

SHIELD COMPETITION ROUND 11 RESULTS

DONCASTER – THURSDAY 22 JANUARY 2009

Under 16 Women

1500	F16	Atkin, Liselle	5:17.50
1500	F16	Mc Nicol-Davidson, Chloe	7:23.20
2000W	F16	Mc Nicol-Davidson, Chloe	13:10.20
400	F16	Mccathrion, Paris	1:15.10
90H	F16	Dyer, Chelsea	18.4
DT	F16	Dyer, Chelsea	34.63
PV	F16	Marchant, Rebecca	3.50
PV	F16	Mccathrion, Paris	3.35
TJ	F16	Marchant, Rebecca	11.95
TJ	F16	Mccathrion, Paris	9.28

Under 18 Women

100H	F18	Aughton, Bridget	15.1
100H	F18	George, Ryleigh	19.9
1500	F18	Carrig, Amy	5:08.9
1500	F18	De Luca, Emily	5:21.8
200	F18	Turnbull, Olivia	28.4
200	F18	Carrig, Anna	28.5
200	F18	Poon Hornett, Kimberlie	28.7
200	F18	Brock, Catherine	28.8
200	F18	Carrig, Amy	29.7
200	F18	Houston, Katherine	29.9
3000	F18	Carrig, Amy	11:33.6
400	F18	Aughton, Bridget	1:00.0
400	F18	Turnbull, Olivia	1:00.4
400	F18	Carrig, Anna	1:04.8
400	F18	De Luca, Emily	1:06.2
400	F18	Cross, Breanne	1:08.1
400	F18	Mahony, Charlotte	1:12.4
PV	F18	Cross, Breanne	3.20
PV	F18	Houston, Katherine	2.60
TJ	F18	Carrig, Anna	9.95
TJ	F18	Brock, Catherine	9.37

Open Women

100H	FOP	Spathis, Theodora	16.0
1500	FOP	Ackland, Kathryn	4:56.4
1500	FOP	Law, Rebecca	5:57.3
200	FOP	Sudholz, Bronwyn	26.1
200	FOP	Spathis, Theodora	27.4
200	FOP	Carabourniotis, Panayiota	30.0
200	FOP	Barlow, Erryn	31.1
200	FOP	Matheson, Julia	33.7
400	FOP	Ackland, Kathryn	59.3
5000	FOP	Johnson, Rachel	18:06.9
5000	FOP	Conley, Margie	20:38.8
PV	FOP	Ditton, Rosanna	3.50
SP	FOP	Spathis, Theodora	10.99
SP	FOP	Phillips, Angela	9.65

TJ	FOP	Gagovska, Samantha	10.05
TJ	FOP	Carabourniotis, Panayiota	9.43

Under 16 Men

1500	M16	Martin-Alcaide, Kyle	4:14.7
1500	M16	Tree, Jonathan	4:42.3
1500	M16	Tyson, Don	4:52.2
400	M16	Coughlin, Andrew	54.0
400	M16	Tyson, Don	58.5

Under 18 Men

110H	M18	Brock, Christopher	16.5
110H	M18	Miller, Andrew	19.7
1500	M18	Aloisio, Anthony	4:15.6
1500	M18	Baggott, Nicholas	4:28.4
1500	M18	Dyer, Jackson	4:42.7
1500	M18	Balassone, Daniel	
200	M18	Cornelius, Tom	23.4
200	M18	Johnson, Marcus	24.3
200	M18	Schneider, Danny	
400	M18	Johnson, Marcus	53.4
400	M18	Cross, Braeden	55.5
400	M18	Brock, Christopher	56.5
SP	M18	Schneider, Danny	9.71
SP	M18	Johnson, Marcus	8.86
TJ	M18	Cornelius, Tom	12.96
TJ	M18	Cross, Braeden	10.88
TJ	M18	Johnson, Marcus	10.81
TJ	M18	Farrell, Callum	10.74
TJ	M18	Schneider, Danny	10.57

Over 40 Men

1500	M40+	Dyer, William	5:19.1
200	M40+	Gardner, Neville	35.2
400	M40+	Gardner, Neville	1:18.1
5000	M40+	Stevens, David	21:10.9
5000	M40+	Tunne, Andrew	21:28.6
5000	M40+	Gardner, Neville	24:29.7
DT	M40+	Gardner, Neville	20.56
TJ	M40+	Gardner, Neville	6.76

Open Men

110H	MOP	Pocklington, Joel	16.9
110H	MOP	Wong, Hiu Yeung	18.2
110H	MOP	Zeed, Imran	18.2
110H	MOP	Baker, Cameron	19.6
1500	MOP	Clark, Daniel	3:51.1
1500	MOP	Kelly, Stephen	3:56.5
1500	MOP	Chefnaoui, Bouchaib	3:58.90
1500	MOP	Arunasalam, Navin	4:09.1
1500	MOP	Lynch, Barry	4:11.0
1500	MOP	Ayers, David	4:29.3
1500	MOP	Featherston, David	4:32.6
1500	MOP	Coloe, Matthew	5:03.4
1500	MOP	Nagle, Andrew	5:47.9

2000W	MOP	Evans, Simon	10:20.5
2000W	MOP	Dyer, William	10:23.8
2000W	MOP	Olden, Graeme	11:34.6
200	MOP	Filshie, James	24.2
200	MOP	Baker, Cameron	24.3
200	MOP	Zeed, Imran	24.7
200	MOP	Spry, Jesse	25.0
200	MOP	Pocklington, Joel	26.2
200	MOP	Cross, David	26.8
200	MOP	Wong, Hiu Yeung	26.8
200	MOP	Zeed, Mohamad	27.6
400	MOP	Lucus, Blake	51.2
400	MOP	Tirhazouine, Otmane	52.1
400	MOP	Nagle, Andrew	52.5
400	MOP	Schneider, Danny	54.1
400	MOP	Zeed, Imran	54.6
400	MOP	Knott, Peter	54.7
400	MOP	Filshie, James	54.9
400	MOP	Ayers, David	1:00.2
400	MOP	Cross, David	1:00.3
5000	MOP	White, Andrew	14:30.0
5000	MOP	Dinneen, Stephen	14:45.5
5000	MOP	Griffin, Steven	17:11.4
5000	MOP	O'connor, Christopher	18:06.4
5000	MOP	Olden, Graeme	18:39.3
5000	MOP	Featherston, David	18:54.5
DT	MOP	Spry, Jessie	
SP	MOP	Scherma, Sam	10.48
SP	MOP	Featherston, David	7.02
TJ	MOP	Featherston, David	11.30
TJ	MOP	Baker, Cameron	8.93