

Box Hill Athletic Club Summer Bulletin 2011 - 2012 No. 12
Tuesday 20 December 2011

UPCOMING EVENTS

Tuesday, December 20, Milers Club, Box Hill

Saturday, December 24, Rare Air Club, Box Hill

Saturday, January 7, Rare Air Club, Melbourne Uni

Sunday, January 8, High Velocity Club, Geelong

Tuesday, January 10, AV Throwers, Ringwood

Tuesday, January 17, Milers Club, Albert Park

Saturday, January 21, Shield Competition Round 10, Box Hill

Sunday, January 22, High Velocity Club, Albert Park

MILERS CLUB AT BOX HILL TONIGHT

Please note that the Victorian Milers Club will be holding competition at the track tonight (Tuesday). The track will be unavailable for training from 6:45pm.

SHIELD COMPETITION RESUMES ON JANUARY 21

Shield competition will resume after the Christmas break with competition at Box Hill on Saturday, January 21. Competition in January will be held at the usual starting time (not as twilight meets as was originally planned).

BILL SCOTT - GET WELL SOON

Box Hill club legend, club record holder and 1980 Olympian, Bill Scott suffered a serious bicycle accident during an event in the Victorian High Plains. He suffered multiple fractures and deep lacerations and is presently recovering in the Alfred Hospital. Everyone associated with the club wishes Bill all the best for a speedy and full recovery.

RESULTS FROM ROUND 9 OF SHIELD COMPETITION AT RINGWOOD

Men Open

200m

Daniel White-Alikakos	23.2
Marcus Johnson	24.1
Cameron Baker	24.4
David Mitchell	25.4
Andrew Coughlin	25.6

800m

Daniel Clark	1:52.5
Nicholas Baggott	1:59.5
Ryan Green	2:04.0
Samuel Mackie	2:04.2
David Featherston	2:05.7
Peter Green	2:09.5
Cameron Martin	2:10.9

3,000m

David Jimenez	9:28.2
Andrew Hester	9:56.9
Cameron Baker	12:55.1

Triple Jump

Cameron Baker	9.48m
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High Jump

Cameron Baker	1.50m
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Shot Put

David Grant	12.01m
Tom Cornelius	9.32m

Hammer

Cameron Baker 19.75m

Men 40+

200m

Andrew Wilcox	23.9
Hendrick Dreyer	25.9
David Cross	27.1
Mark Stewart	38.6

800m

John Meagher	2:13.9
Graeme Olden	2:19.6
David Ayers	2:24.2
James Tennant	2:46.7
Michael Paidousis (inv)	2:41.1

3,000m

John Meagher	9:41.7
Graeme Olden	10:42.2
Peter Stefanos	10:58.2
David Ayers	11:33.6
Andrew Tunne	12:19.6

400m Hurdles

Graeme Olden	72.9
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3,000m Walk

William Dyer	16:58.8
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Triple Jump

Andrew Wilcox	9.58m
Hendrick Dreyer	7.98m

High Jump

Mark Stewart	1.35m
Michael Seton	1.25m

Shot Put

Hendrick Dreyer	9.99m
Cameron Morris	9.69m
David Cross	8.91m
Michael Seton	8.89m
William Dyer	8.47m
Mark Stewart	8.42m

Hammer

David Cross	26.67m
Cameron Morris	24.13m
Hendrick Dreyer	21.18m
Harry Summers	18.12m
Michael Seton	18.07m

Men Under 18

200m

Daniel Bancroft	24.0
Jake Musson	24.9

800m

Danny Wang	2:24.8
James O'Connell	2:28.1

400m Hurdles

Jake Musson	58.3
Daniel Bancroft	60.4
Thomas Robertson	60.8

Triple Jump

Nathan Spaul	11.76m
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James Norney 11.48m

Sean O'Farrell 11.29m

High Jump

Nathan Spaul 1.80m

Danny Wang 1.40m

Shot Put

Sean O'Farrell 9.68m

Men Under 16

200m

Jacob Parlevliet 26.8

Tom Snibson 28.1

Bayley Forbes 31.5

800m

Mitchell Dyer 2:03.6

Ned Snibson 2:14.3

Laughlin Norney 2:18.0

Thomas Paidoussis 2:27.0

Jacob Parlevliet 2:31.1

Nicolas Paidoussis 2:41.3

3,000m

Tom Snibson 10:29.2

Zac Hunter 11:33.3

200m Hurdles

Jonothan Taylor 29.8

300m Hurdles

Jacob Parlevliet 52.6

Triple Jump

Jonothan Taylor 11.20m

Bayley Forbes 8.71m

Shot Put

William Seton 12.93m

Jonothan Taylor 9.80m

Hammer

William Seton 31.46m

Women Open

200m

Talitha Crawford 27.5

Vivienne Lee 29.8

Laura Constable 30.2

800m

Grace Brown 2:16.2

Hannah Deal 2:21.2

Talitha Crawford 2:23.2

Julie Norney 2:29.6

Amanda Branson 2:38.7

3,000m

Amy Carrig 10:55.7

Rachel Johnson 11:44.1

Hannah Deal 12:24.5

Liselle Atkin 12:34.6

Sarah Burke 13:33.7

3,000m Walk

Simone Carre 18:56.9

Triple Jump

Natalia Kremenchutskaya 12.32m

Simone Carre 10.91m

Yiota Carabourniotis 9.18m

Shot Put

Simone Carre 10.74m

Chelsea Dyer 10.73m

Catherine McCowan 9.43m

Kate Ackland 6.35m

Hammer

Catherine McCowan 40.69m

Women Under 18

200m

Katherine Foley 29.3

800m

Katherine Foley 2:37.1

Shot Put

Phoebe Sloane 11.65m

Women Under 16

200m

Shona Branson 28.5

Emily Holding 29.5

Olivia Gray 32.4

800m

Ellissa Garrod 2:36.3

MERRY CHRISTMAS!

The club wishes all members and friends a very merry Christmas and best wishes for a happy and successful 2012!