

Box Hill Athletic Club Summer Bulletin 2011 - 2012 No. 25
Tuesday 3 April 2012

BOX HILL ATHLETIC CLUB est. 1932 - Celebrating 80 years in 2012!

UPCOMING EVENTS

April 5-9, Australian Masters Championships, Albert Park
April 7, Saturday, AV Throwers, Ringwood
April 13-15, Australian Championships, Albert Park
April 21, Saturday, XCR'12 Cross Country Relays, Jells Park
April 22, Sunday, Bunnings BBQ Fundraiser

CROSS COUNTRY SEASON OPENS APRIL 21!

The 2012 winter cross country and road racing season (XCR'12) starts in just over 2 weeks time. To compete in the first event, the cross country relays at Jells Park on Saturday, April 21, you must register for the 2012/13 season. Registration forms will be sent out later this week. Please fill these in and return them immediately if you wish to run at Jells Park. Please let us know via return email if you are available to run on this day. We hope to enter teams in all divisions and age groups.

SPOTLIGHT ON OUR JUNIORS

With the 2011/12 season rapidly coming to a close it is appropriate to highlight some recent track and field achievements of our Juniors, the future of our club. We had good attendances throughout the summer competition and were well represented at the Victorian and Australian Championships.

Nana-Adoma Owusu-Afriye

Was crowned Victoria's Fastest Kid (female) and was recently presented with her award of a \$1000 adidas gift voucher and a framed adidas training top signed by 100m hurdle World Champion and adidas ambassador Sally Pearson.

Nana's success did not stop there with her representing Victoria at the Australian Junior Track & Field Championships and winning the U14 100m Australian Championship and the U14 200m Australian Championship.

Nathan Brill

Nathan has been selected to represent Australia in the IAAF World Race Walking Cup in Saransk, Russia in May. Nathan is one of six Victorians named in the 16-strong team and will be competing in the 10km race walk event.

Nathan's recent performances at the Australian Junior Track & Field Championships were a stand out and convinced selectors that he was worthy of a spot. Nathan is the U17 5000m Walk Australian Champion and he also took out Bronze in the U20 10,000m Walk.

Paris McCathrion

Paris has been selected to represent Australia at the World Junior Track & Field Championships to be held in Barcelona in July. Paris has had a fantastic season winning the U20 and U18 Australian Pole Vault Championships and with many record breaking performances throughout!

Brodie Cross

Brodie has also been selected to represent Australia at the World Junior Track & Field Championships to be held in Barcelona in July. Brodie finished his domestic track campaign (at Junior level) being crowned Australian Champion U20 Pole Vault.

Rebecca Marchant

Athletics Victoria have announced their inaugural Target Talent Squad and Rebecca was successful in applying for one of the hotly contested ten spots. Rebecca's 2011/12 season culminated in a 4th place in the U20 Pole Vault at the Australian Junior Track & Field Championships. As a squad member Rebecca will receive free AV registration for 2012/13 and be eligible for up to \$1200 of athlete scholarship funding and \$500 of coaching funding.

The Club congratulates all Juniors who competed for Box Hill during the Summer Season - at Shield level, Victorian Championships and Australian Championships!

BUNNINGS BBQ - FUNDRAISING EVENT - Sunday 22 April - Calling for Volunteers PLEASE

We are still looking for volunteers to BBQ, play cashier or source donors for sausages, bread or drinks
Please get in touch with David or June if you can help out.

David Stevens: davidmstevens@bigpond.com

June Petrie M 0413 772 874

Date: Sunday 22 April 2012

Time: 0830 am to 5.00pm

Where: Bunnings Box Hill, Corner Middleborough Road and Clarice Road Box Hill

4 volunteers per time slot are required, making just 16 volunteers in total

Time slots:

8.30 to 10.30

10.30 to 12.30

12.30 to 2.30

2.30 to 5.00pm

Funds raised from the BBQ are being earmarked for the Box Hill Athletic Club Junior Development Program

RESULTS

AV Throwers, April 1

Phoebe Sloane U18 Discus 38.63m, Shot Put 12.13m

Kate McCowan Hammer 43.31m

Rare Air Club., March 31 (pole vault)

Joel Pocklington 5.15m

Paris McCathrion 3.70m

Simone Carre 3.40m

High Velocity Club, March 31

Natalia Kremenchutskaya, Triple Jump 12.61m

Tom Cornelius, Long Jump 6.78m

RUN FOR THE KIDS

Mitchell Dyer, one of our junior members, joined the 33,000 runners who raised over 1.65 million for the Royal Children's Hospital Appeal in Sunday's R4TK event. Mitchell was all smiles as he also took out 2nd place overall in the Men's 5.2km event in 17.40. Congratulations Mitch!

Other notable performances in the 14.38km event were 5th place by Steve Kelly in 44:53 (faster than his winning time from last year!) an outstanding 14th place by junior Kyle Martin-Alcaide in 46:53. Sam Mackie was 33rd in 49:38, Steve Griffin 46th with 51:28 and Andrew Hester 79th in 53:46.

Former club member Josh de Stefanis (is this a comeback?) was 59th in 52:14

Amy Carrig was the 34th woman in 59:46, while another junior, Amelia Savige, was the 17th woman in the 5.2km race with a time of 22:36.

MOUNTAIN RUNNING ANYONE?

Whilst the 2012 / 13 season officially kicks off on Saturday 21 April with the Victorian Cross Country Relay Championships at Jells Park, the first Australian Championship of the season will be held on Sunday 29 April. The 2012 Australian Mountain Running Championships will be held at Mt Wellington, Hobart, Tasmania. The Championships feature open and junior events with Open Men contesting 12km; Junior Men U20 8km; Open Women 8km and Junior Women U20 4km. The races also double as the selection trial for the World Mountain Running Championships in Temu, Italy later this year.

*Juniors need to be under 20 at 31 December 2012.

For Junior athletes in particular the event provides a 'real' opportunity to be selected in an Australian Team and gain invaluable experience at the International level.

Entries are now open and available on the AV website www.athsvic.org.au