Box Hill Athletic Club Winter Bulletin 2012 No. 03 Tuesday 1 May 2012

BOX HILL ATHLETIC CLUB est. 1932 - Celebrating 80 years in 2012!

UPCOMING EVENTS

May 5, Saturday, XCR'12 Round 2, Cross Country, Balnarring

May 19, Saturday, Club 5km Handicap, Gardiners Creek Reserve

May 25, Friday, Presentation night

May 26, Saturday, XCR'12, Round 3, Road Race, Flemington

May 27, Sunday, Movie Night!

ROUND 2 OF XCR'12 AT BALNARRING ON THIS SATURDAY

The second event of the winter season will be held at Balnarring Racecourse, Coolart Rd, Balnarring (Melway 163 H9) on this Saturday, May 5. We are hoping to have a big turn out of athletes to continue the momentum of the club's great performance at Jells Park in round 1. To run in this event you must enter online. The online entry system is now up on the AV website. **Entries close Wednesday (tomorrow!)** So get online and get your entry in now!

Wear your Timing Chip!

Remember that you must wear your timing chip and you must test it before the race. If you did not receive one last year, you will be given one before the race, just go to the Box Hill tent. If you have any questions please let us know, but we hope to see all our distance runners at Balnarring on Saturday!

JUST FOR THE JUNIORS – INCENTIVE TO TRY XCR'12

Last winter we the Saucony Junior Prize Pack Incentive Program and we had 32 juniors compete for Box Hill in one or more events on the XCR'11 calendar. This year we hope to top that number and are excited to announce our XCR'12 Season Ticket Incentive Program. Through the Box Hill Junior Development Fund (BJD) we are able to provide the following reimbursements to all Junior athletes who purchase a XCR'12 Season Ticket.

Effectively this means that all Junior athletes will only have to pay \$5.00 entry per race!!!

Age Group	No. of	Entry fee -Season	Entry fee	BJD subsidy
	Individual	Ticket (all events)	by	available
	Races		individual	
			event	
U20	5	\$65.00	\$20.00	\$40.00
U18	4	\$50.00	\$20.00	\$30.00
U16	4	\$40.00	\$15.00	\$20.00
U14	4	\$40.00	\$15.00	\$20.00

The program is open to all Box Hill Junior athletes who purchase a XCR'12 <u>Season Entry Ticket</u> Subsidies will be available from Saturday 09-Jun Round 4 Road Race 5km, Lake Wendouree Ballarat Please present your receipt to June Petrie at Ballarat to receive your subsidy. (Many thanks to June who has done a lot of work to get this Junior Development fund for cross country athletes up and running!)

VOLUNTEERS

A very big thank you to all the marshals, timekeepers and volunteers who helped out at the Jells Park relays. It was a big day for Box Hill with nearly 60 athletes competing and we could not do it without your support! Thanks to: Marilyn Griffin, David Stevens, Charmaine McNally, Ian Sloane, Dale Bickham, Sam Dipnall, Gary O'Donnell, Bill Dyer, Steve Foley and everyone else who helped out (apologies to anyone I've forgotten!)

We need to supply officials again for round 2 at Balnarring, so if you can help out please let us know in advance.

SAUSAGES SIZZLE AS OVER \$1000 PROFIT IS RAISED FOR BOX HILL JUNIOR DEVELOPMENT (BJD) FUND!

A huge THANK YOU to our band of happy, hardworking volunteers who cooked up a storm on Sunday April 22 at the Bunnings BBQ - 625 sausages with or without onions and your choice of tomato, bbq, mustard or chilli sauce. Many hands certainly made light work and it was terrific to have some of our Junior athletes volunteering - Michael Dowel, Laughlin Norney and Emily Goessler.

Net profit for the BBQ \$1053.80

On behalf of the Club and the future Junior Beneficiaries sincere thanks to everyone who volunteered for a fantastic effort - Stuart Watson, Mark Stewart, Gary Dowel, Michael Dowel, David Hamer, Cathy Tilley, Laughlin Norney, Julie Norney, Steve Dinneen, Rachel Johnson, James Tennant, Paul Goessler, Emily Goessler, Bert Pelgrim, David Stevens, June Petrie

The first initiative of the BJD Fund will be to subsidise XCR'12 entry fees for our Junior athletes!

GOOD LUCK NATHAN

Good luck to Box Hill's young race walking star Nathan Brill, who is off to Saransk, Russia to represent Australia in the IAAF World Race walking Cup to be held on May 12th & 13th. Nathan will compete in the 10 km junior (U20) race. It is an amazing effort just to be selected as a 15 year old and we wish Nathan every success in Russia.

PRESENTATION NIGHT, FRIDAY 25TH MAY

The 2011/12 Box Hill Athletic Club Presentation Night will be held at the Club Rooms from 7.30pm (including the club's AGM). Guest speaker, photo presentation and a great night assured. Includes hot finger food, supper, soft drinks, and tea/coffee.

BYO alcoholic drinks.

Cost: \$10.00 per head Pay on the night.

RUG UP IN BOX HILL APPAREL

With Winter well and truly here you might like to pick up a Box Hill AC Hoodie or grab some Box Hill AC socks. Available at the next winter event.

Hoodies \$45.00 (1xSmall; 2xLarge)

Socks \$8.00 for 1 pair, \$15 for 2 pairs, \$20 for 3 pairs (sizes 2-8; 6-11; 11-14)

MOVIE NIGHT

To raise money to help send our champion junior pole vaulters, Paris McCathrion and Brodie Cross to the world junior championships in Barcelona in July, there will be a movie night at the Balwyn Cinema on Sunday, May 27, so keep this date free. More details to come!

ANNUAL BOX HILL ATHLETIC CLUB 5K HANDICAP

The traditional club 5km handicap race will be held on the usual course at Gardiners Creek (starting at the Station St. car park) on Saturday morning, May 19, at 10:00am, to be followed by brunch. Please let us know if you intend to race, run or jog in this annual event, and send us your best recent time for 5000m (if you have one) so that handicaps can be allocated.

NOTICE OF AGM

The annual general meeting of the Box Hill Athletic Club, will be held at the club rooms on Friday, May 5 from 7:30pm. Please see the attached notice with agenda and nomination form.