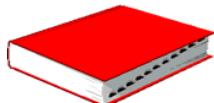




Club News

Volume 70

June, 2007



Dates for Your Diary

Sat 30 Jun	75 Year Dinner - Box Hill Town Hall
Sat 7 Jul	Coliban Relays
Tues 10 Jul	Annual General Meeting - Club Rooms
Sat 21 Jul	12 km Cross Country - Bundoora
Sun 4 Aug	Sandown Road Relays
Sat 18 Aug	8 km Cross Country - Yarra Bend
Sun 9 Sep	Burnley Half Marathon
Sat 22 Sep	Tan Relays
Sun 7 Oct	Melbourne Marathon

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75 Year Dinner

Time is running out! Book Now! Make sure you RSVP now! There are still a few places available so if you have not yet done so, please contact one of the organisers listed below to book your ticket.

To celebrate the 75th anniversary of the club, a dinner will be held at the Box Hill Town Hall on Saturday, June 30, commencing at 7:30 pm.

Highlights of the night will include a video presentation of action from the past 75 years as well as several slide presentations and the opportunity to catch up with members both past and present.

If you are able to assist us with any of the myriad tasks which will be necessary for success on the night, we would appreciate if you could contact us by phone, letter or e-mail.

Doug Bourne - email doug@bourneromeo.com.au

Chris O'Connor - email coconnor@swin.edu.au 0410 490 630 (M); 9882 6108 (H); 9214 8966 (W)

Ian Sloane - email iansloane@optusnet.com.au 0418 584 309 (M); 9459 4486 (H); 9873 1551 (W)

Julie Milner - email jmilner@jdg.com.au

To download a flyer and return booking slip, please click on the following link: [75 Year Dinner Flyer](#).



Annual General Meeting - Tuesday 10 July 2007

The Annual General Meeting of the Box Hill Athletic Club will be held in the Club Rooms at Box Hill on Tuesday 10th July 2007, commencing at 7:30 pm.



The Club has had another most successful year both on and off the track which is in large part due to the efforts of the committee throughout the year. In recognition of these efforts, it would be fantastic if most of our members could attend the meeting which normally only lasts for less than half an hour to hear reports of the achievements of the Club over the past year and to vote in the committee for the coming year. Supper will be provided after the meeting so you are most welcome to stay for a cup of tea and discuss any issues that you have with the operation of the Club with the current and new committee.

After more than 15 years as secretary of the Box Hill Athletic Club and previously the Box Hill Women's Athletic Club, Julie Milner is retiring from the committee at this year's Annual General Meeting so please come along and pass on your appreciation for her efforts over this time.

With several resignations from the committee over the past year, we require several new volunteers to join the committee to fill these places and ensure that the Club can continue to build on the successes of the past years. In particular, we require someone to take on the role of secretary with the retirement of Julie Milner from this position.

To download an agenda for the AGM and committee nomination form, please click on the following link: [Annual General Meeting Agenda](#).

Should you be interested in joining the committee or assisting in some way with the administration of the Club, please contact the President, Graeme Olden on 9885 0890 or by email at golden@sprint.net.au, or the Vice President, Colin Organ on 9813 3597 or by email at colin.organ@aanet.com.au.



New Strategic Plan for the Club

Following several discussions sessions with Club members and members of the committee, Colin Organ has prepared a draft Strategic Plan which sets our aims and goals for the Club over the next 5 years.

Colin is planning to issue the draft plan for discussion at the Annual General Meeting on 10th July after which it will be distributed amongst other stakeholders that use the facilities at Hagenauer's Reserve for their comment prior to being adopted by the committee.

Should you wish to provide comments or feedback on the draft plan following the meeting, please contact Colin on 9813 3597 or by email at colin.organ@aanet.com.au.



Presentation Night

Around 80 members and friends attended the Club's annual Presentation Night in the new Club rooms on Friday 27 April 2007

We were delighted to welcome back former club member and current World No. 1 ranked pole vaulter, Steve Hooker who kindly presented a number of trophies on the night.

The winners of the major awards which were presented on the night were:

- Allan Barlow Shield - Male Athlete of the Year - **James Filshie**
- Martha Fraser Shield – Female Athlete of the Year - **Theodora Spathis**
- Reg Barlow Cup – Male Junior Athlete of the Year - **Chris Hamer**
- Armstrong Shield – Junior Female Athlete of the Year - **Sarah Grahame**
- Club Award - **Mark Stewart**

Many thanks to Cameron Sherry and Nico Deoki who went to a great deal of trouble to set a sound system and music to entertain everyone into the night.



Sandown Road Race

Congratulations to Hayley Tomlinson, Chris Hamer and Matt Coloe, who all won medals at the state road racing championships at Sandown on Saturday 26 May 2007.



In the most favourable conditions for years, Box Hill had an excellent representation of runners and some very good individual results.

Alan Craigie ran strongly the whole way to place 19th overall, just ahead of Chris Hamer one place back. Chris was the second Under 20 athlete to finish. Andrew White continued his return to form and started off modestly, building his cadence and position through the race to be the third Box Hill athlete over the line (26th), slightly ahead of Daniel Clarke, twenty or so metres behind in 27th position. Matt Coloe also ran impressively to win the Bronze medal in the Under 20 race, and was 32nd overall. Next in was John Meagher who ran an even race to place 35th. David Jimenez was our 5th Division 1 competitor, followed in by Navin Arunasalam (Under 20) and Paul Boxshall, who completed our Division I team.

Our Under 20 men excelled themselves, with Chris Hamer placing second and Matt Coloe placing third and Navin Arunasalam also running well to finish 79th overall and in the top 10 of the Under 20 men. Joc Keage was our best placed female athlete, completing the race in 40:03. Amanda Harper, Talitha Crawford and Christine Hopkins made up the Division 1 women's team, while Hayley Tomlinson showed a good return to form to win the women's Under 20 race.



Latrobe University Road race

The Box Hill junior athletes enjoyed a most successful day in the Victorian Road Racing Championships at Latrobe University on Sunday 13th May.

In the men's Under 20 5 km race, Matthew Coloe finishing second, Steve Kelly third and Chris Hamer fourth, all within four or so seconds of the winner. Navin Arunasalam finished 6th in the under 20 event, a minute further back and 22 seconds later Alex Diorettes placed 9th. This was an excellent result and the team clearly won the teams' race. It has been some time since we have had such a strong result at the front of the field. Congratulations to all the Under 20 men's team members.

Hayley Tomlinson placed second in the Under 20 5 K with Liz Dobson in 11th place. Harriet Hodgkinson was 7th in the under 18s while Cameron Nagle was 19th in the men's under 18 event. Michael Dowel ran well to place 4th in the under 16 5k.

In the Open men's and women's 15 km race, Daniel Clarke started strongly but then drifted back through the field after having a bad patch to 18th position with John Meagher not far behind in 21st place. Dale Bickham finished in 24th position, with Paul Boxshall, 38th, Andrew White, 39th, and David Jimenez, 44th positions. Other male athletes included Chris O'Connor, John Vaitkunas, Graeme Olden, Andrew Robinson, Adrian Vincent, Scott Boxshall and David Ayers.

Joc Keage was the first of our female representatives, followed by Amanda Harper, Talitha Crawford, Catherine Pease, Megan Sloane and Priscilla Barrington.

Thanks to Georgie Davies, Doug Bourne, Julie Milner, Gary Dowel, Steve Hodgkinson, David Boyd and Peter Nagle for officiating on the course. Your help is much appreciated.

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Chris Hamer wins Great Train Race

Congratulations to Chris Hamer who won the great train race from Belgrave to Emerald on Sunday May 6th. Adrian Vincent also ran very well to finish second to Chris. Chris and Adrian beat puffing billy and thousands of other runners to record a Box Hill quinella!



Cross Country Relays - Jells Park

Box Hill had some good results at the cross country relays held at Jells Park on Saturday 28 April 2007. Thanks to Ian Sloane, George Davies (Connell) and Cathy Tilley, who helped out as time keepers and organizers on the day and To Viv Lee and Angela Robbie who helped organize registrations.

Our division 1 men's team finished 3rd, behind a very strong Geelong team and Doncaster, however in front of Glenhuntly, who have dominated winter competition in past years. Fastest Box Hill runner for the day was Steve Dinneen (18:45), but it was a strong even team effort.

Our Division 3 and 5 men's teams both won their divisions with all runners performing well. The men's 40+ team finished fourth which was a good result, despite the absence of John Meagher. The Under 20 men's team was missing Matt Coloe and Chris Hamer who both ran in division 1, but a blistering last leg by Steve Kelly nearly saw the team steal victory, finishing the second place.

With a number of runners missing, the women's Division 1 team did well to finish 6th in a strong field, while the women's Division 2 team placed 9th and the Division 3 team was 5th. A great effort by Kate Wall, Hayley Tomlinson and Liz Dobson enabled the Under 20 women's team to take the bronze medal, while in what was a very strong competition, Harriet Hodgkinson, Helen McRae and Kim Poon-Hornett were competitive throughout to finish 7th.



5 km Handicap Race

There was a good turn out for the annual club 5km handicap race on Saturday at Gardiners Creek on Saturday 21 April 2007. Congratulations to Kate Ackland who snuck under the handicapper's guard to win the event.

There were some great performances, with many competitors running much faster than expected. Dale Bickham showed that he had managed to keep himself fit while living in Queensland running the fastest time of 16:01, just 2 seconds quicker than Sam Dipnall.

Thanks to all those who took part and to Ian Sloane for organising the handicaps and recording results. Thanks also to Julie Milner for organising the BBQ, which was a great success, despite the rain.