete this weekend.

Box Hill has teams in the following divisions:

Men Division 1

Men Over 40

Men Under 18

Men Under 16

Women Division 1

Women Under 18

Women Under 16

WORKING BEE

Thanks to all those who attended the working bee on Saturday. Your help is most appreciated.

STEVE DINNEEN SELECTED FOR AUSTRALIA

Congratulations to our winter club captain, Steve Dinneen, who has been selected to represent Australia in Ekiden Relay in Chiba, Japan next month.

RECAP ON THE 2011 /12 WINTER SEASON

As we are about to launch into the second part of the 2011 /12 Season-Summer, it is timely to recap the Winter XCR'11 Season with some snippets. Congratulations to all who competed for Box Hill - a mix of new members, returning members from last year, and some members who were back after injury or a long break. We managed to get over 50 Athletes competing at some events - a fantastic effort!

2011 Champion Winter Athlete Awards Open

Steve Kelly won back to back XCR'11 Champion Winter Athlete Open Men.

Julie Norney, June Petrie and Megan Sloane all finished second in their divisions of the Champion Winter Athlete - Women Over 40, 45 and 50 respectively.

Steve Dineen placed 3rd in the Open Men Award.

Bert Pelgrim was 4th Men 50; John Meagher 5th Men 40; Chris Hamer 7th Open Men; Chris O'Connor 7th M50; Brooke Condon 8th Open Women; Amanda Harper 10th Women 40.

2011 Winter Teams Premierships Open

A landslide win to our Over 40 Women.

Second placing for the Open Men Division 1 in a tightly contested competition which came down to the last Relay being the decider.

Third placing for the Over 50 Men, a great way for Box Hill to debut in this age group.

From all of the winter athletes we extend our sincere thanks to everyone who acted as Officials for the Club during the Season, to our Winter Committee - Chris, Ian and Graeme- who organised our Team entries/selections; to Graeme and David for making sure that the Box Hill Tent was there; and last but not least for the all important Post Race Afternoon Teas we thank Chris for his cakes and Megan for her scones.

All in all Box Hill Athletic Club enjoyed a successful and fun XCR'11 and we look forward to having everyone join us next year for XCR'12!

Steve Dineen and June Petrie

2011 Winter Captains

XCR'11 JUNIOR WRAP

The future of our Club looks promising with 30 Junior Athletes competing for Box Hill AC over the 2011 /12 Winter Season! Congratulations to all who took part!! Representing the Club in cross country races, road races and relays our Juniors excelled in both individual and team performances.

Special thanks are extended to the parents/coaches who helped to get the athletes to the various venues which ranged from Balnarring Racecourse in the south to Ballarat in the north; and those who also assisted as Officials during the season..

2011 Winter Champion Athlete Awards

In the Champion Athlete Awards we were thrilled to have Grace Brown win the U20 Women Award; with Michael Dowel placing 2nd in the U20 Men; 3rds placing going to Amy Carrig U20 Women, Natalie Ambrose U18 Women and Zoe Schwerkolt U14 Women and Will Potter was 4th U20.

2011 Winter Teams Premierships

In the Teams Premierships wins for the 2011 season were recorded by our U20 Men and our U20 Women Teams; with our U18 Women finishing third overall.

Relays always attracted huge turnouts and it was pleasing to sometimes field 2 x U20 Men and two x U16 Men teams. Our Juniors were happy to compete out of their own age group when called upon with some even moving up to the Open teams on occasion.

Victorian Winter Relay Championships (3) – Cross Country, Road, Tan

U16 Men	1xSilver
U18 Women	1xGold
U18 Men	1xSilver
U20 Women	2xGold; 1xSilver
U20 Men	2xGold; 1xBronze

Awards

During the season eight Saucony Junior Prize Packs were awarded by lucky draw as incentives to encourage our Box Hill Junior Athletes to participate in the AV XCR'11 competition.

Commemorative Result Certificates

Continuing in the tradition of last year "Special Commemorative Results Certificates" will be awarded to all 30 Junior Athletes. These were a great hit and are a record of each athlete's own personal race results in the XCR'11 (whether it was 1 event or 5 events). These will be awarded at the Official Launch of the 2011 /12 Summer (Track) Season 7.00pm Tuesday 11 October 2011 at the Box Hill AC Club Rooms.

Breaking News!!!!

We are excited to announce that thanks to the generous support of the Box Hill Junior Development Program by Saucony we will be presenting all 30 Junior Athletes with an Achievement Award. Again these will be presented at the Official Launch of the 2011 /12 Summer (Track) Season, 7.00pm Tuesday 11 October 2011 at the Box Hill AC Club Rooms.

Our Box Hill Athletic Club Junior Athletes who represented us during XCR'11

U14

Zoe Schwerkolt

U16

Emily Goessler, Jacob Parlevliet, James Whelan, Laughlin Norney, Mitchell Dyer, Nick Paidoussis, Zac Hunter

U18

Amelia Savage, Helen Tower, Katherine Foley, Louise Rait, Natalie Ambrose, Dylan Eeles, Hanson Wong, James Norney, Kyle Martin-Alcaide

U20

Amy Carrig, Chelsea Dyer, Grace Brown, Liselle Atkin, Penny Townshend, Ian Schaeffer, Jack Hill, Michael Dowel, Mitch Milnes, Sam Mackie, Tyler Agius, Will Potter

Special mention and congratulations to **Amelia Savage** who competed in all of the Winter Events – a great effort!

Congratulations to everyone who took part in the 2011/12 Winter season, and good luck to those continuing on for the 2011 /12 Summer season.

We look forward to seeing you all at the Summer Season launch.

TAN: All Time Rankings

After seven years of Tan relays, we have listed the Box Hill women's and men's rankings list below.

WOMEN:

Name	Time	Year
1 Johnson, R	13.34	2009
2 Keage, J	13.57	2011
3 Tomlinson, H	14.00	2007
4 Brown, G	14.02	2011
5 Debruin, J	14.18	2005
6 Norney, J	14.22	2011
7 Grahame, S	14.27	2006
8 Ambrose, N	14.30	2011
9 Cant, S	14.34	2006
10 Carrig, A	14.35	2011
11 Turner, F	14.46	2005
12 Harper, A	14.49	2006
13 Wall, K	14.49	2006

14	Turnbull, O	14.49	2009
15	Ackland, K	14.53	2009
16	Steer, E	14.55	2009
17	Davies, G	14.59	2006
18	Cleland, C	15.13	2008
19	Hodgkinson, H	15.17	2006
20	Crawford, T	15.17	2009

MEN:

	Name	Time	Year
1	White, A	11.10	2009
2	Hamer, C	11.14	2009
3	Coloe, M	11.16	2009
4	Clark, D	11.27	2007
5	Kelly, S	11.28	2011
6	Dinneen, S	11.31	2006
7	Chefnaoui, B	11.37	2007
8	Lynch, B	11.42	2006
9	Yeatman, L	11.43	2008
10	Meagher, J	11.49	2006
11	Watson, Simon	11.56	2005
12	Aloisio, A	11.56	2009
13	Potter, W	11.56	2011
14	Craigie, A	11.59	2006
15	Nugent, D	11.59	2006
16	Vincent, A	12.04	2007
17	Martin-Alcaide, K	12.05	2009
18	Diorietes, A	12.10	2007
19	Agius, T	12.10	2011
20	Dowel, M	12.13	2011