Box Hill Athletic Club Summer Bulletin 2011 - 2012 No. 26 Tuesday 10 April 2012

BOX HILL ATHLETIC CLUB est. 1932 - Celebrating 80 years in 2012!

UPCOMING EVENTS

April 13-15, Australian Championships, Albert Park

April 21, Saturday, XCR'12 Round 1, Cross Country Relays, Jells Park

April 22, Sunday, Bunnings BBQ Fundraiser

May 5, Saturday, XCR'12 Round 2, Cross Country, Balnarring

May 19, Saturday, Club 5km Handicap

May 25, Friday, Presentation night

May 26, Saturday, XCR'12, Round 3, Road Race, Flemington

GET REGISTERED NOW - BOX HILL REDUCES FEES!

The 2011/2012 season ends this weekend with the national championships being held at Albert Park. Membership fees are now due for the 2012/13 athletic year. Membership paid now will register you until April next year. You should receive one the new "co-branded" Box Hill/AV membership forms in the mail either this week or next week. Over the past 2 years your registration fee has included a \$25 maintenance levy to help pay for the redevelopment of the track, the replacement of seating etc. The club committee has decided to now remove this levy, effectively reducing your fees by \$25! Please fill this in and return as soon as possible.

CROSS COUNTRY SEASON OPENS APRIL 21!

The 2012 winter cross country and road racing season (XCR'12) starts in just over 1 weeks time. To compete in the first event, the cross country relays at Jells Park on Saturday, April 21, you must register for the 2012/13 season. Registration forms were sent out over Easter. Please fill these in and return them immediately if you wish to run at Jells Park. Let us know if you have not received your registration form.

Please let us know via return email if you are available to run on this day. We hope to enter teams in all divisions and age groups.

BUNNINGS BBQ - FUNDRAISING EVENT - Sunday 22 April - Calling for Volunteers PLEASE

We are still looking for volunteers to BBQ, play cashier or source donors for sausages, bread or drinks Please get in touch with David or June if you can help out.

David Stevens: davidmstevens@bigpond.com

June Petrie M 0413 772 874

Date: Sunday 22 April 2012

Time: 0830 am to 5.00pm

Where: Bunnings Box Hill, Corner Middleborough Road and Clarice Road Box Hill

4 volunteers per time slot are required, making just 16 volunteers in total

Time slots: 8.30 to 10.30 10.30 to 12.30 12.30 to 2.30 2.30 to 5.00pm

Funds raised from the BBQ are being earmarked for the Box Hill Athletic Club Junior Development Program

GOOD LUCK AT NATIONALS

Good luck to all Box Hill athletes who are competing in the national championships at Albert Park this weekend. Let's hope Box Hill can come away with a swag of medals!

WELL DONE WILL!

Congratulations to William Seton who won the national U16 Heptathlon championship in Sydney. Will won the hurdles, long jump, shot put and high jump, finished 2nd in the javelin and third in the 200m and 1500m to run out a clear winner.

STEVE WINS AGAIN

Congratulations to Steve Dinneen who the Bendigo Dragon Mile over the weekend. Steve won this event in 2007, 2008 and 2009 and now after injury and surgery of the past 2 years has returned to win the event for a 4th time.

RESULTS

National Masters Championships

Congratulations to all Box Hill athletes who won competed so well at the national masters championships last weekend.

Apologies if we have missed any results.

Angela Phillips, (30-34) 1st 60m 8.12, 1st 100m 13.14, 2nd 200m 27.25, 1st Shot Put 11.43m Andrew Wilcox, (40-44) 1st 400m 52.53, 4th 200m 24.10, 6th 100m 11.88, 1st 4x100m Relay, 1st 4x400m Relay

Talitha Crawford (40-44) 2nd 200m 27.79, 2nd 400m 60.07, 2nd 800m 2:20.60, 2nd 4x100m Relay, 1st 4x400m Relay

Kynan Dawes (40-44) 2nd 800m 2:04.97

Hendrick Dreyer (40-44) 1st 110m Hurdles 18.87, 1st 400m Hurdles 63.63

Julie Norney (40-44) 1st 2000m Steeplechase 7:38.23

Andrew Tunne (50-54) 10th 5000m 21:30.30, 7th 10000m 49:19.32

James Tennant (55-59) 6th 800m 2:44.64

Rob Barclay (70-74) 1st Pole Vault 2.85m

Harry Summers (75-79) 2nd 1500m Walk 9:48.13, 2nd 5000m Walk 34:35.56, 2nd 10000m Walk 73:50.00, 3rd Hammer Throw 20.12m