

Box Hill Athletic Club Winter Bulletin 2011 No. 09
Monday 20 June 2011

UPCOMING EVENTS

Saturday, July 9, Cross Country, Brimbank Park
Wednesday, July 20, Box Hill Athletic Club Annual General Meeting
Saturday, July 23, Cross Country, Bundoora
Saturday, August 6, Road Relays, Sandown

BOX HILL WIN AT BALLARAT

Box Hill men's division 1 team had it's first win for the season with an outstanding display at the 15km road race around Lake Wendouree in Ballarat on Saturday. Box Hill dominated the event, winning the gold and silver medals and having 5 runners in the top 11 finishers. Steve Kelly won his second event for the season kicking away from Steve Dinneen in the final kilometre, Daniel Clark and Chris Hamer followed in 6th and 7th places and Matt Coloe, just arrived back from the USA finished in 11th. David Jiminez ran one of his best races finishing in 39th place to make up the Division 1 team.

This team victory puts Box Hill back in the hunt for the men's division 1 premiership.

Women's race:

Box Hill also had a good result in the women's competition, with our division 1 team finishing 2nd. Brooke Condon took out the bronze medal, while Julie Norney had one of her best ever results finishing in 8th place. June Petrie (25th) and Rachel Johnson (32nd) made up the division 1 team.

Juniors:

We also had a number of outstanding junior results, with Grace Brown winning gold in the women's U20 event and Amy Carrig taking the Bronze medal. Michael Dowel won the bronze medal in the men's U20 competition with Will Potter finishing 6th, while Zoe Schwelok won the bronze medal in the U14 race and Natalie Ambrose finished 4th in the U18s.

Results

Men open 15km

1. Steve Kelly 46:29
2. Steve Dinneen 46:36
6. Daniel Clark 47:19
7. Chris Hamer 47:22
11. Matt Coloe 49:05
39. David Jiminez 51:52
52. Adrian Vincent 52:42
55. Stuart Watson 53:01
61. Dale Bickham 53:18
81. Sam Dipnall 54:28
109. Bert Pelgrim 56:15 (4th 50-54)
129. Chris O'Connor 57:19 (6th 50-54)
137. Andrew Hester 58:01
142. Mitch Milnes 58:27
222. Peter Stefanos 62:53
225. Bill Dyer 63:07
282. Andrew Tunne 68:37
311. David Stevens 72:12

Women open 15km

3. Brooke Condon 55:24

- 8. Julie Norney 59:04 (1st, 40-44)
- 25. June Petrie 62:37 (3rd 45-49)
- 32. Rachel Johnson 63:20
- 34. Amanda Harper 63:28 (8th 40-44)
- 96. Megan Sloane 73:29 (4th 55+)
- 106. Neetha Pai 75:44

Men U20 5km

- 3. Michael Dowel 16:09
- 6. Will Potter 16:25

Men U18 5km

- 11. Dylan Eeles 18:04

Women U20 5km

- 1. Grace Brown 18:37
- 3. Amy Carrig 19:18

Women U18 5km

- 4. Natalie Ambrose 19:16
- 14. Katherine Foley 22:00
- 15. Amelia Savige 22:25

Women U14 5km

- 3. Zoe Schwerkolt 20:36

Congratulations to Natalie Ambrose who won this weeks Saucony Junior Prize Pack. All registered female and male Junior athletes - U20, U18, U16, U14 - who compete for Box Hill are entered into the lucky draw which takes place on the day of each event. It does not matter where you place, or what time you do, all you have to do to be eligible is to run!

BRIMBANK PARK CROSS COUNTRY

The next event on the Athletics Victoria XCR'11 calendar is the Brimbank Park cross country in Keilor on Saturday afternoon, July 9. Entries for this event close on Friday, July 1. After numbers were down a little at Ballarat, we are hoping for a big turn out of Box Hill athletes for this event.

REGISTRATIONS ARE NOW DUE

Registration fees are due on April 1 every year. You should have received an invoice, but if not, you can download the new forms from the Box Hill website. Your fees will cover Athletics Victoria fees, plus the club fees and the club facilities maintenance fee. This fee will cover you for this winter season and next track season. These fees also cover you for insurance when training and help in the upkeep of our training facilities, so please pay as promptly as is practical.

If you have any questions regarding registration fees, do not hesitate to ask.

ARE WE JAMMING UP YOUR INBOX?

We have the addresses over 500 present and past members of the club on our email list. We realise that perhaps not everyone on the list requires weekly updates of teams and results etc. If you would like to be removed from the general list and only receive emails of special importance, then let us know. Alternatively if you know of anyone who has been left off the list who would like to be added please let us know.