Box Hill Athletic Club Winter Bulletin 2012 No. 17 Tuesday 7 August 2012

BOX HILL ATHLETIC CLUB est. 1932 - Celebrating 80 years in 2012!

UPCOMING EVENTS

August 11, Saturday, XCR'12 Round 8, Road Relays, Geelong (12:00pm start)

August 25, Saturday, National Cross Country Championships, Adelaide

September 2, Sunday, XCR'12 Round 9, Half Marathon, Burnley (8:00am start)

September 8, Saturday, TRIVIA NIGHT

September 15, Saturday, XCR'12 Round 10, Tan Relays (9:00am start)

ROAD RELAY CHAMPIONSHIPS ON THIS SATURDAY, AUGUST 11

The next event on the XCR'12 calendar will be the state road relay championships on this Saturday, August 11. This event is traditionally held at Sandown racecourse, but it has been moved for this year to the purpose built road cycling course in Geelong.

Open and overage races start at 12:00pm and will each run 3 laps of the course (6.3km), while the juniors start at 12:30pm. And run 2 laps (4.2km).

Car parking is available next to the Geelong criterium course off Barwon Heads Rd.

We want as many runners as possible to take part in this event.

A number of our runners are travelling to Sydney to take part in the City to Surf, so we need all available runners at Geelong to cover for them.

We plan to enter teams in all age groups for this event, in particular men's under 18 and women's under 16.

Please let us know of your availability as soon as possible so that teams can be organised.

Team will be finalised over the next few days.

Box Hill requires 3 <u>volunteers</u> to help out on the day, plus other timekeepers. If you can help please let us know as soon as possible.

TRIVIA NIGHT SATURDAY SEPTEMBER 8 - BOOK NOW!

Box Hill Athletics Club's annual Trivia and Auction Night will take place at Chatham Primary School on Saturday night, September 8. (Apologies for any confusion about the dates.) This is the biggest social and fundraising event of the year and we hope that all members and friends can attend.

Organise a table or let us know you plan to attend and we can organise a table for you.

Also let us know if you can donate anything for the silent auction on the night.

What? Box Hill Athletic Club Annual Trivia Night

Where? Chatham Primary School, cnr. Weybridge St. and Banool Rd., Surrey Hills

When? Saturday, September 8

Time? Starts at 7:00pm, first question at 7:30pm sharp!

Cost? \$20 per head

BYO food and drink, coffee and tea provided

When to Book? Now!

BOX HILL LITTLE ATHLETICS COACHES

Box Hill Little Athletics Centre will be looking for people to help with training sessions on Wednesday from 4:30pm-6:00pm from October through to March. Let us know if you might be able to help and we will pass on your information.

CONGRATULATIONS TO OUR STATE WALK CHAMPIONS

Box Hill's Simon Evans set a huge personal best in defending his state 30km title at the Victorian Roadwalking championships at Middle Park on July 29. Simon recorded a time of 2:49:19, over 5 minutes faster than his effort of last year. Nathan Brill also picked a gold medal in the under 18 10km event in the time of 44:28