

Coliban Ekiden Relay
Saturday 4 July 2009

Men Division 1

Unfortunately things went wrong this year, with Matt Coloe running extra distance after an official failed to point him in the right direction, Daniel Clark slipping over and hurting his knee just before he started running and confusion at the 3rd change over as one of our runners went missing. Despite all this the team finished 5th, one place ahead of Geelong (one of our premiership rivals) so we have held our spot at the top of the Division 1 ladder. Special mention should be made of Anthony Aloisio who stepped up from the juniors to Division 1 to run a brilliant 1st leg and put our team in a good position, Daniel Clark, who limped off the starting line after hitting his knee against a fence while warming up and yet kept our team in the lead and Andrew White who moved the team up from 7th to 5th on the final leg running a stunning 14:40 for 5.1k up and down hill.

Team Results:

1. Knox
2. Glenhuntly
3. Ballarat YCW
4. Essendon
5. Box Hill
6. Geelong

Individual Results:

- | | |
|--------------------|-------|
| 1. Anthony Aloisio | 18:21 |
| 2. Matthew Coloe | 20:31 |
| 3. Daniel Clark | 26:31 |
| 4. Chris O'Connor | 38:52 |
| 5. Chris Hamer | 23:31 |
| 6. Andrew White | 14:40 |

Men Division 2

This was a very strong division this year, with a large number of teams in the hunt for the placings. The Box Hill team of Steve Griffin, Josh De Stefanis, Chris Papadakis, Michael Dowel, Steve Kelly and Stewart Downs finished in 4th place, but have held onto 2nd place on the premiership ladder.

Team Results:

1. Eureka
2. Keilor-St. Bernards
3. Western Athletics
4. Box Hill

Individual Results:

- | | |
|---------------------|-------|
| 1. Steven Griffin | 20:26 |
| 2. Josh de Stefanis | 21:59 |
| 3. Chris Papadakis | 33:04 |
| 4. Michael Dowel | 34:56 |
| 5. Stephen Kelly | 24:44 |
| 6. Stewart Downs | 17:38 |

Men Division 5

Jonathan Tree, Chaai Kathirasan, David Ayers, Marcus Hanley, James McNeice combined to finish in 3rd place. This was a great result from a team of 3 juniors, one veteran and one new member and has kept our Division 5 team on top of the ladder.

Team Results:

1. Bendigo
2. Eureka
3. Box Hill

Individual Results:

- | | |
|--------------------|-------|
| 1. Jonathan Tree | 21:33 |
| 2. Chai Kathirasan | 24:38 |
| 3. David Ayers | 32:59 |
| 4. Marcus Hanley | 30:18 |
| 5. James McNeice | 23:08 |

Women Division 1

With four of our usual Division 1 runners in Queensland for the Gold Coast marathon and several others unavailable for one reason or another, we called on 3 under 18 girls to join Rachel Johnson and Kate Ackland to make up our Division 1 team. Penny Townshend ran a great first leg up the hill to put the team into 6th position. Laura Constable took over and moved the team up into 4th place. Kate Ackland ran the tough 8.4km leg over rough bush tracks and roads to hand over to Rachel Johnson still in 4th place. Rachel moved up into 3rd position opening a good gap over the 4th team and then Liselle Atkin held on over the final 5.1k to finish in the bronze medal position. A great team effort that has strengthened the teams position in 2nd place on the ladder.

Team Results:

1. Knox
2. Glenhuntly
3. Box Hill

Individual Results:

- | | |
|--------------------|-------|
| 1. Penny Townshend | 25:40 |
| 2. Laura Constable | 26:07 |
| 3. Kate Ackland | 35:03 |
| 4. Rachel Johnson | 29:15 |
| 5. Liselle Atkin | 21:29 |

Special thanks to Marilyn Griffin, Paul Townshend, Megan Aloisio and everyone else who helped with officiating or transporting runners.